<table>
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<th>Event</th>
<th>Speaker(s)</th>
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| Welcome & Opening Remarks                                            | Elizabeth Grillo  
Professor of Communication Sciences and Disorders                      |
| **Mindfulness for People with Voice Disorders: Research and Resources** | Catherine K. Brown  
Graduate Student in Applied Mindfulness                                      |
|                                                                      | Donald McCown  
Professor of Health                                                        |
|                                                                      | Julie Gerhard  
Speech-language Pathologist and Voice Specialist  
University of Miami Miller School of Medicine  |
| **The Role of Instructions in Motor Learning of Oral versus Nasalized Speech Targets** | Karen Perta  
Assistant Clinical Professor  
Division of Hearing, Speech and Language Sciences  
Ohio University |
| **Bringing Estill to WCU**                                            | Brigit Corej  
Undergraduate Student in Communication Sciences and Disorders |
| **My Journey in Voice: Path to a Voice-Centric Clinical Fellowship and Clinical Research Opportunities** | Jeremy Wolfberg  
Speech-Language Pathology Clinical Fellow  
UW Health Voice and Swallow Clinic |
| Panel Discussion                                                     | Elizabeth Grillo: Moderator  
Catherine Brown, Karen Perta, Brigit Corej, and Jeremy Wolfberg           |
| Break                                                               | Enjoy some Light Refreshments                                              |
| **CSD Clinical Voice Research at WCU**                               | Elizabeth Grillo  
Professor of Communication Sciences and Disorders at WCU                     |
| Panel Discussion                                                     | Elizabeth Grillo: Moderator  
Second Year Graduate Students and Alumnae                                     |
| Soprano Opera Aria                                                   | Kara Goodrich  
Pre-graduate Certification Student  
[https://www.karagoodrichsoprano.com/about](https://www.karagoodrichsoprano.com/about) |
| Closing Remarks                                                      | Sojung Kim  
Chairperson of Communication Sciences and Disorders                          |