What kind of diet are humans best suited to from an evolutionary standpoint?
(Does the Keto Diet make sense?)

How do culture and biology affect food choice?
(Why do you crave sweets?)

What are the pressing nutritional issues in developing and developed societies?
(Is obesity a type of malnutrition?)

Want answers? Sign up for:

ANT 314
Biocultural Perspectives on Food & Nutrition
MW 3-4:15 - Anderson 204
Dr. Susan Johnston