Nutrition Track
Nutrition Track Advising Sheet

The Masters in Public Health with a focused elective area in nutrition is intended for Registered Dietitians, individuals with an undergraduate degree in nutrition or an advanced degree in a health-related field. Completion of the MPH-Nutrition focus provides the graduate with a strong background in the practice of public health and prepares students for careers in public health and nutrition. Careers include directors/administrators of nutrition and public health programs, nutrition care providers, advocates, educators, counselors, and researchers within a variety of work settings, including government agencies, public and private community-health centers, ambulatory care, schools, industry, private practice and management.

Upon completion of the Nutrition elective track graduates will be able to:

1. Apply the science of food and nutrition to support optimal nutritional status in individuals, groups and populations.
2. Manage nutrition care for diverse population groups.
3. Assesses and prioritizes nutritional problems of individuals, groups and populations using appropriate nutritional assessment techniques.
4. Develop, implement and evaluate effective community-based food and nutrition programs that promote optimal health and disease prevention.
5. Utilize the nutrition care process with individuals and groups.
6. Apply appropriate research principles and methods in community and public health nutrition.
7. Communicate accurate, evidence-based nutrition information at levels appropriate for various audiences.
8. Advocate for public policy at local, state and national levels in food and nutrition areas.
9. Advance the profession of community and public health nutrition.