**April 14th
Any Ram Can Workshop**
3pm
Remote

‘Any Ram Can’ is a program designed to engage students in conversations around being an active bystander with emphasis on alcohol use.

**Sponsored by Wellness Promotion**

**April 14th
Technology, Science & Health Meet Up**
3:30pm - 5:30pm
Remote

Meet alumni and employers who work in these fields to explore jobs and internships and gain insight into an industry or employer.

**Sponsored by Career Development Center**

**April 16th
Miss WCU: Homelessness Awareness and Advocacy**
2pm
Remote

Hear current Miss WCU, Allie Short, discuss her platform of Homelessness Awareness and Advocacy.

**Sponsored by Center of Civic Engagement**

**April 20th
Psychological Flexibility: A Values-Based Model for Mental Health**
2pm
Remote

Dr. Arthur Dalton will facilitate an interactive presentation on psychological flexibility, an evidence-based model for mental well-being.

**Sponsored by Counseling and Psychological Services**

**April 21st
CHOICE: Cannabis Workshop**
3pm
Remote

Join us for a Choices Cannabis Education Workshop, about the impact of cannabis use and WCU policies related to alcohol and/or drug use.

**Sponsored by Wellness Promotion**

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**KEY**
- Connection
- Awareness
- Insight
- Purpose

**WCU Game of Well-Being**

For additional information or questions about the Game of Well-Being, please email wellness@wcupa.edu.

**April 14th - April 22nd**