

Carolyn Consuelo Jimenez, Ph.D., A.T.,C.

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Education

- Ph.D.** Temple University, Philadelphia, PA, Athletic Training
Dissertation Title: *Acute Effects of a Single Bout of Resistance Exercise on Insulin Sensitivity in Persons with Type 1 Diabetes Mellitus*
- M.S.** University of Arizona, Tucson, AZ, Athletic Training
- B.A.** The Colorado College, Colorado Springs, CO, Biology
- A.A.** Trinidad State Junior College, Trinidad, CO, Liberal Arts

Professional Experience

- 2002 - West Chester University, West Chester, PA
Department Chairperson
- Fall 2007 West Chester University, West Chester, PA
Coordinator of Medical Services
- 1998 - 2002 West Chester University, West Chester, PA
Coordinator of Athletic Training Education
Athletic Training Education Program director for CAAHEP accredited athletic training education program
- 1992 - present West Chester University, West Chester, PA
Athletic Trainer
- Clinical instructor for West Chester student athletic trainers
 - Provided athletic training services for men's and women's soccer, women's basketball, and women's softball teams

Teaching Experience

- 1992 - Present West Chester University, West Chester, PA
Professor in the Department of Sports Medicine
CAAHEP accredited undergraduate athletic training curriculum
Courses taught included Standard First Aid/CPR, Surface Anatomy, Therapeutic Exercise Laboratory, Athletic Training Techniques, Pathology and Evaluation II&III, Therapeutic Modalities Lecture and Laboratory, Athletic Injury Management I&II
- 2007 Colorado College, Colorado Springs, CO
Visiting professor – Instructed BIO 207 Cadaver Anatomy

Grants

- 2005 “Automatic External Defibrillators (AED) Project”
\$48,949 – funded
WCU ABC Request for Funding Project
Collaborative efforts with WCU Sports Medicine Student Affairs, Public Safety and Environmental safety

Referred Publications

- 2011 *Preventing Sudden Death in Sport*
Journal of Athletic Training – 2011 publication date
- 2009 *Insulin-Sensitivity Response to a Single Bout of Resistive Exercise in Type 1 Diabetes Mellitus*

Journal of Sport Rehabilitation, 2009, 18, 564-571

2007 *National Athletic Trainers' Association Position Statement: Management of the Athlete with Type 1 Diabetes Mellitus.*
NATA and Journal of Athletic Training – Publication Date December 2007

2003 *Comparison of insulin aspart and lispro: pharmacokinetic and metabolic effects*
Diabetes Care, Vol 26, July, 2003,

Course/program development

2006-2007 Co-chair of Master's tract in Athletic Training.
Working collaboratively with department of Kinesiology to develop athletic training tract in pending MS in Exercise and sport physiology program

2004-2006 Dual degree program between WCU and Millersville University. Program also students at Millersville University to obtain degrees in Biology and WCU's BS in Athletic Training. Developed curriculum, brochure and developed articulation agreement for program

2005 Co-developed SMD 210 Psychosocial perspectives of sports/recreational injuries for Interdisciplinary approval. CAPC approved spring 2005

National Presentations:

June 2011 *Diabetes Mellitus Update*
National Athletic Trainers' Association 62nd Annual Meeting & Clinical Symposia.

June 2008 *How to Make the NATA's Diabetes and Exercise Position Statement work.*
National Athletic Trainers' Association 59th Annual Meeting & Clinical Symposia.

June 2007 A Preview of Three Upcoming NATA Position Statements: *Management of the Athlete with Type 1 Diabetes Mellitus*
National Athletic Trainers Association 58th Annual Meeting & Clinical Symposia.

June 2006 Diabetes Mellitus – how to help your athletes succeed.
Invited workshop presenter at the 2006 National Athletic Trainers' Association – 57rd Annual Meeting & Clinical Symposia.

June 2005 What's new that athletic trainers need to know about diabetes.
Invited workshop presenter at 2005 National Athletic Trainers' Association – 56rd Annual Meeting & Clinical Symposia.

June 2003 *Diabetes Related Emergency – Hypoglycemia and Diabetic Ketoacidosis*
Presenter at the 2003 National Athletic Trainers' Association – 54rd Annual Meeting & Clinical Symposia.

Regional Presentations :

March 2006	<i>Athletes: Playing to Win</i> Invited presenter An “ <i>Athletes with Diabetes</i> ” Program for Youths Lehigh Valley Hospital – Cedar Crest
May 2005	<i>How an Athletic Trainer can help the Athlete with Diabetes Succeed</i> 2005 DESA North American National Conference West Chester, PA
May 2005	<i>Fitness Assessment – strength, flexibility, body fat and power.</i> 2005 DESA North American National Conference West Chester, PA
November 2003	<i>Supporting the injured athlete with type 1 diabetes mellitus</i> Diabetes, Exercise and Sport Association 2003 Annual Meeting Chicago, IL
November 2003	<i>Supporting the high school and collegiate athlete with type 1 diabetes – panel member</i> Diabetes, Exercise and Sport Association 2003 Annual Meeting Chicago, IL
May 2003	<i>Type 2 diabetes the ins and out outs of diabetes and exercise</i> Invited presenter at Mount Sinai Hospital Diabetes Workshop New York City, NY
Local presentations	
2006	<i>Practical Management Strategies for the Athlete with Type 1 Diabetes Mellitus</i> – December Department of Sports Medicine CEU conference.
Non- Refereed publications	
2004	<i>Overuse injuries in the physically active</i> The DESA Challenge – Winter 2004.
2004	<i>Recognizing and managing Diabetes-related emergencies</i> Invited author – Athletic Therapy Today Volume 9, Number 2, March 2004
Peer review	
2004	Blind review of journal article submitted to Journal of Athletic training. Article JAT0068-041 “Diabetes knowledge among Division I Collegiate Certified Athletic Trainers
2005	Blind review of journal article submitted to Journal of Athletic Training. Article:JAT0119-05 “A Freak Water-skiing Injury to a Necrotizing Foot Infection in an Insulin Dependent Diabetic: Case Report”
Consultations	
2004-present	Planning committee to develop Diabetes Clinic with focus on the needs of the diabetic athlete Consultation with Matthew Corcoran, MD, CDE Endocrinologist Lehigh Valley Hospital
Professional service	
2005	Session moderator: NATA Free Communications Session

2004 – present	National Athletic Trainers Association – chair for diabetes and exercise position statement
2004 – 2006	Board member: Diabetes Exercise and Sports Association
2003	Session moderator: <i>Heat and Hydration oral and case studies</i>

University-wide Committee Memberships

2011-12	Chair – Council of Chairs
2010-11	Vice Chair – Council of Chairs
2009-10	Member – Middle States Reac creditation committee – evaluating th e Faculty standard
2008-09	Strategic Planning Resource Council
2008	The Student Rating of Instruction Committee (SRIC)
2006 to present	Member – Swope Foundation Scholarship Committee
2005 to present	Sabbatical and Educational Leave Committee College of Health Sciences Representative
2004-present	Member – Advising Effectiveness Task Force
2001- 2006	Member: Pre-medical committee

College of Health Sciences Committees

2008	Chair - Associate Dean search committee
2002 – present	Chair: School of Health Sciences Governance Committee

Department of Sports Medicine Committees

2005/2006	Co-chair of April 2005 Sports Medicine CEU conference
2001 - 2004	Co-chair: Department of Sports Medicine Recruitment and Retention Committee

Community Activities

2005	Hosted academically talented students from Chadds Ford/Unionville junior high school students.
2004	Hosted academically talented Health Science Students from Glouster County Technical Institute

Professional Memberships

National Athletic Trainers Association
 Eastern Athletic Trainers Association
 Pennsylvania Athletic Trainers Society

Non-Athletic Training Related Memberships

1997 - 1999	American Diabetes Association - Professional Section
1996 - 2000	International Diabetes Athletic Association

West Chester Workshops Attended:

2005	WCU summer pedagogy series – beyond assessment
2004	WCU summer pedagogy series – developing an interdisciplinary course
2003	West Chester University Leadership development workshop
1999	Faculty recruitment conference
1995	Multimedia/electronic classroom seminar series
1994	Powerpoint, Windows I, MS-mail for windows, Excel I & II
1994	Faculty orientation
1994	Academic policies and advising tips
1994	Multimedia classrooms

National/Regional meetings attended:

2004 Academic Deans and Chairs – crafting learning communities
of learning and scholarship
2005 Athletic training educators' conference

Honors/Awards

2002 Finalist – NATA Foundation Student Research Competition
Doctoral Oral section
53rd Annual NATA Clinical Symposium and Meeting

Certification

1987

National Athletic Trainers Association
Certification number 000070407

1995

Pennsylvania Class A certification for Athletic Trainers
Certificate number RT-001286-A

1997- present

National Safety Council First Aid/CPR Instructor

