

The Good Death Movie List:



GOOD GRIEF (2023)

Summary: Marc struggles with his husband's sudden death and turns to his friends to process the traumatic event.

Themes: the grieving process, friendship, and the relationship between memory, grief, and knowledge

Reflection:

- What are the different ways grief shows within the characters of the movie? What are the different kinds of grief characters are experiencing



AFTERSUN (2022)

Summary: Sophie reflects on a trip she took with her father who has since passed away.

Themes: complexity of grief and reflection, relationship between child and parent, mental health

Reflection:

- Does giving a person change the way you view that person after their death?



ME BEFORE YOU (2016)

Summary: Louisa Clark becomes a caregiver for Will, who has recently become quadriplegic, and must cope with his impending death while falling in love with him.

Themes: personal autonomy, love in the light of loss, quality of life

Questions:

- How do characters experience personal autonomy and dignity in death within this film?



THE LOVELY BONES (2009)

Summary: After being assaulted and murdered, Susie Salmon processes her death and watches her family grief process from heaven.

Themes: grief and mourning, family, the afterlife, justice after a wrongful death

Questions:

- How does the grieving process differ when the death is violent?



HIS THREE DAUGHTERS (2023)

Summary: Three daughters confront complex dynamics and conflicts as they travel back to their father's house to be with him on his last days.

Themes: end-of-life experience and care, family conflicts, and early stages of grief

Reflection:

- How does the death of a relative impact the relationships of surviving relatives?