

**When All You Have is a Hammer:
Nourish, an Interprofessional Program Addressing Teen Struggles
with Body Image, Mental Health, and Food**

Tuesday, February 6, 2024 – Live Via Zoom, 5:55pm – 8pm Eastern



Natalie Loschiavo
RD, LDN, RYT



Laura Whitman
MEd, NCC, LPC

[Read the Presenters' Bios Here](#)

Presenters will review the historical role of dietary care providers in adolescent mental health care. They will delve into the rationale for increased collaboration with and emergence of dietary care provider voices in mental health spaces and conversations, with emphasis on disordered eating treatment. Presenters explore increasing acuity and complexity identified in teen care, along with the prevalence of need for treatment which has brought about a partnership between mental health clinicians and dietary providers. The need for integrated care is highlighted as an inclusive and comprehensive treatment. Audience members will be presented with case material on the benefits of utilizing a dual lens for greater treatment efficacy and improved client outcomes.

COST: Free **CEUs:** Two (2). *See below for eligibility.*

REGISTER HERE:

https://wcupa.co1.qualtrics.com/jfe/form/SV_cTFBRVqFbtiiyEt0

Registration Closes Sunday, February 4, 2024 at 5pm
(Late registrations cannot be taken for this event.)

QUESTIONS? Please contact Wendy Myers at WMyers@wcupa.edu

- **Continuing Education: *Partial credit will not be awarded for late logins or early logouts.*** You must attend the entire session live. Pre- and posttests, and the Certificate Request Forms must be completed before certificates can be issued. **PA:** Two (2) CE credits will be awarded to participants who attend the *entire* session live. WCU has been designated as a pre-approved provider of professional Continuing Education (Section 47.36 (a)(1)) for LSW and LCSW social workers (Section 48.36(a)(1)) for LMFT, Licensed Marriage & Family Therapists, and (Section 49.23(a)(1)) for LPC, Licensed Professional Counselors by the PA State Board of Social Workers Marriage and Family Therapists, and Professional Counselors in the state of Pennsylvania. Other participants may request a Certificate of Attendance. **DE:** WCU is not state-approved to offer CEs for DE licensees, but EPIC Trainings may qualify. Attendees may request a Certificate of Attendance. Delaware licensees assume the risk of assumption and responsibility that EPIC Trainings qualify for CEs. For more information about Delaware's CE requirements, please go to [here](#). CE-specific regulations are in sections 7.2 - 7.2.5.1.2. **Other:** Other attendees and licensees may request a Certificate of Attendance and assume the risk of assumption and responsibility that EPIC Trainings qualify for CEs or other recognition.
- The EPIC Training Series is part of a research study. Participants are asked to complete an Informed Consent, pretest, and posttest.
- All events are held virtually and live via Zoom. **Please log in on time with your full name** to receive credit for attendance.
- Links for the event are sent out 1 - 2 days in advance. **Please be sure to Safe List the @wcupa.edu domain** to ensure that you receive the link. Please contact your organization's IT department, if needed.

EPIC Program

[Julie Tennille, PhD, LSW](#), Professor, Program Director/Principal Investigator, West Chester University, Anderson Hall, 725 S. Church Rd., West Chester, PA 19383

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