MATTHEW CUMMISKEY

Department of Kinesiology
B.S. Health and Physical Education Program
Director of Adventure Education Program
mcummiskey@wcupa.edu
WHAT IS ADVENTURE/EXPERIENTIAL ED

- A series of physical & mental challenges geared towards improving individual and group “soft skills” such as teamwork, communication, perseverance, problem solving and many others.
- Team-building, low, high elements
ADVENTURE ED PROGRAM

https://www.wcupa.edu/healthSciences/kinesiology/adventureEd.aspx
GROWING EXPERIENTIAL ED PROGRAMMING

Community
- Paradise Farms (10 sessions)
- Brandywine Red Clay Alliance
- Chester Eastside
- Calvary Lutheran (W. Chester)
- K-12 school administrators

In House
- Summer Bridge Program
- Honor’s College
- Grandparent’s University
- Athletic Teams
- Leadership Minor (in-dev)
- Leadership Retreat Center (in-dev)
- One day Outdoor Rec. Programs
- ROTC
RESEARCH TOPIC 1

- Adventure Education Staff Training
- Create multiple rubrics for evaluating adventure education staff, pilot test the instruments and compare reliability between observers and a certified trainer.
  - Sample [rubric](#)
  - ACCT Level I and II Certs
Impact of Adventure Education on Students’ Transition to College

Measure how the adventure activities provided to students in WCU’s Summer Bridge Program impact their scores on the Student Adaptation to College Questionnaire and the Challenge Course Experience Questionnaire.
Focus on development of whole child

- Explore additional collaborations (camps) and focus on organization’s goals
  - YMCA Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.