

**B.S. in Health Sciences: General**  
**STUDENT ADVISING SHEET (Effective Fall 2005)**

**GENERAL EDUCATION – ACADEMIC FOUNDATION REQUIREMENTS (12 CREDITS)**

<u>Course</u>		<u>Credits</u>	<u>Semester Completed</u>	<u>Year Completed</u>	<u>Grade</u>
WRT120	Effective Writing I	3	F S Sum	_____	_____
WRTXXX		3	F S Sum	_____	_____
MAT1XX	Any Math course numbered 103 or higher	3	F S Sum	_____	_____
SPK 208 or 230		3	F S Sum	_____	_____

**GENERAL EDUCATION – DISTRIBUTIVE REQUIREMENTS (24 CREDITS)**

**Humanities Requirement:** Two courses in two different disciplines: literature, history or philosophy (Recommended Courses: Literature-LIT165, CLS165, 260, 261; History-HIS101, 102, 150, 151, 152; Philosophy-PHI101, 180)

(1) _____	3	F S Sum	_____	_____
(2) _____	3	F S Sum	_____	_____

**Behavioral and Social Sciences Requirement:** Two courses in two different disciplines: anthropology, economics, geography, political science, psychology, or sociology. (Recommended Courses: Anthropology-ANT 102, 103; Economics-ECO 101, 111, 112; Geography-GEO101, 103; Political Science-PSC100, 101, 213; Psychology-PSY 100; Sociology-SOC 200, 240.

(1) _____	3	F S Sum	_____	_____
(2) _____	3	F S Sum	_____	_____

**Science Requirement:** Two courses in two different disciplines: biology, chemistry, geology/astronomy, computer science, physics. (Recommended Courses: Biology-BIO100, 110; Chemistry-CHE100-107; Computer Science-CSC110, 115, 141; Geology/Astronomy-ESS101, 111; Physics-PHY100, 105, 130, 140, 170, 180.

(1) _____	3	F S Sum	_____	_____
(2) _____	3	F S Sum	_____	_____

**Art Requirement :** One course in music, art, dance, theater , photography or cinematography.

(1) _____	3	F S Sum	_____	_____
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**Free Electives:** Three courses of student's choice:

(1) _____	3	F S Sum	_____	_____
(2) _____	3	F S Sum	_____	_____
(3) _____	3	F S Sum	_____	_____

HEA110	Transcultural Health (Diverse Communities Rec.)	3	F S Sum	_____	_____
ENV102	Humans and the Environ. (Interdisciplinary Rec.)	3	F S Sum	_____	_____

**Students should complete their General Education Requirements in their first two years at WCU**

**Health Sciences – CORE COURSES (9 CREDITS)**

<u>Course</u>		<u>Semester Offered</u>	<u>Credits</u>	<u>Semester Completed</u>	<u>Year Completed</u>	<u>Required Minimum Grade</u>	<u>Grade</u>
HEA242	Intro. to Public/Comm. Health	fall	3	F S Sum	_____	C	_____
HEA341	Chronic and Commun.Diseases	fall/spring	3	F S Sum	_____	C	_____
HEA419	Research Methods in Health	spring	3	F S Sum	_____	C	_____

**Health Sciences ELECTIVES\* (15 Credits)**

	<u>Credits</u>	<u>Semester Completed</u>	<u>Year Completed</u>	<u>Required Minimum Grade</u>	<u>Grade</u>
Five health electives selected under advisement:					
(1) HEA _____	3	F S Sum	_____	C	_____
(2) HEA _____	3	F S Sum	_____	C	_____
(3) HEA _____	3	F S Sum	_____	C	_____
(4) HEA _____	3	F S Sum	_____	C	_____
(5) HEA _____	3	F S Sum	_____	C	_____

With no more than six health elective credits at the HEA 100 level  
 With no more than six credits health elective credits of HEA435

**Total of 120 credits for the Health Sciences: General Degree**

**IMPORTANT INFORMATION ON SELECTING DEGREE ELECTIVES**

\*Students select one of the following Elective Areas within which they complete the 15 elective credits required for the major: Wellness, Multicultural Health Issues, or Integrative Health. All 15 credits of electives must be taken within a declared elective area. See the department or degree advisor for the latest list of eligible electives; sample electives are attached.

**IMPORTANT ADVISING INFORMATION :** Advisors are assigned to all students. Advising appointments are needed to help students make appropriate elective choices and plan for core course sequencing. Advisors meet with students during scheduled office hours or through appointments. It is important to note that advisors are not always available during the summer months and advising issues may not be resolved immediately, therefore it is important for students to schedule advising appointments during fall/spring semesters.

**Course Sequencing:** Some of the health sciences core courses are only offered once a year. Please refer to the advising sheet for course sequencing. Students who miss a course may delay their graduation date. Please check with advisors to make sure that courses are taken in appropriate sequence.

**Developmental Courses – O credit courses do not count as credits for the degree.** Students with developmental courses will need to make sure they do not count these credits toward the 120 credits needed for the degree. If students take all the courses listed on the Student Advising Sheet, they will obtain 120 degree credits.

**Writing Emphasis Courses.** Three writing emphasis courses (W) are required if a student transfers less than 40 credits; two courses are required if 40-70 credits are transferred; and one is required if more than 70 credits are transferred. W courses do not transfer in. At least one W course must be at the 300 or 400 level.

**Interdisciplinary Course.** One interdisciplinary course (I) is required. ENV 102 Humans and the Environment is recommended.

**Diverse Communities Course.** One diverse communities course (J) is required. HEA 110 Transcultural Health is recommended.