



## Office of Wellness Promotion Fall 2020 Open Office Hours

Have a question or want to discuss a well-being topic with one of our staff members? During the times below, a staff member will be available on Zoom. You will be placed into a waiting room upon entering the Zoom meeting in the event that we are currently talking with another student. We will communicate updates with you using the Zoom chat feature. All of our staff are private, not confidential resources. Student Health Services and the Counseling Center can provide you confidentiality. If you want to connect with us outside of the hours below, please email [wellness@wcupa.edu](mailto:wellness@wcupa.edu) or call 610-436-0730.

### To connect through Zoom:

Meeting Link: <https://wcupa.zoom.us/j/6104360730?pwd=SFhuMXFhYVo4Q2U5OXJYaVNhZkl3dz09>

Meeting Room ID: 610-436-0730

Meeting Password: WELL

#### Monday

11am-12pm (peer educator)  
12-1pm (peer educator)  
1-2pm (peer educator)  
2-3pm (peer educator)  
3-4pm (peer educator)

#### Tuesday

9-10am (Assistant Director)  
12-1pm (peer educator)

#### Wednesday

12-1pm (peer educator)  
2-3pm (Senior Director)  
3-4pm (peer educator)

#### Thursday

9-10am (Graduate Assistant for Alcohol, Tobacco and Other Drugs)  
10-11am (peer educator)  
11am-12pm (Associate Director)  
12-1pm (peer educator)  
4-5pm (peer educator)

#### Friday

11am-12pm (Graduate Assistant for Sexual Health)  
12-1pm (peer educator)