



RAM-FIT



Drop-in Health Screenings

Schedule of Events

Date	Location	Time	Description
10/19	Sturzebecker Lobby	11AM-1PM	Grip / Stretch & Reach
	SRC Lobby	1PM-3PM	
10/26	SRC Lobby	11AM-1PM	Grip / Stretch & Reach
	Sturzebecker Lobby	1PM-3PM	
11/30	Sturzebecker Lobby	11AM-1PM	OH Squat & Y Balance
	SRC Lobby	1PM-3PM	
12/07	SRC Lobby	11AM-1PM	OH Squat & Y Balance
	Sturzebecker Lobby	1PM-3PM	

