

## ***General Health Concentration: 24 credits***

- **Core Courses** 9 credits
  - HEA 242 Introduction to Public and Community Health
  - HEA 341 Chronic and Communicable Diseases
  - HEA 419 Research Methods in Health
  
- **Concentration Electives** 15 credits.
  - Select ONE Concentration Elective Area from the list below after consulting with your advisor.  
Note: To earn the degree, the student must complete 15 credits within the selected area only. Only 6 credits may be at the 100 level. Only 6 credits may be taken under the heading: HEA 435 Health Workshop.
  
  - **Wellness Concentration Elective Area:**
    - ENV 102 Humans & the Environment
    - HEA 103 Drugs & Society
    - HEA 104 Human Sexuality
    - HEA 106 Death & Dying
    - NTD 303 Introductory Principles of Human Nutrition
    - HEA 304 Family Life & Sex Education (only for teacher training)
    - HEA 310 Love, Marriage & Relationships
    - HEA 320 Positive Aspects of Aging
    - HEA 325 Stress Management
    - HEA 435 Workshops as offered and under advisement
    - HEA 438 Understanding AIDS/HIV Infection
  
  - **Minority Health Issues Concentration Elective Area:**
    - HEA 109 Health Issues of Women
    - HEA 110 Transcultural Health
    - HEA 316 Minority Health Issues
    - HEA 435 Workshops as offered and under advisement
    - HEA 436 Health Care Delivery
    - SWO 225 Race Relations
    - COM 312 Intercultural Communication
  
  - **Integrative Health Concentration Elective Area:**
    - HEA 110 Transcultural Health
    - HEA 315 Mind, Body, & Health
    - HEA 325 Stress Management
    - HEA 333 Alternative & Complementary Medicine
    - HEA 435 Workshops as offered and under advisement
    - HEA 436 Health Care Delivery
    - NUR 218 Concepts in Caring
    - NUR 316 Coping with Cancer