COMMUNICATION ENRICHMENT

How to Become a Dynamic Trainer *(Pre-recorded Webinar)*

**September 18:** If you are expected to impart your technical knowledge to others in formal or informal settings, then this webinar is for you. Learn how to apply the eight step “design and execution” training model—assess the training needs, set objectives, gather information, establish training method and design materials, design and produce a training evaluation, review evaluations, and modify the program. **CLICK** to register and gain access to this video.

*Face It: Do You Like What You’re Face Is Saying? (Pre-recorded Teleseminar)*

**September 25:** Many people struggle with maintaining their emotions and have a face that tends to give everything away. Meggin McIntosh, PhD, “one of the nation’s educational treasures,” teaches listeners why some emotions are better not displayed and how to manage emotions such as disgust, doubt, indifference, fear, boredom, and anger. **CLICK** to register and listen.

*Strengthening Your Emotional Intelligence (Pre-recorded Webinar)*

**September 28:** Learn the brain science behind Emotional Intelligence (EQ). Understand the importance of EQ in the workplace, review and assess the five Emotional Intelligence skills, and become aware of your own EQ triggers. There is one thing that we are in control of—our attitude! Strengthen your EQ and help others do the same so that we can create an environment of candor and successful outcomes. **CLICK** to register and gain access to this webinar.

*How to Become a Dynamic Mediasite Presenter (Pre-recorded Webinar)*

**September 30:** If you are expected to impart your technical knowledge to others in formal or informal settings, then this 20 minute webinar is for you. Learn how to apply the eight step “design and execution” training model - assess the training needs, set objectives, gather information, establish training method and design materials, design and produce a training evaluation, review evaluations, and modify the program. **CLICK** to register and gain access to this video.
LEADERSHIP ENRICHMENT

A Positive Moment with Jon Gordon *(Pre-recorded Webinar)*

**September 17:** Listen to bestselling author and speaker Jon Gordon over a five week period as he shares quick positive messages you can apply within yourself, with your team and department, and in your daily personal experiences. Listen at any PC or download audios to your MP3 player. Jon is the author of The Wall Street Journal bestsellers such as “The Energy Bus”, “The No Complaining Rule”, “The Seed,” and his latest “The Positive Dog”. [CLICK to register.]

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Good To Great with Jim Collins *(Pre-recorded Teleseminar Series)*

**September 21:** Jim Collins, author of the international best seller Good to Great, addresses how you can improve your team using the principles from his extensive research and writings. Learn the concepts that take you from good to great, the characteristics of level 5 leaders, how to produce the best long-term results, the things you and your team can do to build greatness, and the value of looking at what is working and what needs to be reassessed. [CLICK here to register for this 5-part teleseminar series.]

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The Leadership Challenge *(Pre-recorded Teleseminar Series)*

**September 22 – October 20:** Learn and apply the five founding principles in Kouzes and Posner's bestselling book, "The Leadership Challenge." 1) Model the Way 2) Inspire a Shared Vision 3) Challenge the Process 4) Enable Others to Act 5) Encourage the Heart. Make these five principles a part of your everyday success! [CLICK to register and listen.]

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Functional Facilitating with Jeanne McClellan *(Pre-recorded Webinar)*

**September 23:** Jeanne McClellan of JTaylor Consulting helps viewers explore facilitation techniques that are firm, fair, and focused. Review the basic skills for facilitating all types of groups, and detail the responsibilities of all facilitators. [CLICK to register for this webinar.]

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PERSONAL ENRICHMENT

Reframing Success and Goal Setting *(Pre-recorded Teleseminar)*

**September 16:** Gain access to this 40 minute teleseminar that helps listeners focus on what went right by taking the "Litmus Success Test" and gain free goal setting resources so that you can experience future success in all facets of your life! [CLICK to register and share with those who can help you succeed.]
Clock Tamers: Beat the Clock Before It Beats You
*(Pre-recorded Webinar)*

**September 16:** In this 20 minute pre-recorded webinar, watch, listen, and learn how to beat the clock before it beats you! Gain the strength and strategies on how to say no; assess ten competencies that are linked to effective time management; learn how to manage information in a way that makes sense; become disciplined in managing interruptions; gain the five strategies that will help you beat the clock; and ask yourself the questions that will help you avoid procrastination. [CLICK](#) to register and gain access to this video.

**PRODUCTIVITY ENRICHMENT**

**WELLNESS ENRICHMENT**

Maintain Your Mind *(Email Campaign)*

**September 15 – October 20:** This 6-week health challenge e-newsletter campaign is designed to empower individuals to take steps to preserve and promote brain health across the lifespan. Participants will learn about "brain basics", explore the lifestyle factors that contribute to maintaining a sharp, active and optimally functioning mind and discover how to integrate brain boosting activities into their daily routine. [CLICK](#) to register.

**ADDITIONAL OPPORTUNITIES**

Social Security Simplified *(Pre-recorded Teleseminar Series)*

**September 14:** Take the guess work out of Social Security. This two part teleseminar (40 minutes each) will equip you with the knowledge needed to better understand Social Security benefits. [CLICK](#) to register and listen anytime during these two weeks.

Promote Your Programs for Staff and Faculty through the PASSHE Academy
*(Pre-recorded Webinar)*

**September 16:** Do you know that the State System of Higher Education has an online learning registration system with access to over 100 face to face and virtual programs every year? Not only can you register for a class, but you can promote your own programs to all 14 state universities and Office of the Chancellor. [CLICK](#) to register to watch this five minute video and learn how!
35 Well-Intended Sayings That Widen The Diversity Gap

*(Facilitator Led)*

**September 16:** Dr. Maura Cullen will be on campus to present about the importance of civility and respect in "35 Things Well-Intended People Say That Widen the Diversity Gap: Skills to Increase Your Diversity Competence." The event will be held in Sykes Student Union Theater. For more information, contact Prof. Gerardina Martin at gmartin@wcupa.edu or Dr. Jackie Hodes at jhodes@wcupa.edu.

CLICK to register for Session 1 (9:30-11am).

CLICK to register for Session 2 (2-3:30pm).

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Bullying in the Workplace with Leah Hollis

*(Pre-recorded Webinar)*

**September 30:** Leah Hollis, PhD., author of “The Bully in the Ivory Tower,” shares what bullying is and offers insights to the problem in the workplace. Gain strategies on how to manage it through personal and organizational solutions. CLICK to register for this 10 minute webinar.

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New Employee Welcome

*(Facilitator Led)*

**October 7:** This highly interactive half-day program is designed to help new staff successfully transition to WCU. President Weisenstein welcomes and shares University mission, vision, strategic plan, and importance of Distributed Leadership. Enjoy a van/walking tour of the campus and an interactive game show about what the campus has to offer. Finish off your experience with a networking luncheon.

CLICK to register for October 7.

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The WCU Office of Training and Organizational Development offers these programs and much more. We also provide valuable just-in-time resources via social media.

LIKE us on Facebook. JOIN us on LinkedIn.