

**West Chester University
Student Health Services**

Guidelines for Students Receiving Allergy Injections at Student Health Services:

1. Students are to make an appointment with the nurse and hand deliver serum and paper work to Student Health Services each time they get new serum. The nurse will review the paperwork for completeness, review reaction symptoms with the student, obtain baseline blood pressure and peak flow readings and have the student sign or review the allergy consent form at this visit.

SERUM IS NOT TO BE MAILED TO STUDENT HEALTH SERVICES.

All mailed serum will be returned to sender. Student Health Services is not responsible for mailed materials that are lost, not stored properly or otherwise damaged.

2. Allergy injections are given by appointment and only when a physician is present. Please call to see when appointments are available.

3. Students are responsible for making appointments according to their allergist's ordered schedule. If a student is consistently late for injections or misses scheduled appointments, the student will become ineligible to receive injections at Student Health Services.

4. Students must wait in the health center for 30 minutes after receiving an allergy injection and then have a nurse check the injection sites. Any student that does not wait the required 30 minutes will become ineligible to receive injections at Student Health Services.

5. Injections will not be administered if the student has increased asthma symptoms, a fever over 100 degrees, shortness of breath, cough, or wheeze. In students with asthma, injections will not be administered if their peak flow reading is 20% below their best baseline peak flow. The allergist will be contacted for further orders if any of the above are present.

6. The first dose of new serum (not increased concentrations of the same serum) must be given by the student's allergist.

7. If a student has a systemic reaction to allergy serum, no additional allergy injections will be given by the health center until the student is evaluated by their allergist. New written and signed orders must be submitted to resume injections.

8. Students who have an appointment for an allergy injection should not exercise immediately before or for at least one hour after their allergy injection.