**Assisting Individuals in Crisis**

Dates: 2-day course: Friday, March 23rd and Saturday, March 24th, 2018
8:30 am – 4:30 pm

Location: West Chester University Graduate Center
1160 McDermott Drive, Room 305
West Chester, PA 19380

Please register by: March 12, 2018 - $130
Sending 6 or more receive a $50 discount per group

ICISF* Certified Instructor: Jane M. Tucker, Ph.D. (Instructor #1097)
(former police officer, current criminal justice professor at WCU)

**Course Description:**

This program is designed to teach participants the fundamentals of, and a specific protocol for, individual crisis intervention. This course is designed for anyone who desires to increase their knowledge of individual (one-on-one) crisis intervention techniques in the fields of Business & Industry, Crisis Intervention, Disaster Response, Education, Emergency Services, Employee Assistance, Healthcare, Homeland Security, Mental Health, Military, Spiritual Care, and Traumatic Stress. This course is one of two courses generally required by county and regional CISM teams. Emergency services personnel (police officers, firefighters, EMS, dispatchers, emergency room personnel and coroners) are encouraged to attend as this course is geared toward peer-support. *International Critical Incident Stress Foundation. Contact: jtucker@wcupa.edu with any questions about this course.

**Program Highlights**

- Psychological crisis and psychological crisis intervention
- Resistance, resiliency, recovery continuum
- Critical incident stress management
- Evidence-based practice
- Basic crisis communication techniques
- Common psychological and behavioral crisis reactions
- Putative and empirically-derived mechanisms
- SAFER-Revised model
- Suicide intervention
- Risks of iatrogenic “harm”

**Course Tuition:** $130.00 per person (includes workbook and ICISF certificate). Light breakfast fare will be provided in the mornings. Participants will be given one hour for lunch. Completion of “Assisting Individuals in Crisis” and receipt of a certificate indicating full attendance (13 Contact Hours) qualifies as a class in ICISF’s Certificate of Specialized Training Program.

**Continuing Education Information:** 13 Contact Hours or 1.3 General CEUs will be awarded. West Chester University has been designated as a pre-approved provider of professional continuing education (Section 47.36 (a)(1)) for LSW and LCSW social workers, (Section 48.36(a)(1)) for LMFT, Licensed Marriage & Family Therapists, and (Section 49.23(a)(1) for LPC, Licensed Professional Counselors by the PA State Board of Social Workers, Marriage & Family Therapists and Professional Counselors. ACT 48 is pending approval.