

Nutrition Minor

Student Learning Outcomes

Information Literacy	Students will practice information literacy by identifying reliable food and nutrition information and be able to locate, understand, evaluate, and use that information efficiently and effectively within appropriate ethical and legal limits.
Demonstrate fundamental knowledge related to human nutrition	Students will demonstrate fundamental knowledge related to human nutrition: macronutrients, micronutrients, nutrient utilization, dietary recommendations, nutrition and disease, and health-promoting dietary principles.
Fundamental knowledge of food selection and preparation	Students will demonstrate fundamental knowledge of food selection and preparation: weights and measures, recipe modification, physical and chemical properties of food, food processing techniques, food safety and sanitation, culinary principles, menu planning.