Academic Coaching
Academic coaches will work with a student on academic and life skills that affect their coursework and their academic progress. These skills include self-advocacy, time management, organization, career planning, etc.

Math and Writing Tutoring
Tutoring is available to improve the math learning experience through homework help, studying and test prep, as well as improve writing skills through all stages of writing including grammar, mechanics, etc.

Adaptive Technology
Audio Books, E-Text, Reading Technology, Dictation Programs, Notetaking Technology, and Alternative Texts

Proctoring Center
Students who receive testing accommodations should speak to professors regarding testing arrangements. When professors are unable to accommodate students in a classroom, students will use the Proctoring Center.

Save these Dates!

<table>
<thead>
<tr>
<th>Priority Registration Start Date:</th>
<th>Last day to Withdrawal from single course:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday, February 20</td>
<td>March 23, 2018</td>
</tr>
</tbody>
</table>

Make an appointment to see your advisor! Note: This is a different process than a semester withdrawal.
Become an OSSD Ambassador!

Are you qualified to become an OSSD Ambassador? We are looking for highly motivated, personable students to take part in our Ambassador Program.

Ambassadors visit local high schools and speak with high school juniors and seniors about the transition from high school to college as well as participate in the OSSD’s Shadow Day on campus during the fall semester. Shadow Day consists of a panel of Ambassadors answering high school students’ questions as well as a campus tour. In addition, Ambassadors attend events on campus and have the opportunity to receive a scholarship. Becoming an OSSD Ambassador gives students the opportunity to build leadership skills and add to their resume. Stop in the OSSD office or contact CG778826@WCUPA.EDU.
It’s a typical question that makes juniors and seniors wince. The last few semesters in college are very stressful. In addition to completing their school work, they have the looming fear of whether or not they will find a good job, worrying about keeping in touch with their college friends, deciding if they want to continue their education, and figuring out where they will live after college. Although transitions are scary, it can also be an exciting time of new beginnings and getting the chance to put all of your new skills into practice. It is never too early to start planning for your future, and spending the attention on choosing your career path now can make graduating a more exciting experience.

The first few years of college are an essential time for figuring out your strengths, your passions, and your values. Choosing a major that encompasses all of these pieces (finding something you are good at, something you like to do, and something that gives you a sense of purpose) is essential for choosing a career that is made for you. It is completely normal to not know exactly what you want to do yet. In fact, it is a good thing! Keep an open mind, make a list of things you like about different careers, talk to a career counselor, take a Career Interest Survey, and also ask for help! Talk to people in different fields, ask them the pros and cons of their jobs, how they made their career decision, and ask if you can shadow them for a period of time to see if the job is a good fit for you.

Typically by your junior or senior year, you have chosen a major. Choosing a major can narrow down your career choice, but oftentimes there are a lot of different things you can do with your major. Talking to a career counselor can help you explore your options of a career path, and together you can make a realistic plan for future. What do you hope to find in a job? What hours do you want to work? Are you open to relocating? Reflecting on these questions can give you some insight to finding a career path that works for you. There are many resources on the Twardowski Career Development Center’s webpage that can be extremely helpful when choosing a career. Find out what the average salary is in your field, what skills are necessary for being effective, and what the job projection looks like.

Choosing a career is a difficult process, but with proper planning and exploration, you should be able to find a job that is satisfying and a good fit for you! This is a process that takes time and reflection, so don’t be afraid to ask for help! Ask a friend or colleague what your strengths are, ask professionals about their experience in the field, and try to volunteer or shadow professionals to gain some insight as to what the job entails.
Take a Mindful Moment

With the demands that come along with being a college student it is inevitable that at some point, students will experience stress in their lives. Sometimes this stress can become extremely overwhelming. Don’t worry- The OSSD has you covered! The Mindfulness Program at the OSSD offers students the opportunity to escape the stressors of the outside world. The Mindfulness Team works with students to incorporate healthy, mindful habits in their everyday lives through contemplative practice. Meditations are offered every Monday and Wednesday in our brand NEW mindfulness room. Take a mindful moment for yourself, come join us, and find your zen. If you are interested or have any questions please contact the Mindfulness Coaches.

Mary Schlosbon- MS781965@wcupa.edu
Caroline Gregory- CG778826@wcupa.edu
Meet the New Dynamic Duo

You may see them around campus, on their way to class or the Lawrence Center…

Our technology specialist Bryan has teamed up with his new guide dog Dante to take on the WCU campus.

As always, if you see Dante or any other service dog on campus, remember to let them do their job! If you distract them, you may be putting them and their owner at risk.
Proctoring Center Spring 2018 Hours

<table>
<thead>
<tr>
<th>Day</th>
<th>Open</th>
<th>Close</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monday</td>
<td>8:00AM</td>
<td>4:00PM</td>
</tr>
<tr>
<td>Tuesday</td>
<td>8:00AM</td>
<td>4:00PM</td>
</tr>
<tr>
<td>Wednesday</td>
<td>8:00AM</td>
<td>1:30PM</td>
</tr>
<tr>
<td>Thursday</td>
<td>8:00AM</td>
<td>4:00PM</td>
</tr>
<tr>
<td>Friday</td>
<td>8:00AM</td>
<td>1:00PM</td>
</tr>
</tbody>
</table>

Proctoring Center Updates

If you have use of the proctoring center as an accommodation, I’m sure you’ve noticed some changes this semester.

- We have updated our online forms in efforts to make our scheduling more efficient. The proctoring center now has **set start times** – 8 AM, 10 AM, 12 PM, and 2 PM (on days we are open until 4).
  - According to student surveys, many students did not feel that the proctoring center was distraction free when students are consistently walking in and out. With this new schedule, it should reduce the amount of noise while you take your exam!
- We have implemented a new cap on the number of students who can schedule for a time slot – **12 students**. This will prevent overcrowding.
- We have updated our **proctoring center agreement form**, so be sure to stop in the office and sign that before your next exam! If you have any questions or comments about this, please speak with one of our proctors! (Alli, Meghan, or Olivia).
OSSD Offers Assistive Technology

Kurzweil 3000 is an assistive technology, text-to-speech, learning tool that supports the concept of Universal Design for Learning (UDL) with a suite of powerful reading, writing, test-taking, and study skill tools that makes curricula accessible to all students. It is particularly appropriate for students with learning disabilities such as dyslexia, dysgraphia, those who require reading intervention, students struggling with reading comprehension and English Language Learners (ELL). You can open almost any electronic file type with Kurzweil 3000, including Word, PDF, HTML, and EPUB.

Additional information on Kurzweil can be found on the Kurzweil website at https://www.kurzweiledu.com/k3000-firefly/overview.html

WCU has a limited number of Kurzweil 3000 licenses available for students. For further information, please contact the OSSD.

OSSD also offers a SmartPen loan program.

Stop in to learn more about the program and how you can improve your note-taking today!
MEET THE OSSD STAFF! 😊

Dr. Martin Patwell  
**Director**  
610-436-3217

Sharon Watson  
**Assistant Director**  
610-436-2775

Linda Laskaris  
**Administrative Assistant**  
610-436-2564

Marty Hopson  
**Academic Coaches**

Alli Gatta  
**Proctoring Coordinator**

Caroline Gregory  
Kelly Kiefer  
Megan McCabe  
Mary Schlosbon

Marty Hopson  
**Writing Tutor**

Mike Hurst  
**Math Tutor**

Alli Gatta  
**Proctoring Coordinator**

Megan McCabe  
Olivia Laskaris  
**Proctors**

Susan Durkovic  
**CART Captioner**

Bryan Jones  
**Assistive Technology Specialist**