

B.S. PUBLIC HEALTH STUDENT ADVISING SHEET (Effective Fall 2021)

Student Name:

WCU ID#:

Page 1: GENERAL EDUCATION REQUIREMENTS: 67 CREDITS

With the exception of HEA courses and MAT121 (which require a C or higher), all Gen Eds require a minimum grade of D-.

First Year Experience (4 credits) (required of all FY and transfer students with <24 credits)				
Course	Credits	Semester	Year	Grade
First Year Experience	4			
ACADEMIC FOUNDATIONS				
English Composition (6 credits minimum)				
Course	Credits	Semester	Year	Grade
WRT 120 or WRT 123	3 or 4			
WRT 200, 206, 208 or 220	3			
General Education-Math (3 credits)				
MAT 121 *	3			
General Education-Diverse Communities Requirements (3 credits)				
HEA 110 * (HEA course)	3			
General Education-Interdisciplinary Requirements (3 credits)				
ENV 102 * (HEA course)	3			
DISTRIBUTIVE REQUIREMENTS				
Science requirements (6 credits)				
<i>Please see current undergraduate catalog and list of department-recommended courses</i>				
Any Gen Ed-approved BIO course	3			
Any Gen Ed-approved CHE course	3			
Behavioral and Social Science Requirements (6 credits) Selected with advisement				
<i>Please see current undergraduate catalog and list of department-recommended courses</i>				
	3			
	3			
Humanities Requirements (6 credits)				
<i>Please see current undergraduate catalog and list of department-recommended courses</i>				
PHI 150	3			
	3			
Art Requirement (3 credits)				
<i>Please see current undergraduate catalog</i>				
	3			
Capstone				
HEA 421 Internship* (HEA course)	6			
Must be taken AFTER HEA 418.				
ADDITIONAL BACCALAUREATE REQUIREMENTS				
Writing Emphasis (9 credits) All writing emphasis credits are completed within the major				
HEA 244 * Communicating Public Health (HEA course)	3			
HEA 342* Program Planning & Implementation (HEA course)	3			
HEA 420 * Health Marketing & Communication (HEA course)	3			
General Education-Speaking Emphasis (up to 9 credits)				
<i>Please see current undergraduate catalog and list of department-recommended courses</i>				
SPK 199, 208, or 230	3			
	3			
	3			
Gen Ed-Ethics (3 credits)				
PHI 180 or HEA 300 or HEA 210	3			

* All HEA courses and MAT 121 require a minimum grade of C. Registration for HEA 421 requires minimum cumulative GPA of 2.5

Page 2A: BSPH MAJOR REQUIREMENTS (CORE AND REQUIRED ELECTIVES) = 42 CREDITS

ENV 102, HEA 110, HEA 244, HEA 342, HEA 420, and HEA 421 are **required public health courses that also fulfill Gen Ed requirements**. In addition to these courses, students are required to take the following:

BSPH CORE COURSES – 30 credits, all with required minimum grade of C

Public Health Core Requirements				
Course	Credits	Semester	Year	Grade (Minimum = C)
HEA 100: Dimensions of Wellness	3			
HEA 140: Healthcare Delivery	3			
HEA 242: Introduction to Public Health	3			
HEA 276 Achieving Health Equity	3			
HEA 330: Health Behavior	3			
HEA 341 Chronic and Communicable Disease	3			
HEA 348: Population Health: Analysis, Surveillance, and Intervention	3			
HEA 419: Research Methods	3			
HEA 434 Health Law, Ethics, Economics, & Policy	3			
HEA 418: Preparation for Internship and Professional Practice Seminar Must be taken immediately prior to HEA 421	3			

BSPH REQUIRED ELECTIVES – Minimum of 12 credits*, all with required minimum grade of C

HEA ELECTIVES (Selected with advisement from the approved list)				
Course	Credits	Semester	Year	Grade (Minimum = C)
	3			
	3			
	3			
	3			

* with no more than 6 credits (2 courses) at the 100-level. Please see attached list for approved electives.

Students planning to take the Certified Health Education Specialist (CHES) Exam will take HEA 240 and HEA 306 to receive their eligibility letter for the exam.

Page 2B: FREE ELECTIVES: minimum of 11 credits. All students must have 120 credits to graduate.

FREE ELECTIVES				
Course	Credits	Semester	Year	Grade

BSPH majors are encouraged to use their free electives to select a minor that will enhance their career goals in public health.

These appendices are effective as of Fall 2021. Lists under each appendix are subject to change each semester. Please see your advisor with questions.

Appendix I: Approved Public Health Electives

100-level approved courses: (Choose up to 2)

HEA 103. Drugs and Society

HEA 104: Human Sexuality

HEA 106. Death and Dying

HEA 109: Issues in Women's Health

200-400-level approved courses: (Choose 2 or more)

HEA 206. Human Development

HEA 210: Introduction to Allied Health (if not used for Ethics requirement)

HEA 230. Health Issues of School-Aged Youth

HEA 240. Foundations of Health Education (offered for BSPH students only in spring; please see your advisor)

HEA 300. Profession/Ethics & Health Professions (If not used for Ethics requirement)

HEA 306. Curriculum and Instruction (W) (offered for BSPH students only in Fall; please see your advisor)

HEA 310: Love and Marriage

HEA 315. Mind, Body, and Health

HEA 325. Stress Management

HEA 333. Alternative and Complementary Medicine

HEA 345: Public Health & the Apocalypse

HEA 346: Perspectives on Maternal Child Health (speaking emphasis)

HEA 438. Understanding AIDS/HIV Infection

HEA 435. Health Workshop (various topics, offered all semesters)

EXS 180 Lifetime Fitness Concepts

NSG 225 Health and Heredity in Human Caring

NSG 234 Current Trends in LGBTQA Health

NTD 303: Introductory Principles Human Nutrition

Students planning to take the Certified Health Education Specialist (CHES) Exam must take HEA 240 and HEA 306 and plan their courses with advisement to receive their eligibility letter for the exam.

Appendix 2: Recommended General Education Courses

Behavioral and Social Science:

Interest/Career in General Public Health/Health Promotion:

- ANT 102. Introduction to Anthropology: Cultural
- PSY 100: Introduction to Psychology
- SOC 200. Introduction to Sociology

Interest/Career in Health Economics/Policy/Management:

- ECO 111. Principles of Economics (Macro)
- PSC 100. U.S. Government and Politics
- PSC 101. Politics of Diversity in the U.S.

Interest/Career in Health Mapping/Geographic Information Systems:

- GEO 101. World Geography
- GEO 103. Human Geography

Humanities:

- HIS 150. The American Experience

Appendix 3: Suggested Minors

Minor: Public Health Career Track or Interest

Accounting: health care management
African American Studies: health equity
Anthropology: general public health/health promotion
Applied Ethics: bioethics
Applied Statistics: biostatistics; epidemiology
Biology: epidemiology
Business and Technical Writing: public health communication
Communication Studies: public health communication
Computer Science: computer applications in public health; gamification in public health
Contemplative Studies: health promotion
Deaf Studies; public health issues of the deaf community
Early Intervention: health of children 0-3
Economics: health care management
Environmental Health: environmental public health
Ethnic Studies: health equity
Exercise Science: health promotion; healthy lifestyles
Finance Minor: health care management
Geography and Planning: public health and the built environment
Geology: health mapping

Global Studies: global health
Information Technology: computer applications in public health; gamification in public health
Law, Politics and Society: health policy
Nutrition: health promotion; healthy lifestyles
Peace and Conflict Studies: globalization and public health; health of refugees
Philosophy: bioethics
Physical Education for Individuals with Disabilities: health promotion; healthy lifestyles
Political Science: health policy
Psychology: health education/promotion
Sociology Minor: general public health
Spanish Minor: public health in Latinx communities
Web Technology and Applications: computer applications in public health; gamification in public health
Women's and Gender Studies: health issues of women and sexual minority populations
Youth Empowerment and Urban Studies: health issues of youth/urban health

Discover Public Health Careers! <https://www.aspph.org/discover/>