NAME__________________________  ID#______________________________

REQUIRED COURSES:

**Required Courses:**

**Group One**
SMD 271 First Aid & Athletic Training (2 credits)  Fall/Spring ___  ____

**Group Two**
KIN 452 Principles & Practices of Coaching (3 credits)  Fall/Spring ___  ____

**Group Three (Choose One)**
EXS 361 Intro to Kinesiology (3 credits)  Fall/Spring ___  ____
Prereq-EXS 241 Body Systems (3 credits)
EXS/EXL 262 Kinesiology (4 credits)  Fall/Spring ___  ____
Prereq-BIO 259 Anatomy I (4 credits) & PHY 100 (3 credits)

**Group Four (Choose One)**
EXS 364 Intro to Exercise Physiology (3 credits)  Fall/Spring ___  ____
Prereq-EXS 241 Body Systems (3 credits)
EXS/EXL 380 Exercise Physiology (4 credits)  Fall/Spring ___  ____
Prereq-BIO 269 Anatomy II (4 credits)

**Group Five**
EXS 482 Exercise Technique and Physical Conditioning (4 credits)  Fall/Spring ___  ____
Prereq-EXS/EXL 262 or KIN 361 (3 credits)

**Group Six**
KIN 475 Mental Training (3 credits)  Fall/Spring ___  ____

*A coaching internship following consent of the Coaching Minor Advisor is required.*

Site__________________________________  Dates_____________________________
Supervisor __________________________   Documentation Received ______________

Revised 10-2012