



Over 90 % of programs offered can be accessed 24/7 from the distribution date.

[CLICK](#) to register online or call (610)738-0476 or email orgdev@wcupa.edu.

COMMUNICATION ENRICHMENT



Optimal Business Writing Skills *(Pre-recorded Webinar)*

December 4: Learn to identify the "pitfalls" of business writing and explore how to get started in the writing process. [CLICK](#) to register for this 20 minute video.



Strategies for Becoming a Better Conversationalist

(Pre-recorded teleseminar)

December 13: Michael Hyatt, CEO of Intentional Leadership, talks to us about the art of conversational ping pong. Learn five strategies to become a better conversationalist both in your professional and personal life. [CLICK](#) to register and gain access to this 30 minute audio.

PRODUCTIVITY ENRICHMENT

Top Ten Productivity Hacks *(Pre-recorded Teleseminar)*

December 11: Michael Hyatt, CEO of Intentional Leadership, speaks about his top ten productivity hacks and how they can make you not only more efficient, but more effective. [CLICK](#) to register for this 40 minute teleseminar.



LEADERSHIP ENRICHMENT



Crushing Performance Management Myths

(Pre-recorded Teleseminar)

December 12: Learn how to maximize performance evaluation resources and processes by dispelling its myths. Uncovering the truths can result in a culture of high level performance through strategic alignment, effective communication, coaching, and self-assessment. [CLICK](#) to register for this 35 minute teleseminar.

Developing Good Judgment with Michael Boyes *(Pre-recorded Webinar)*

December 14: In this two part video series, Michael Boyes of Credo Consulting helps viewers to understand the intuitive decision making process; know when and how to rely on intuition; and apply techniques for building intuitive decision making capacity. [CLICK](#) to register for these 30-40 minute webinars.



PERSONAL ENRICHMENT



De-Stressing the Holidays *(Pre-recorded Teleseminar)*

December 7: Listen to insights and strategies to simplify the holidays and manage the anxiety that often comes with it-Including tips that will help you throughout the year. [CLICK](#) to register and gain access this 30 minute teleseminar.

Get Organized From the Inside Out *(Pre-recorded Webinar)*

December 10: In this 20 minute pre-recorded video, become empowered to identify, examine, and confront roadblocks to getting and keeping your space organized. Gain a foolproof method and action plan for customizing space to reflect who you are and what is important to you. [CLICK](#) to register.



WELLNESS ENRICHMENT



How to Raise a Healthier Family *(Pre-recorded Webinar)*

December 5: In this webinar, you'll find out how to master the keys to healthier family and learn how to get started on your family's journey to health and wellness. [CLICK](#) to register for this 20 minute video.

ADDITIONAL OPPORTUNITIES

MY ONE WORD 2019

Canvas Painting and Goal Setting Program

(Facilitator Led)

What would happen if you chose to focus on *one word* that could make a substantial impact in your life both personally and professionally? Your word can have the power to increase your job satisfaction, sustain a healthy work environment, create a sense of purpose, and contribute to your overall happiness and well-being.

In two hours, you will be given the opportunity to paint a canvas that displays the word you choose. Don't have a word yet? Activities will be provided to help you think about what you want/need to focus on most in the coming year. You'll also gain strategies on how to best live out your one word each and every day.



The program will be held on Friday, January 18th from 11am-1pm in EO Bull room 172.

[Click here to reserve your spot!](#)



New Employee Welcome *(Facilitator Led)*

This highly interactive half-day program is designed to help new staff successfully transition to WCU. President Christopher Fiorentino welcomes and shares the University mission, vision, and strategic plan. Enjoy a van/walking tour of the campus and an interactive game show about what the campus has to offer. Finish off your experience with a networking luncheon.

[CLICK](#) to register for our next session on **December 12th**.



The WCU Office of Training and Organizational Development offers these programs and much more. We also provide just-in-time communications via social media.

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