An Informational Guide to the NDTR Exam

**Please visit for more information about all things NDTR:**

[**https://www.cdrnet.org/certifications/dietetic-technician-registered-dtr-certification**](https://www.cdrnet.org/certifications/dietetic-technician-registered-dtr-certification)

[**https://www.cdrnet.org/study**](https://www.cdrnet.org/study)

**What is the DTR Exam?**

The Nutrition and Dietetics’ Technician, Registered (NDTR) Exam is a test that assesses your knowledge of Food Science and Food Service, Nutrition Science and Care for both individuals and groups, and Management of Food and Nutrition Services.

**How do I qualify for the DTR Exam?**

* Complete a 4-year Didactic Program in Dietetics (DPD) program resulting in a bachelor’s degree in nutrition.
* Email your DPD Director (Dr. Dirhan) requesting your intent to take the NDTR Exam, including **your full legal name as it appears on your driver’s license or passport.**
* Dr. Dirhan will supply and email paperwork and instructions for you to complete.
	+ If you do not write your name EXACTLY as it appears on your driver’s license you WILL NOT be permitted to take the exam upon arrival to the test site.

**How and what should I study to prepare?**

* Test Specifications
	+ **Nutrition Science and Care for Individuals and Groups** **41%**
		- Principles of Basic and Normal Nutrition
		- Screening and Assessment
		- Planning and Intervention
		- Monitoring and Evaluation
	+ **Food Science and Food Service** **21%**
		- Menu Development
		- Procurement and Supply Management
		- Food Production, Distribution, and Service
		- Sanitation, Safety, Facility and Equipment
	+ **Management of Food and Nutrition Services** **38%**
		- Human Resources
		- Finance and Materials
		- Marketing Products and Services
		- Management Principles and Functions
		- Quality Management, Regulatory Compliance, and Research
* How to study
	+ Study materials are available for purchase through the CDR and EatRight websites
		- <https://www.pathlms.com/cdr/courses/35774>
		- <https://www.eatrightprep.org/#ndtr-link>
		- <https://www.cdrnet.org/dtr-exam-preparation>
	+ Others include:
		- DTR Study Buddy - <http://www.dtrstudybuddy.com/>
		- Visual Veggies - <https://visualveggies.com/>
		- <https://www.amazon.com/Dietetic-Technician-Registered-Secrets-Study/dp/1609716612>

**What do the scores mean?**

* To pass the DTR Exam, you must score at least a 25 on a scale of 1 to 50.

**Frequently Asked Questions:**

* How many questions will be on the Exam?

The multiple-choice examination will be variable length. Each examinee will be given, and must receive, a minimum of one hundred and ten (110) questions; eighty (80) scored questions and thirty (30) pretest questions in order for the examination to be scored. The maximum number of questions possible is one hundred and thirty (130); one hundred scored questions and thirty (30) un-scored questions.

* How much is the examination application fee?

The examination application fee is $120 for dietetic technicians.

* How much time will examinees have to complete the examination?

Examination testing appointments are three (3) hours; two and one-half (2 ½ ) hours to take the examination, twenty (20) minutes to complete introductory tutorial, and ten (10) minutes to complete the post examination survey.

**For more information about the NDTR Exam, please see the Exam FAQ page on the CDR’s website:**

<https://admin.cdrnet.org/vault/2459/web/files/Exam%20FAQ%20September%202019.pdf>

**EatRightPrep NDTR Course Exam study tool website:**

<https://www.eatrightprep.org/#ndtr-link>