YIELD: 2

**BERRY SIPPER MOCKTAIL**

This berry sipper mocktail is the perfect Valentine's Day mocktail.

<table>
<thead>
<tr>
<th>PREP TIME</th>
<th>TOTAL TIME</th>
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<td>10 minutes</td>
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**INGREDIENTS**

- 2 cups of fresh raspberries
- 8 ounces of coconut water
- juice from one orange
- 2 cups of ice

**INSTRUCTIONS**

1. Place all the ingredients in a blender and pulse until it looks like a slushie.
2. You can add stevia or agave if you want, but I found it sweet enough as is.

**NUTRITION INFORMATION:**

**YIELD:** 2 **SERVING SIZE:** 1

*Amount Per Serving:*  
CALORIES: 185 TOTAL FAT: 1g SATURATED FAT: 0g  
TRANS FAT: 0g UNSATURATED FAT: 1g CHOLESTEROL: 0mg SODIUM: 203mg  
CARBOHYDRATES: 44g FIBER: 11g SUGAR: 29g PROTEIN: 3g

**DID YOU MAKE THIS RECIPE?**

If you make this, tag me on Instagram so I can see (@ellenblogs)

© Ellen Christian  
**CUISINE:** Paleo  /  **CATEGORY:** Beverage  
https://confessionsofanover-workedmom.com/valentines-day-mocktail/
Cupid Floats Recipe

Sometimes simple recipes are the best option when you are planning a party! Check out this **Cupid Floats Recipe** that is simple and easy!

**PREP TIME** | **TOTAL TIME**
---|---
5 minutes | 5 minutes

**Ingredients**

- Vanilla Ice Cream
- Strawberry Soda
- Whipped Cream (optional)
- Maraschino Cherries (optional)

**Instructions**

1. Place 2 scoops of vanilla ice cream in a glass.
2. Slowly add strawberry soda (it will foam a lot!)
3. Optionally you can add whipped cream and a cherry to the top.
4. Serve with long spoon and straw.

**Nutrition Information**:  

**YIELD**: 1  
**SERVING SIZE**: 1

**Amount Per Serving**:  
CALORIES: 481  
TOTAL FAT: 17g  
SATURATED FAT: 10g  
TRANS FAT: 0g  
UNSATURATED FAT: 5g  
CHOLESTEROL: 63mg  
SODIUM: 118mg  
CARBOHYDRATES: 79g  
FIBER: 3g  
SUGAR: 72g  
PROTEIN: 5g
Valentine Easy Mocktail Recipe

Author: Melissa

Ingredients

- Simply Juice Drink Mixed Berry 1.75 liter bottle
- Sprite 2-liter bottle
- 1/4 cup of Grenadine
- Large pitcher
- Ice
- simple syrup or corn syrup
- sprinkles
- paper straws

Instructions

1. Combine the entire bottle of Simply Mixed Berry juice and Sprite together in the large pitcher.
2. Add 1/4 cup of Grenadine and mix again.

Decoration:

1. Use simple syrup or corn syrup and pour a small amount on a bread plate.
2. Use sprinkles or sanding sugar and pour on a bread plate.
3. Dip your glassware in the syrup then in the sprinkles shake off excess.
strawberry slush mocktail

Yield: about 4 champagne glasses

INGREDIENTS
- 8 ounces of frozen strawberries and syrup
- 1/2 bottle of Martinelli’s sparkling apple cider (or any non-alcoholic cider)
- 1-2 cups of ice

INSTRUCTIONS
1. Wet edge of glasses and rim in sugar. (I used colored sanding sugar).
2. Add all ingredients to blender.
3. Mix for 1-2 minutes until all ice is chopped up.
4. Pour and serve immediately.

DID YOU MAKE THIS RECIPE?
Tag @thetiptoe on Instagram and hashtag #thetiptoe

Find it online: https://thetiptoe.com/cocktails-mocktails-valentines-day/

Recipe Card powered by tasty RECIPES

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