

Alison Gardiner-Shires, Ph.D., ATC

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EDUCATION

2006

University of South Carolina, Columbia, SC
Doctor of Philosophy in Physical Education/Developmental Foundations
Dissertation: "Attractors to and Facilitators for Athletic Training and the High School Setting"

2002

California University of Pennsylvania, California, PA
Master of Science in Athletic Training
Master's Thesis: Over-The-Counter Medication Use by NCAA Collegiate Athletes in the Commonwealth of Pennsylvania
National Athletic Trainers' Association Accredited Graduate Athletic Training Education Program

2000

Salisbury University, Salisbury, MD
Bachelor of Science in Physical Education/Athletic Training

PROFESSIONAL EXPERIENCE

ACADEMIC APPOINTMENTS

2008-current

Assistant Professor/Approved Clinical Instructor, West Chester University, West Chester, PA.

2006-2008

Assistant Professor/Approved Clinical Instructor, The University of New Mexico, Albuquerque, NM.

2003-2006

Graduate Teaching Assistant/Approved Clinical Instructor, University of South Carolina, Columbia, SC

2002-2003

Physical Educator/Interim Co-Head Athletic Trainer, Dickinson College, Carlisle, PA

ATHLETIC TRAINING EXPERIENCE

2008-current

Athletic Trainer, Women's Field Hockey / Women's Lacrosse, West Chester University, West Chester, PA

2007

Athletic Trainer, NBA Development League - Albuquerque Thunderbirds, Albuquerque, NM
Provided coverage for Free Agent Camp
Per Diem practice coverage as requested by Head Athletic Trainer

2003-2006

Doctoral Graduate Assistant, University of South Carolina, Columbia, SC

Football: On-Field Visiting Team Liaison

Men's and Women's Cheerleading :Assisted in providing coverage as requested

Men's and Women's Tennis :Assisted in providing event coverage as requested

Women's Basketball : Assisted in providing weekly coverage as requested

Women's Basketball Summer Camp

Women's Soccer Summer Camp

2004

Athletic Trainer, Columbia College, Columbia, SC

Provided event coverage as requested

2002-2003

Interim Co-Head Athletic Trainer, Dickinson College, Carlisle, PA

1 year sabbatical replacement for Co-Head Athletic Trainer. Responsible for every aspect of the sports medicine program including helping to implement a concussion management program. Provided athletic training coverage for 23 NCAA Division III teams. Responsible for directly supervising 20 student-workers.

2001-2002

Graduate Assistant, California University of Pennsylvania, California, PA

Provided athletic training coverage for Men's Soccer, Women's Soccer, Baseball, and Cross-Country. Responsible for assisting in the clinical supervision of 21 undergraduate athletic training students.

2001

Athletic Trainer, Health South Rehabilitation, Salisbury, MD

Assisted in treating patients in the clinic. Provided athletic training coverage to 2 local high schools

TEACHING EXPERIENCE

2008 – current

Assistant Professor, West Chester University, West Chester, PA

Teaching Load

Fall 2008, 2009, 2010, 2011: 9 credits

Spring 2009, 2010, 2011: 9 credits

Undergraduate Courses Taught

Athletic Training Techniques (SMD 272) - Fall 2008, 2009, Spring 2009, 2010, Fall 2010, Spring 2011, **Fall 2011**

First Aid for Health Professionals (SMD 204) – Spring 2009, 2010, 2011

Psychosocial Aspects of Sports/Recreational Injuries (SMD 210) – Spring 2009, 2010, 2011, **Fall 2011**

First Aid and Athletic Training for Non-Health Care Majors (SMD 271) – Fall 2008, 2009, 2010

GRANT PROPOSALS

Harris, J., **Gardiner-Shires, A.**, & Metz, S. Development of a Research Methods Self-Study Short Course for Dietetics Students and Interns. Grant Proposal Submitted to the West Chester University College of Health Sciences Scholarship of Teaching Award. (1,500.00). Summer 2010 – Fall 2011. Status: *Funded*

Gardiner-Shires, A. & Marley, S. Perceptions of Work Task Preparation and Job Satisfaction of Professional Baseball Athletic Trainers. *Project Director*. Grant Proposal Submitted to the University of New Mexico Overhead Funds Allocation Committee (OFAC). (\$1,193.82). December 2007 – June 30, 2008. Status: *Funded*.

Gardiner-Shires, A. Integrating Technology to Enhance Teaching and Better Prepare Athletic Training Students for the National Certification Examination. *Project Director*. Grant Proposal Submitted to the University of New Mexico Teaching Allocations Subcommittee. (\$2,540) January 2007 - December 2007. Status: *Funded*.

EXTRAMURAL EDUCATIONAL RESOURCE GRANTS

PowerFlex School Training Program. Submitted to Andover Healthcare Inc. (*45 cases of PowerFlex Tape annually, approximate annual value = \$1,575.00*) October 2008. Status: *Funded (ongoing)*.

PowerFlex School Training Program. Submitted to Andover Healthcare Inc. (*30 cases of PowerFlex Tape annually, approximate value = \$1,050.00*) January 2007 –May 2008. Status: *Funded*.

PUBLICATIONS

REFEREED PUBLICATIONS

Gardiner-Shires, A., Marley, S., Barnes, J., & Shires, M. (in press). Professional Baseball Athletic Trainers' Perceptions of Preparation for Job-Specific Duties. *Journal of Athletic Training*.

Heinerichs, S., Curtis, N., & Gardiner-Shires, A. (in review). An Investigation Into Athletic Training Students Perceptions of Frustration During the Clinical Experience. *Journal of Athletic Training*.

Barnes, J., Marley, S., Gardiner-Shires, A., and Shires, M. (2011). The Relationship between Perceptions of Academic Preparation for Job Tasks and Job Satisfaction of Athletic Trainers in the Professional Baseball Setting: An Organizational Socialization Perspective. *International Journal of Sport Management*, 12(1), 1-18.

Heinerichs, S., & **Gardiner-Shires, A.** (2010). Incorporating Service Learning in Athletic Training. *Athletic Therapy Today*. 15(1), 36-38.

Gardiner-Shires, A., & Mensch, J.M. (2009). Attractors to an Athletic Training Career in the High School Setting. *Journal of Athletic Training*. 44(3), 286–293.

REFEREED PRESENTATIONS

NATIONAL

Heinerichs, S. & Gardiner-Shires, A. (2011). An Investigation Into Athletic Training Students Perceptions of Frustration During the Clinical Experience. Presented at the 2011 National Athletic Trainers' Association Athletic Training Educators' Conference, Washington, DC.; published in the *Athletic Training Education Journal* 6(1sup).

Gardiner-Shires, A., Marley, S., Barnes, J., & Shires, M. (2010). Perceptions of Preparation for Job-Specific Duties of Athletic Trainers in the Professional Baseball Setting. Presented at the National Athletic Trainers' Association Annual Symposium; Philadelphia, PA.; published in the *Journal of Athletic Training* 45(1), S-17.

Barnes, J., Marley, S., **Gardiner-Shires, A., & Shires, M.** (not accepted). Perceptions of Work Task Preparedness and Job Satisfaction of Professional Baseball Athletic Trainers. Submitted to the North American Society for Sports Management Annual Conference.

REGIONAL

Barnes, J., Marley, S., **Gardiner-Shires, A.**, & Shires, M. (2010). Perceptions of Academic Preparation and Job Satisfaction of Athletic Trainers in Professional Baseball. Presented at the Southwest District American Alliance for Health, Physical Education, Recreation, and Dance Annual Convention; Santa Fe, NM.

STATE

Bader, A., **Gardiner-Shires, A.**, & Baer, D. (2010). Cardiac Syncope in a Collegiate Cross Country Runner. Presented at the Pennsylvania Athletic Trainers' Society Annual Athletic Training Student Symposium; University Park, PA.

Vecchione, G., & **Gardiner-Shires, A.** (2009). Chest Pain in a Collegiate Field Hockey Player. Presented at the Pennsylvania Athletic Trainers' Society Annual Athletic Training Student Symposium; Lock Haven, PA.

Kellner, M., & **Gardiner-Shires, A.** (submitted 12/08, not accepted). Onset of Type 1 Diabetes Mellitus in an 18-year old Collegiate Field Hockey Player. Submitted to the Pennsylvania Athletic Trainers' Society Annual Athletic Training Student Symposium

INVITED (NON-REFERRED) PRESENTATIONS

Gardiner-Shires, A. (2011). Current Literature Review for *Athletic Training Education Journal* 6(3). Article reviewed: Kazemi D, Behan J, Boniauto M. Improving teaching strategies in an undergraduate community health nursing program: implementation of a service-learning preceptor program. *Nurse Educ Today*. 2011;31(6):547-552.

Heinerichs, S. & Gardiner-Shires, A. (2011). An Investigation Into Athletic Training Students Perceptions of Frustration During the Clinical Experience. Presented at West Chester University's Research Day, April 2011.

BOOK REVIEWS

Prentice, WE. Arnheim's Principles of Athletic Training. Review of 13th edition for the creation of the 14th edition. New York: McGraw Hill. Reviewed March 2009.

PROFESSIONAL SERVICE

NATIONAL

2011

Reviewer for the *Athletic Training Education Journal*.

2010

Reviewer for the 2011 National Athletic Trainers' Association Annual Symposium: Feature Presentation Abstract Review

2007-current

Reviewer for the *Journal of Athletic Training*

2007-2008

Reviewer for *Athletic Therapy Today*

STATE

2009-current

Pennsylvania Athletic Trainers' Society (PATS) Annual Symposium Oral and Poster Presentation Committee Member

2008-current

Pennsylvania Athletic Trainers' Society (PATS) Athletic Training Student Symposium Committee Member

UNIVERSITY

2010-2011

Search Committee Member for the position of Associate VP for Academic Administration. Elected Position; College of Health Sciences Representative.

2008-2009

"Who's Who Among Students in American Universities and Colleges" Selection Committee West Chester University College of Health Sciences faculty representative.

COLLEGE

2009-current

West Chester University College of Health Sciences Governance Committee Member

DEPARTMENT

Spring 2011

Member, West Chester University Department of Sports Medicine Search Committee: for 6 graduate assistants

2009-current

West Chester University Department of Sports Medicine Assessment Committee member

2008-current

West Chester University Department of Sports Medicine Curriculum Committee member

2008-current

West Chester University Department of Sports Medicine Scholarship Committee member

2008

West Chester University Admissions Preview Day – Department of Sports Medicine faculty representative

COMMUNITY SERVICE

2009

Special Olympics Fall Festival at Villanova University – Medical Volunteer

2008, 2009, 2010, 2011

Provide CPR re-certification for West Chester University alumni, Approved Clinical Instructors, Coaches and students

2008, 2009, 2010

West Chester University Athletic Training Education Program Senior Mock Interviews

HONORS/AWARDS

2010

California University of Pennsylvania Distinguished Graduate Athletic Training Alumni

CONTINUING EDUCATION

2011

Addressing the Myofascial Component of Musculoskeletal Pain, Pittsburgh PA (October 2011)

Pennsylvania Athletic Trainers' Society Annual Symposium, Lancaster PA (June 2011)

Graston Technique M2 Training, Orlando FL (January 2011)

2009

Graston Technique M1 Training, Charlotte NC

2004-2010

National Athletic Trainers' Association Annual Symposium

2009

West Chester University Continuing Education Conference: Introduction to Strain/Counterstrain Technique

Pennsylvania Sports Medicine Congress Annual Symposium (3B Orthopedics)

2005

South Carolina Athletic Trainers' Association Annual Symposium

1999,2005

Mid-Atlantic Athletic Trainers' Association District Convention

2001,2003

Eastern Athletic Trainers' Association Annual Symposium

CERTIFICATIONS

Certified Athletic Trainer - Certification # 040102101

Pennsylvania Athletic Trainer License # RT003272

National Athletic Trainers' Association Board of Certification Examiner 2002-2006

Certified Provider of Graston Technique – instrument assisted soft tissue mobilization

Instructor

American Safety and Health Institute First Aid/CPR for the Professional Rescuer

First Aid/CPR certifications

American Safety and Health Institute BLS and First Aid Instructor, current

MEMBERSHIPS

1998-Current

National Athletic Trainers' Association

2008

Eastern Athletic Trainers' Association

2008

Pennsylvania Athletic Trainers' Society