WEST CHESTER UNIVERSITY DEPARTMENT OF KINESIOLOGY  
ATHLETIC COACHING MINOR GUIDANCE RECORD FORM for Non-Kinesiology majors

NAME________________________________________ ID# __________________________

Prerequisite course sequence:  
<table>
<thead>
<tr>
<th>Course Sequence</th>
<th>Credits/Grade</th>
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<tbody>
<tr>
<td>KIN 241 Body Systems (3 credits) OR</td>
<td>Fall/Spring</td>
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<tr>
<td>BIO 259 &amp; BIO 269 Anatomy &amp; Physiology (8 credits) AND</td>
<td>Fall/Spring</td>
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<tr>
<td>PHY 100 Elements of Physical Science (3 credits)</td>
<td>Fall/Spring</td>
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Required Courses:

Group One
- SMD 271 First Aid & Athletic Training (2 credits)  
  Fall/Spring

Group Two
- KIN 452 Principles & Practices of Coaching (3 credits)  
  Fall/Spring

Group Three (Choose One)
- EXS361 Intro to Kinesiology (3 credits)  
  Prereq: EXS 241 Body Systems (3 credits)  
  Fall/Spring
- EXS/EXL 262 Kinesiology (4 credits)  
  Prereq: BIO 259 Anatomy I (4 credits) & PHY 100 (3 credits)  
  Fall/Spring

Group Four (Choose One)
- EXS 364 Intro to Exercise Physiology (3 credits)  
  Prereq: EXS 241 Body Systems (3 credits)  
  Fall/Spring
- EXS/EXL 380 Exercise Physiology (4 credits)  
  Prereq: BIO 269 Anatomy II (4 credits)  
  Fall/Spring

Group Five
- EXS 482 Exercise Technique and Physical Conditioning (4 credits)  
  Prereq: EXS/EXL 262 or KIN 361 (3 credits)  
  Fall/Spring

Group Six
- KIN 475 Mental Training (3 credits)  
  Fall/Spring

Note: All students must meet course prerequisites. Non HPE majors may be required to take up to 11 additional credits.

A coaching internship following consent of the Coaching Minor Advisor is required.

Site____________________________________    Dates ______________________________
Supervisor ______________________________   Documentation Received ______________

Revised 10-2012