

What is an Eating Disorder?

Eating disorders include extreme emotions, attitudes, and behaviors surrounding weight and food issues experienced by both women and men. They include anorexia nervosa, bulimia nervosa and binge eating disorder. All are serious emotional and physical problems that have life-threatening consequences.

OTHER EATING DISORDERS

These include some combination of the signs and symptoms of anorexia, bulimia, and/or compulsive overeating. While these behaviors may not be clinically considered a full syndrome eating disorder, they can still be physically dangerous and emotionally draining. All eating disorders require professional help.