



Car Camping Gear List

Car camping: a type of camping which involves driving rather than walking to a campsite

The Basics:

- A Car or an RV** - to get you to your destination(s).
- Tent** - for those zzzzz's
- Sleeping Pad** - also for those zzzzz's
- GPS/Map/Compass** - so you don't get lost, thus making your trip either an adventure or a nightmare
- Enough water!** - to not only last through your entire trip and quench your thirst, but to keep you hydrated because in different climates, especially hot and humid, water is essential.
- Enough food!** - nothing's worse than being stuck in the wilderness having to ration your food and possibly have to come to the decision whether leaves and acorns are nutritional enough to eat (*intense sarcasm*)



First Aid Kit

- Abdominal bandage
- Extra large adhesive bandage
- Fingertip adhesive bandage
- Standard adhesive bandage
- Sanitary Prep Pads
- Advil
- Antibacterial ointment
- Antiseptic cleansing wipes
- Butterfly closure strips
- Sterile gauze pads
- Single-use cold compress
- Cotton swabs
- CPR face mask
- Elastic bandage
- Emergency blanket
- First aid tape
- Glow stick
- Metal tweezers
- Moleskin blister relief pad
- Disposable poncho
- Sterile razor blade
- Safety pin
- Sting relief pads
- Triangular bandage
- Vinyl disposable gloves
- Insect repellent



Clothing: *avoid cotton

Cold Weather:

- Synthetic base layers** or ones made with wool are the go-to
- Good **insulating top layer** is ideal for the various weather conditions you'll be facing, such as rain, snow, etc. You know, the *wrath* of Mother Nature
- Windproof jackets** are good for, well, windy conditions
- Handwarmers** are good for throwing in your pockets or sleeping bag for extra warmth

Rainy weather:

- Lightweight, **waterproof jacket**
- Rain boots!** (with Gore-tex, Outdry, or other membranes) - you know how bad puddles get here on campus. Imagine that but 1,000x worse in the wilderness

Warm Weather:

- Light-colored fabrics that are breathable
 - Polyester** or **nylon** work best and dry quickly
 - Hats** - not only do they shade your face, but are such a fashion statement, and I know you agree

Some More Essential Items:

- ❑ **Lighter or waterproof matches** - not only are these helpful for a *campfire* but also as a *signal* for anyone who can't find you or is lost
- ❑ **Whistle** - **3 blasts** will signal others nearby that you need assistance
- ❑ **A knife** - there are *many* uses for this item and you'll discover that once you start adventuring
- ❑ **Flashlight or a Headlamp** - to see, duh.
- ❑ **Sunscreen** - you may really want that summer tan, but trust me, *sunburns are not worth it*. Also, the risk of skin cancer is on the rise
- ❑ **Hand Sanitizer** - to sanitize...clearly.
- ❑ **Rope**
 - Hanging clothes to dry
 - Keeping away from animals
 - Support for shelter
 - Rescue lines when dealt in water (i.e. fishing, boating, etc.)
 - Towing device (for objects that are too heavy to lift.)
- ❑ **Duct Tape**
 - Good for blisters and helpful for repairs
- ❑ **Batteries** - for anything and everything that requires them. You'll need it!
- ❑ **Stove or Grill** - to *prepare* your meals
- ❑ **Utensils** - to eat some grub
- ❑ **Cooler** - to keep your drinks and perishable foods cold
- ❑ **Tarp** - to keep various items from getting wet, dirty, etc.



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