# Meagan Corrado

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### EDUCATION

University of Pennsylvania Philadelphia, PA—Doctorate of Social Work, Clinical Concentration, May of 2016

SP2 Penn Top 10 Senior Fellow

Bryn Mawr College Bryn Mawr, PA-Master of Social Service, Clinical Concentration, 5/09

**MSW Enhanced Placement** 

Cairn University Langhorne, PA — Bachelor of Social Work and Bachelor of Science, Summa Cum Laude: 3.95 GPA, 5/08

Academic Honors: Selected as valedictorian; honors thesis culminated in novel; three semesters of research on traumatic grief and post-traumatic stress disorder

Leadership: Editor-in-Chief, student newspaper

# LICENSURE/CERTIFICATION

Licensed Clinical Social Worker in PA Licensed Clinical Social Worker in NJ Trauma-Focused CBT Certification (Child HELP Partnership) Childhood Sexual Abuse Certification (Widener University) Cognitive Behavioral Therapy Certification (Bryn Mawr College) Prolonged Exposure Therapy Certificate (University of Pennsylvania) Prolonged Exposure Therapy for Adolescents Certificate (University of Pennsylvania) Narrative Exposure Therapy (University of Konstanz) Healing the Fragmented Selves of Trauma Survivors Certificate (PESI)

### INTERVENTION DEVELOPMENT

#### Storiez Trauma Narratives, LLC: PO Box 43232 Philadelphia, PA-Creator 11/15-Present

Developed a trauma-focused intervention designed to assist urban youth in creating, voicing, and honoring their life narratives. Created five published guidebooks- *Storiez: A Guide for Therapists, Storiez: A Guide for Children and Teenagers, Storiez: A Do It Yourself Guide, Storiez: A Feelingz Guide,* and *Storiez: A Group Treatment Guide-* and four children's books- *You Are Never Lost, Stronger Than You Think, You Are The Vision,* and *Storiez: A Coloring Book.* Directed and designed supplementary video clips to support clinicians, clients, and non-clinical populations (teachers, community leaders, family members, etc.) during the process of creating a trauma narrative. Developed emotional expression resources and trauma-focused training programs. Provided trauma training to over 4,000 clinicians, administrators, community leaders, and youth.

Instructed students in MSW courses including *Trauma-Informed Social Work, Foundation Practice, Family Therapy, Social Work, Trauma, & the Arts, and Power, Privilege, and Oppression.* Developed original course on *Trauma, Social Work, and the Arts.* Revised curriculum for *Family Therapy: Theories and Practice* course. Worked collaboratively with other faculty members to create a foundational course on trauma. Organized trauma-informed speaker series and trauma conference. Creatively engaged students using a variety of teaching methods and engaged in academic advising. Provided leadership in a trauma teaching workgroup and a trauma-informed teaching consultation group. Collaborated with other BMC faculty through the curriculum development and admissions committees.

**University of Pennsylvania:** 3701 Locust Avenue Philadelphia, PA—**Part-Time Lecturer 7/17-Present** Instructed MSW students in *Social Work Practice and Trauma* course and *Human Behavior in the Social Environment* course. Facilitated student learning through interactive role plays, class presentations, lectures, and written assignments. Submitted proposal for development of an original social work course entitled *Trauma and Healing in Educational Settings*.

**Simmons College:** 300 The Fenway Boston, MA—**Adjunct Professor 8/16-12/16** Instructed MSW students in an web-based trauma course. Facilitated student learning through interactive role plays, class presentations, lectures, and written assignments. Provided feedback to students on written and in-class assignments.

Storiez Trauma Narratives, LLC: PO Box 43232 Philadelphia, PA—Instructor 11/15-Present Facilitated trainings for over 4,500 master's level clinicians, clinicians in training, community leaders, and community members. Participated in conferences, training seminars, and special events as a guest speaker, lecturer, and facilitator. Trainings and speaking engagements were sponsored by a broad range of organizations at a variety of locations and events. These included: University of Pennsylvania, Bryn Mawr College, Resources for Human Development, National Association of Social Workers- PA and NJ, Center for Grieving Children, Mastery Charter Schools, People's Emergency Shelter, Children's Home Society of New Jersey, Jefferson Hospital, Philadelphia Mural Arts, the Greater Philadelphia Trauma Training Conference, Fairmount Hospital, Silver Springs School, Rutgers University, Bartol Foundation, and the United Way.

**University of Pennsylvania:** 3701 Locust Avenue Philadelphia, PA—**Teaching Assistant 9/15-12/15** Instructed MSW students in a course on *Mental Health Challenges with Children and Adolescents.* Taught content on a variety of challenges including mood disorders, suicidal ideation, grief/loss, trauma, aggression, and attachment.

## LEADERSHIP

#### Storiez Trauma Narratives, LLC: PO Box 43232 Philadelphia, PA—Advisory Board Creator 1/18-Present

Developed an advisory board comprised of an invested group of community leaders and trauma survivors from a wide range of disciplines including higher education, community arts, and mental health. Engaged in collaborative dialogue regarding ways to promote narrative-focused trauma healing with urban youth. Facilited community events for clinicians, community members, and traumatized youth focused on creative pathways to trauma healing.

#### Campaign for Trauma Informed Policy and Practice- Board of Directors 8/17-Present

Served on the Board of Directors for a non-profit organization chaired by trauma expert Dr. Sandra Bloom. Participated in the organization's Executive Committee as chair of the Communication Committee. The organization's mission is to "create a resilient, trauma-informed society where all individuals and families have the opportunity and the supports necessary to thrive." Served on the communications committee, supporting the board in developing original content that highlights the innovative work of the organization.

#### Penn Futures MSW Supervisor- University of Pennsylvania 8/17-Present

Supervised MSW practicum students placed at Kensington Health Sciences Academy in partnership with the Penn Futures collaborative project. Penn Futures seeks to promote interdisciplinary collaboration between Penn's School of Social Policy and Practice, School of Nursing, and School of Education in an attempt to provide a wide range of supports to youth throughout the city. Submitted reports to Penn Future stakeholders about program strengths and challenges. Facilitated trainings for MSW students throughout the Philadelphia School District.

#### Philadelphia ACEs Taskforce Philadelphia, PA-Youth Messaging Group- 12/17-5/18

Attended community meetings focused on the interaction between ACEs and a wide range of presenting problems including addiction, interpersonal impairments, and overall functioning. Served on the Youth Messaging Group, a segment of the taskforce that assists in educating youth on the impact of ACEs and pathways to trauma healing. Participated in interdisciplinary meetings about culturally relevant, strengths-based ways to educate inner city youth on ACEs.

#### Mosaic Society of Philadelphia- President 6/17-6/18

Facilitated board meetings with members of an arts-based organization committed to "building a wide and diverse community of mosaic makers and lovers of all ages and abilities." Regularly communicated with committee chairs about special projects and essential tasks. Served as the chair for the Community Outreach committee. Led bimonthly general membership and board meetings. Identified ways to creatively expand the mission and vision of the organization.

## EXPERIENCE

# American Institutes for Research- 1000 Thomas Jefferson St NW Washington, DC—Senior Technical Assistant 8/20-Present

Provide technical assistance to large systems as they seek to implement trauma-informed policies and practices across provider networks. Facilitate trauma-focused trainings and create resources and tools for use by community partners.

#### City of Philadelphia- 1400 JFK Blvd Philadelphia, PA-Trauma Expert 1/20-Present

Provided trauma-informed support to a multidisciplinary team of professionals working to collaboratively develop Philadelphia's Juvenile Assessment Center. This Center is funded by Bloomberg Philanthropies' Mayor's Challenge and seeks to provide trauma-informed support to youth in the first several hours after arrest. Scope of work includes providing trauma training to leadership team, developing a trauma curriculum for the Philadelphia Police Department, providing guidance in the development of a trauma-informed space plan, creating recommendations for trauma-informed policies and procedures, supporting leadership in developing a strategy for social service delivery, and leading a team of subcontractors for completion of subtasks.

#### Caring Counselors: 20000 Horizon Way Mount Laurel, NJ- LCSW 11/14-Present

Provided individual therapy to children and adolescents experiencing mental health challenges including depression, oppositionality, defiance, trauma, mood disorders, anxiety, inattention, aggression, suicidal and homicidal ideation, and visual/auditory hallucinations. Coordinated care with mobile response and CMO workers. Developed service plans and consult with behavioral assistants.

#### City of Philadelphia- 1400 JFK Blvd Philadelphia, PA-Trauma Consultant 6/18-10/19

Provided trauma-focused consultation to the City of Philadelphia's Office of Homeless Services and the Participatory Design Lab. Developed an original, customized training for Office of Homeless Services staff centered around trauma, homelessness, de-escalation for trauma survivors, vicarious trauma/burnout, and self-care practices. Coordinated videography for training videos and implemented training with intake/diversion staff.

#### Cooper University Hospital: 3 Cooper Plaza Suite 300 Camden, NJ- Social Worker 4/14-4/15

Provided psychoeducation to medical staff including physicians, nurses, medical assistants, and patient service representatives about crisis management, mental health symptoms, and trauma-informed care. Completed perinatal assessments for pregnant women. Provided resources and individual consultation for clients experiencing mental health challenges and psychsocial stressors including homelessness, domestic violence, drug addiction, and court involvement. Assessed new mothers for postpartum depression. Developed and implementat a mental health program for women experiencing trauma, psychosocial stressors, substance abuse, and mental health related challenges. Collaborated with psychiatric staff in implementation of mental health program.

**It Takes a Family:** 101 Route 130 Suite 510 Cinnaminson, NJ—**Licensed In-Home Therapist 1/14-7/15** Provided individual therapy to children, adolescents, and adults in the home and community settings. Assisted clients in managing symptoms relating to a wide range of behavioral health and mental health challenges including trauma, foster placement, attentional issues, mood disorders, and drug addiction. Collaborated with managed care and DCPP staff for case collaboration.

#### Intercommunity Action: 4301 Wayne Ave Philadelphia, PA-Lead Clinician 9/13-4/14

Provided individual and group therapy to children and adolescents with a wide range of behavioral and mental health challenges in the school setting. Consulted with teachers and school administrators regarding student progress. Supervised and provided training to behavioral health workers. Assisted managerial staff in implementing the Sanctuary Model- a trauma-informed organizational model.

# Children's National Medical Center: 111 Michigan Ave Washington DC— Psychiatric Social Worker 4/13-8/13

Conducted psychiatric risk and safety evaluations for children and adolescents presenting with suicidal ideation, homicidal ideation, and psychotic symptoms. Consulted with attending psychiatrists, and collaborated with medical professionals.

**Carson Valley Children's Aid:** 4550 Haverford Ave, Philadelphia, PA—**Lead Clinician 8/11-1/13** Conducted individual therapy for children with psychological disorders involved in the STS (School Therapeutic Services) program housed within an elementary/middle school. Supervised behavioral health workers and case manager. Consulted with teachers, psychologists, administrators, and other mental health professionals regarding student progress, behavioral challenges, and appropriate interventions. Assessed clients to determine treatment recommendations. Assisted psychologist in completing Comprehensive Biopsychosocial Evaluations. Facilitated group therapy sessions.

**Carson Valley Children's Aid:** 7500 Germantown Ave Philadelphia, PA—**Mobile Therapist 7/10-1/13** Serviced children and adolescents with psychological and behavioral health needs in the home and community. Introduced trauma-focused interventions to clients and their families. Coordinated with members of a multidisciplinary team. Initiated treatment planning and provided service recommendations.

# Child Guidance Resource Center: 2000 Old West Chester Pike, Philadelphia, PA—Outpatient Therapist 3/12-11/12

Provided developmentally-focused, evidenced-based individual therapy to children and adolescents in an outpatient setting.

**Carson Valley Children's Aid:** 7101 Paschall Ave Philadelphia, PA— **Mental Health Consultant 2/10-9/11** Scheduled and gathered preparatory materials for psychological evaluations. Provided group and individual therapy sessions for children with mental health needs and complex trauma. Administered and score structured tools/assessments. Managed in-school crises. Consulted with mental health providers, parents, and teachers regarding classroom management skills and student behavior. Conducted in-service trainings regarding initial signs/symptoms of mental health disorders and provided instruction regarding de-escalation strategies.

#### St. Francis-St. Joseph's Homes for Children: 3400 Bristol Pk Bensalem, PA—Clinical Therapist 5/09-2/10

Provided individual, family, and group therapy for adolescent males with diagnoses including Conduct Disorder, depression, anxiety, PTSD, ODD, ADHD, Physical Abuse (victims), and Sexual Abuse (victims and perpetrators). Reported on clients' progress during meetings with agency supervisors and during team meetings, case conferences, and utilization reviews with the insurance provider.

**Carson Valley Children's Aid:** 1419 Bethlehem Pk Flourtown, PA — **Clinical Therapist 1/09- 10/10** Conducted individual, family, and group therapy sessions for adolescents at a residential treatment facility with a wide range of mental health diagnoses. Provided treatment for issues including aggressive behavior, physical and sexual abuse, mood lability, and social relationships.

**Joseph J Peters Institute:** 100 S. Broad St. Philadelphia, PA—**Clinical Intern 6/08- 11/08** Implemented the Trauma-Focused Cognitive Behavioral Therapy model while conducting individual and family sessions with child victims and perpetrators of sexual assault. Co-facilitated a psychoeducational group for 5 and 6 year old children. Participated in weekly group and individual supervision meetings and weekly training sessions. Attended interagency meetings and collaborated with service providers to mainstream clients' treatment.

**Families of Murder Victims:** 3 S. Penn Square Philadelphia, PA— **Field Placement 9/07-12/07** Provided court accompaniment to co-victims of homicide during murder trials, which entailed informal counseling, submission of counseling referrals, and provision of information about the criminal justice system. Participated in an interagency photography project.

Children's Crisis Treatment Center: 1823 Callowhill St. Philadelphia, PA-Field Placement 8/06-4/07

Shadowed intensive case managers (ICMs) during home visits, professional meetings, and communitybased meetings. Assisted ICMs in organizing records for funding sources and writing letters of advocacy for clients. Supported Therapeutic Nursery (partial hospitalization program) teachers in the implementation of treatment plan goals and objectives.

**The Goddard School:** 7005 St. Florian Dr. Waldorf, MD—**Child Care Provider 5/03-8/03** Provided child care for children between the ages of 6 weeks and 12 years. Coordinated activities, supervised children during community trips, and maintained structure in classroom.

# **PROFESSIONAL OPPORTUNITIES**

**Storiez Trauma Narratives, LLC:** PO Box 43232 Philadelphia, PA—**Community Partner 11/15-Present** Created opportunities for interagency collaboration and dialogue between youth and their providers. Partnered with other organizations during an interactive Storiez launch party and a "Create, Voice, Honor" event. Facilitated "Community Conversationz" meetings with community partners for the purpose of sharing resources, increasing collaboration, and engaging in discussion about pertinent issues impacting youth. Organized a "Healing through Storiez" conference for professionals and other individuals engaged in work with traumatized youth. Hosted an event centered around trauma healing and creativity. Collaborated with over 50 community partners to plan a weekend-long "Healing through Storiez" arts festival originally scheduled for April of 2020.

**Carson Valley Children's Aid:** 7500 Germantown Ave Philadelphia, PA—**Instructor 7/10-9/11** Coordinated staff trainings on documentation standards as well as strategies for providing trauma-focused treatment to clients. Provided in-service trainings for teachers and administrators about classroom management strategies, de-escalation techniques, and tools for identifying potential mental health needs among students.

#### Cairn University: Langhorne, PA-Guest Lecturer 8/06-11/11

Facilitated interactive presentations on the impact of trauma on client populations to undergraduate students studying social work and counseling. Explored the signs/symptoms of maladaptive post-trauma reactions and treatment modalities for traumatized children.

## RESEARCH

University of Pennsylvania: 3701 Locust Avenue Philadelphia, PA—Collaborative Research Project 6/16-12/17

Collaborated with a University of Pennsylvania faculty member in the development of a pre-pilot research proposal. Received IRB approval for the implementation of a qualitative research study. Using qualitative methods, this study sought to answer the question: Is the Storiez trauma narrative intervention a meaningful tool to help inner city children and teenagers talk about their experiences? Twelve Master's level clinicians participated in Storiez training and brief qualitative interviews following a 6-8 week implementation phase.

### ACKNOWLEDGEMENTS AND HONORS

Society of American Mosaic Artists: Ligonier, PA -- Mosaic Arts International Featured Artist 3/18

Scattergood Foundation: Philadelphia, PA —Innovation Award Finalist 2/18

Philadelphia Citizen: Philadelphia, PA -- Citizen of the Week 12/17