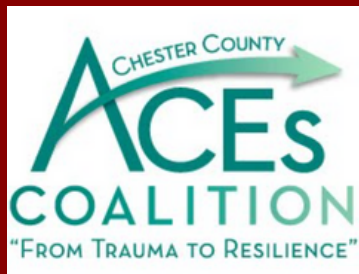


Building Compassion Resilience in Helping Professionals

December 6, 2022
9am-11am
2 CEUs Available

The reality of working in education, health, criminal justice services, and social services is that it is both meaningful and stressful. Most of us are familiar with the concepts of compassion fatigue, vicarious traumatization, and burnout. This training will address the need to build compassion resilience – the power to return to a position of empathy, strength, and hope despite witnessing the challenges faced by those we help and the stresses inherent in our work settings.



Register here:
bit.ly/CompResHelp

Nadine Bean, PhD, LCSW
Professor Emerita

Dr. Nadine Bean, Professor Emerita, West Chester University, Master of Social Work Program, retired after 22 years with the university in August 2020. She has taught a wide variety of advanced practice classes regarding working with individuals, families, and communities. She has been a licensed, clinical social worker for over 30 years. She volunteers with the American Red Cross in Disaster Mental Health services and Services to the Armed Forces. She also volunteers to provide mental health services to active duty military members, veterans, and military families through the Give an Hour Program. Dr. Bean has recently been named Chair of the Training Action Team for Resilient Lehigh Valley (an organization similar to the Chester County ACEs Coalition), that serves Carbon, Lehigh, and Northampton Counties. Find more information here:
<https://resilientlehighvalley.org/>.