

**Urban Community Change Studies (RUX) Curriculum**

Credits

**FIRST-YEAR EXPERIENCE**

4

**ACADEMIC FOUNDATION**English Composition ([WRT 120](#) and WRT [200](#)-level writing) 6

Mathematics 3

Interdisciplinary 3

Diverse Communities 3

**DISTRIBUTIVE REQUIREMENTS**

Science 6

Behavioral and Social Science (Recommended: two of PSY 100, SOC 200, PSC 100) 6

Humanities 6

Arts 3

**ADDITIONAL BACCALAUREATE REQUIREMENTS**

Writing Emphasis Requirement for all Baccalaureate Degrees 9

Speaking Emphasis Requirement for all Baccalaureate Degrees (Recommended: PSY/RUX 215) 9

Ethics Requirement for all Baccalaureate Degrees 3

*Subtotal* 55**MAJOR REQUIREMENTS** (below, includes capstone RUX 400) 21**MAJOR COGNATES** (below) 18*Subtotal* 94**LANGUAGE AND CULTURE REQUIREMENT** for B.A. [Demonstrating language proficiency through the intermediate level (202) or demonstrating language proficiency through the elementary II (102) level of a language and further acquiring a cultural foundation] 0-15**ADDITIONAL COURSES** approved by the student's advisor (see note# below) 11-29**Total minimum credits** 120**MAJOR Requirements: 21 Semester Hours/6 classes****No substitutions.** \*=Community Engaged course on or off campus; \*\*= Community Engaged off Campus in Urban SettingRUX 110 Introduction to Urban Community Change (3)  
(meets Humanities General Education requirement)YES 250 Introduction to Youth & Urban Community Work:  
Urban Professional Workshop (3)RUX/PSY 215 Liberation Psychology: Sustaining Urban  
Community Change (3) (meets Speaking General  
Education requirement)+

YES 300 Youth Empowerment and the Urban Context\*\* (3)

RUX 377/PAX 377 Community Organizing (3)+

RUX 400 Critical Urban Work Practicum and Seminar\*\* (6)+

**COGNATE courses: 18 Semester Hours: 6 classes (1 class in each area)** *substitutions may be made by**petition to RUX program director if courses can be shown to meet appropriate learning outcomes. Courses marked with + have prerequisites.***ESSENTIAL URBAN COMMUNITY CHANGE KNOWLEDGES AND DISPOSITIONS****Choose 1: Urban Contexts and Communities 3**

GEO 204. Introduction to Urban Studies

ANT 347. Culture of Cities

SOC 342. Urban Sociology+

PSC 304. Urban Politics

HIS 364. U.S. Urban History

GEO 200. Global Cities

GEO 312. Urban Geography

**Choose 1: Critical consciousness and grassroots democracy 3**

LIT 309. Thoughts/Writings of Martin Luther King

PAX 200. Introduction to Peace and Conflict Studies

WOS 310. Women and Activism+

SOC 369. Social Movements+

PHI 481. Philosophy of Human Rights+

**Choose 1: Race and Social class 3**

CLS 333. Latina Writing

CLS 255. 20TH Century Native American Literature

CLS 365. African American Film

LIT 213. Asian American Literature

LIT 204. New Black Women Writers in America

WRH 301. The Rhetorics of Black Americans

ESP 324. Latinos in the U.S

SWO 225. Race Relations

SOC 335. Racial and Cultural Minorities+

PSY 120. Multicultural Psychology

SOC 341. Social Stratification+

PSY 448: Field Experience in Psychology (J)+

PSC 353: Latino Politics

PSC 323: Race and Ethnicity

**ESSENTIAL URBAN COMMUNITY CHANGE SKILLS****Choose 1: Methods of Research and Assessment 3**

HIS 480. Digital History

SOC 322. Methods of Sociological Research

PLN 302. Community Engagement Techniques

**Choose 1: Communication skills for justice workers 3**

ENG 368. Business and Organizational Writing

JRN 212. Digital Journalism

WRH 335. Activism and Advocacy Writing

YES 301. Seminar in Youth-Led Media and Inquiry

WRH 315. Propaganda, Power, and Politics

**Choose 1: Public Administration 3**

PSC 202: Elements of Public Administration+

PSC 372. Organization and Management

SWO 200: Introduction to Social Welfare

PLN 214: Introduction to Planning

#Additional courses: RUX majors are directed by advisors to double major, or take one or more minors, or to create a directed concentration in courses that will provide them expertise in a particular issue area, such as but not limited to: Women's and Gender Studies, Peace and

Conflict Studies, African American Studies, Latin American Studies, Ethnic Studies, Digital Humanities, Journalism, Arts, Sustainability, Psychology, Health, Political Science, Geography and Planning, Education, Globalization, Nutrition, Foreign Languages.

**Urban Community Change Studies (RUX)  
Guidance Sheet – 2020-2021**

**Program Goals and Sample Course Plan**

The Urban Community Change (RUX) program builds students' knowledge, skills, commitment and vision concerning community and social change, preparing them for jobs or further education in this field or in cross-sector professions that value these competencies. RUX students have the knowledge to understand justice in the urban context, the dispositions that cultivate courage for struggle, and the skills to do urban public work. The RUX undergraduate program goals are to graduate students who

I. **Understand urban contexts.** Students in the undergraduate RUX major know how addressing systemic injustices (racism, socioeconomic inequality, etc.) at the communal, institutional and individual levels is critical to justice in urban communities.

II. **Invest in urban communities.** Students in the undergraduate RUX major demonstrate a commitment to enhance their own and others' capacities for further effective struggle regardless of objective conditions, possible current limitations, or short-term strategic outcomes.

III. **Create change.** Students in the undergraduate RUX major apply the principles and craft of doing strategic "public work" to specific social change endeavors, particularly in urban areas.

**Semester 1**

<i>RUX 110 Introduction to Urban Community Change</i>	3
WRT 120	3
MAT	3
LAN	3
First Year Experience	4
<b>Credits</b>	<b>16</b>

**Semester 2**

Humanities	3
WRT 200-level	3
SCI	3
SOCIAL SCI (Recommended: choose two of PSY 100, SOC 200, or PSC 100, meets pre-reqs for some cognates)	6
<b>Credits</b>	<b>15</b>

**Semester 3**

<i>YES 250 Introduction to Youth &amp; Urban Community Work</i>	3
Humanities	3
Interdisciplinary or Diverse Communities (Recommended WOS 225, meets prereqs for some cognates)	3
LAN	3
ARTS Gen Ed	3
<b>Credits</b>	<b>15</b>

**Semester 4**

<i>RUX/PSY 215 Liberation Psychology</i>	3
<i>RUX 377/PAX 377 Community Organizing</i>	3
<i>Urban Contexts and Communities cognate</i>	3

SCI Gen Ed	3
LAN	3
<b>Credits</b>	<b>15</b>

**Semester 5**

<i>Race and Social Class cognate</i>	3
<i>Communication Skills for Justice Workers cognate</i>	3
<i>Public Administration cognate</i>	3
Ethics	3
<u>Free/directed (area of concentration) elective or W course</u>	<u>3</u>
<b>Credits</b>	<b>15</b>

**Semester 6**

<i>YES 300 Youth Empowerment and the Urban Context</i>	3
<i>Critical Consciousness/Grassroots Democracy cognate</i>	3
<i>Methods of Research and Assessment cognate</i>	3
Free/directed (area of concentration) elective or S course	3
<u>Free/directed (area of concentration) elective or W course</u>	<u>3</u>
<b>Credits</b>	<b>15</b>

**Semester 7**

<i>RUX 400 Critical Urban Work Practicum and Seminar</i>	6
<u>Free/directed (area of concentration) elective or S or W courses</u>	<u>8</u>
<b>Credits</b>	<b>14</b>

**Semester 8**

LAN	3
Free/directed electives/complete any remaining General Education, major requirements, as well as are of concentration courses (including Interdisciplinary or Diverse Communities)	12
<b>Credits</b>	<b>15</b>