

# Office of Wellness Promotion Spring 2021 Open Office Hours

Have a question or want to connect on a well-being topic with one of our staff members? During the times below, a staff member will be available on Zoom. You will be placed into a waiting room upon entering the Zoom meeting in the event that we are currently talking with another student. We will communicate updates with you using the Zoom chat feature. All staff are private, not confidential resources. Student Health Services and the Counseling Center can provide you confidentiality. If you would like to connect with us outside of the hours below, please email wellness@wcupa.edu or call 610-436-0730.

## To connect through Zoom:

 $\textbf{Meeting Link:} \ \underline{\texttt{https://wcupa.zoom.us/j/6104360730?pwd=SFhuMXFhYVo4Q2U5OXJYaVNhZkl3dz09}$ 

Meeting Room ID: 610-436-0730 Meeting Password: WELL

# <u>Monday</u>

Kelsey 12pm-1pm
(Assistant Director)
Drew 2-2:30pm (Peer
Educator)
Aaron 2:30-3pm (Peer
Educator)

#### **Tuesday**

Jayme 11am-12pm (Senior Director)
Erika 12-1pm (GA for Alcohol, Tobacco and Other Drugs)
Nia 2-2:30pm (Peer Educator)
Nebiyou 3-3:30pm (Peer Educator)
Nick 3:30-4pm (Peer Educator)
Naya 4-5pm (Peer Educator)

**Informal Programs**)

Joetta 5-5:30pm (Peer Educator)

#### **Wednesday**

Sarah 12-1pm (Associate Director)

## **Thursday**

Gianna 11am-12pm (GA for Peer Education)
Jai-Lá 12-1pm (GA for Sexual Health)
CJ 3-3:30pm (Peer Educator)
Mackenzie 3:30-4pm
(Peer Educator)
Hayley 4-5pm (Peer Education Coordinator for Large Scale Events)
Dorothy 5-5:30pm (Peer Educator)