## WCU WISH WOLVER

WELL-BEING. INTERESTS & STRENGTHS. SUCCESS & MINDSET. HAPPINESS.

THURSDAY 3/29: HAPPINESS DAY

WISH Week Promo Tables & Giveaways
11:00 - 2:00, Sykes Lobby

International Day of Happiness Event & Tables 11:00 - 2:00, Sykes Ballroom A&B

> Social Media Panel 4:30 - 5:30, Sykes Ballroom A

"Make it a Happy Day: Connection & Happiness" Talk 7:30 - 8:45, Sykes Theatre

Trap Yoga w/Guided Discussion on Happiness 7:30 - 8:30, Ehinger Gym