Inclusivity Policy

Your Student Recreation Center was constructed in 2012. It was designed as a welcoming space, with a commitment in providing a safe environment for all individuals. A gender-inclusive restroom/changing room, ADA access, and multiple workout areas were specially designed to accommodate individual comfort levels and ability levels.

All currently enrolled students, employed WCU staff, and patron members are invited to participate in all of our gender-inclusive programs; group fitness/small group training, outdoor adventure/climbing wall, intramural sports and club sports.

With regard to intramural sports and club sports, all currently enrolled WCU students are invited to participate in a gender-specific league that affirms each individual’s personal gender identity. The individual’s gender identity will also be applied when there are gender-specific rules or player ratio requirements in our Co-Rec leagues.

Any circumstance that may arise regarding gender identity within the facility or any program will be subject to review on a case-by-case basis.

Inclusive Adaptive Recreation

The goal of our Inclusive Adaptive Recreation program is not only to improve serving our WCU University Community with disabilities, but to improve the knowledge of our campus recreation staff on how to accommodate persons with disabilities in physical wellness and recreation venues in order to improve campus climate. Inclusive recreation at WCU is the idea that physical pursuits are available and beneficial to all individuals including those who may need physical, emotional, or cognitive support in order to make their recreation experiences safe and successful. Our goal is simple, encourage individuals with disabilities to feel welcomed in the culture of fitness and wellness.