



THE PULSE

A DREAM BECOMES A REALITY

Chuck Pagano retired from the College of Health Sciences in 1999, but he didn't retire from life. "It's easy for kids to get lost in the shuffle and turn to drugs, alcohol, depression, or gangs as a way to ease anxiety and pain", sighs Pagano, "and when that happens everyone loses—kids, families, schools, and the whole community."



For the past several years, Pagano conducted Masonic Model Student Assistance Program (MMSAP) workshops for the National Masonic Foundation for Children as a trainer for Newman-Stecher International. The three-day workshop teaches educators, administrators, and support staff in schools K-12 how to identify children at risk. The core teams learn how to work with other school personnel to identify these children, gather the necessary information about them, and then develop a school-based action plan

appropriate to the specific needs of each child in the areas of academics, health, behavior, and attendance.

Recognizing the need for this training, the teachers, school counselors, and building administrators asked, "Why wasn't this information included during our undergraduate preparation?" Pagano discussed this question with Dean Barr, and from their discussions, an idea to address that question was developed.

On January 11-13, 2005 the dream became a reality. Fifty-five kinesiology undergraduates preparing to begin their student teaching experience spring semester 2005 were designated the pilot group. As the first MMSAP training conducted with college students, it may be the prototype for integrating this type of preparation into the core curriculum.

In the past eight months, Pagano coordinated MMSAP trainings in school districts in 10 states from Pennsylvania to California. Any school district interested in offering MMSAP training should contact, Chuck Pagano, 610-269-7850 or e-mail retyrd@voicenet.com.

DEAN WELCOMES FOUR NEW STAFF MEMBERS

Mary Kate Andris joined the dean's office in the College of Health Sciences where she will help alumni and friends find investment opportunities that benefit themselves and the college. Her background includes seven years of grant writing, annual fund raising, major gift solicitation, and special event experience. Before joining WCU, she worked as assistant director of the Widener Law School.



"There are many exciting projects happening down here on 'main campus,' " jokes Mary Kate. "We call this the 'main campus' because it's where the action is." She invites alumni to come to 'main campus', attend events, and get more involved. There are a number of ways alumni can help their families and the College of Health Sciences through charitable trusts, annuities, and tax-deferred retirement plans. Anyone who would like more information about how to use your will to accomplish charitable and family objectives, please contact Mary Kate Andris at 610-436-2280 or e-mail mandris@wcupa.edu.

Another new recruit to the dean's office, Susan Hurt is responsible for managing the College's outreach

programs. Working with internal and external constituencies, she will manage existing outreach activities (such as student assistance training and hearing aid dispensing), develop new continuing medical education courses, and direct and monitor budgets for all of these programs. She has an excellent background for this position having performed liaison and financial functions in her previous position at the University of Arizona. Susan managed a federal grant for the College of Pharmacy at Arizona and was responsible for monitoring allocations to expend funds and ensure compliance with federal, state, and university policies.



Asked what she enjoys most about her new position, Susan replied, "I enjoy connecting people...finding ways to link educational needs of the community with experts in the health sciences. It's exciting to see the synergy that happens when outreach-related problems are considered in a team environment that encourages input from diverse perspectives." To learn more about outreach activities and to let us know about topics of interest to the medical community, please contact Susan Hurt at 610-738-0411 or e-mail shurt@wcupa.edu.

FROM THE DEAN'S OFFICE:

"The look" of THE PULSE has changed. We added color and inserted contact information to several of the articles. Many alumni responded to our request to update us on your latest activities via the Alumni Update Form, and now we want to be more responsive to your requests for information about activities at the college.

"The look" of the college has changed, too. Several of the people you will contact are new faces at the college. Please join me in welcoming new staff members Mary Kate Andris, Marguerite Gould, Susan Hurt, Debbie Murray, and Deborah Schmidt.

Below, I have summarized some of the most recent activities of our departments. As always, your input is greatly appreciated.

The Department of Communicative Disorders offers assessment, treatment, and counseling at the Hearing Aid Clinic and the Speech and Language Clinic. Students receive clinical practicum experience and provide a much needed service to the West Chester University community and extended families. Recently, I took my mother to the clinic to replace a hearing aid and received excellent services. Based upon my personal experience, I recommend that you avail yourself and your family of these excellent resources.

The Department of Health continues to break new ground. This summer we are offering a weight management camp for children ages 11-14. We are grateful for the private grant from Bob and Jennifer McNeil to offer overweight children a summer camp experience to learn how to lead a healthier lifestyle.

The Department of Kinesiology is honored to have two faculty members receive national meritorious awards at the American Alliance for Health, Physical Education, Recreation, and Dance. The award recognizes persons for outstanding or innovative contributions to the profession.

The Department of Nursing is currently preparing two events for October 2005. I encourage you to contact their department if you are interested in attending the 22nd Annual Mary Kline Day and/or the Perinatal and Neonatal Ethics Conference co-hosted by WCU and the March of Dimes. Building on a successful track record, both events promise to offer significant benefits to current students and alumni, too.

The Department of Sports Medicine continues to set the bar higher in terms of research, service, and teaching. Currently, the average incoming freshman scores a 3.5 GPA. Achievements by sports medicine alumni continue to top the charts. Faculty members have developed entrepreneurial relationships with research and development corporations as well as service organizations. Their contributions to the profession are drawing attention and recognition from donors who are providing support for scholarships and grants.



SAVE THESE DATES

Please plan to join us for some of these college events in 2005-2006.

Saturday, September 24—Family Day

Thursday, October 13—Mary Kline Day

Friday & Saturday, October 14 & 15—Homecoming Weekend

Monday, October 17—Perinatal and Neonatal Ethics: Facing Contemporary Challenges

October 17-26—Botanical Medicines of the Amazon and Machu Picchu, Peru; academic credit, CMEs and non-credit options exist

Saturday, November 5—Eighth Annual Sturzebecker Hall of Fame Luncheon

January—Dean Barr and Mary Kate Andris visit alumni in Florida

Saturday, April 1—Presidential Scholarship Gala

Saturday, April 22—Integrative Health Medicine Conference

2005 STURZEBECKER HALL OF FAME HONORS ACCOMPLISHED ALUMNI AND CURRENT STUDENTS

Four accomplished West Chester University alumni will be inducted to the eighth annual Sturzebecker Hall of Fame ceremony on Saturday, November 5, 2005 in Sykes Student Union. The four honorees in 2005 are Dr. James P. Argires, Edwin W. Lawrence, George G. McGinness, and Marty Stern.

Dr. James P. Argires, M.D. is a 1956 in health and physical education. He was selected as Distinguished Alumni by WCU in 2005. Also a graduate of the University of Pennsylvania with a degree in physical therapy, he received his medical degree from the University of Alabama Medical School in 1962.

Edwin W. Lawrence graduated in 1959 with a B.S. in health and physical education. From 1968 through 1983, he was director of collegiate athletics and recreation at Cheyney University. He is former executive director of the Major League Baseball Empire Development Program 1988-1998.

George G. McGinness graduated in 1936 with a B.S. in health and physical education. He is a former professor and long-time director of health and physical education at Franklin and Marshall College.

Marty Stern graduated in 1959 with a B.S. in health and physical education. In 1983, he became head track coach of Villanova University's world record setting track team and is in the university's Hall of Fame.

These four Hall of Fame inductees will be honored at a luncheon on November 5 along with the 2005-2006 Russell L. Sturzebecker Scholarship recipients: Tanya Dryja and Casandra Snader, nursing; Randy Mileto, Leigh Pesko, and Randi Wagner, kinesiology; Kathleen Nicholson, communicative disorders; and Lora Shirey, sports medicine. All honorees, family members, and friends, as well as the University and general community, are invited to attend. For further information and luncheon tickets, please call 610-436-2825.

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Debbie Murray is the newest member of the Health Sciences team and provides support for Mindy Graham, the dean's assistant. Her background includes ten years in the Office of Cultural and Community Affairs in the Advancement Division. Though she has only been on the job since June 1, she is excited to be in Health Sciences and feels everyone is great and the work is fun. For information about the Office of the Dean, please contact Debbie Murray at 610-436-2825 or email: dmurray@wcupa.edu.



Deborah Schmidt, is a secretary for two departments, kinesiology and also in sports Medicine. She brings to the job 25 years' experience working for the government of Canada. Her last position was an unemployment insurance investigator in British Columbia. She moved to the USA in July 2004 to marry an American. "It's great to be here, eh!" For information about the Departments of Kinesiology and Sports Medicine, please contact Deborah Schmidt at 610-436-2119 or email dschmidt@wcupa.edu.



WCU OFFERS DOCTORS A MORE HOLISTIC APPROACH TO 21ST CENTURY MEDICINE

With more than one-third of American adults regularly supplementing their health care with alternative/complementary therapies, doctors often find themselves pressed to learn more about treatments beyond conventional medicine. To help meet that need, the College of Health Sciences is currently working with the American Board of Holistic Medicine (ABHM) and the American Holistic Medical Association (AHMA) to design a course for physicians and health care practitioners. The course will offer a more holistic approach to 21st

Century medicine. The practice of integrative holistic medicine integrates conventional and complementary therapies to promote optimal health and to prevent and treat disease by addressing contributing factors.

Larry Dossey M.D., author of *Healing Words and Reinventing Medicine*, said, "This program is a vision of the future of healing and medicine. It will interest anyone who wants preparation for what lies ahead." The course will include both lecture sessions and experiential sessions. Seminars will focus on a variety of health topics, including: Heart Health; Nutritional Medicine; Mental, Financial and Emotional Health; Spiritual and Social Health; Environmental Health; and Holistic Health Care for Men and the Elderly.

Physicians who complete the course, taught predominantly by ABHM-certified faculty, will earn category 1 credits toward the American Medical Association Physician's Recognition Award and may apply to take the exam to become board certified by the American Board of Holistic Medicine. To learn more about this continuing medical education course, contact Susan Hurt at 610-738-0411 or e-mail shurt@wcupa.edu.



College of Health Sciences promoted CME courses at the American Holistic Medical Association annual meeting in Philadelphia May 14-16, 2005. Left to right: Rob Ioker, past president of ABHM; Susan Hurt, CHS outreach; Don Barr, CHS dean; and Christina Jackson, CHS part-time faculty member.

BOTANICAL MEDICINES PROMOTE HEALTH, PREVENT DISEASE, AND MANAGE SYMPTOMS

Medicinal plants and herbs took center stage this spring 2005 at West Chester University's Fifth Annual Integrative Health Conference: "Botanical Medicines for Health Promotion, Disease Prevention, and Symptom Management." The general approach to the conference made it suitable for anyone interested in botanical medicine, as well as health care providers.

The keynote speaker, Tieraona Low Dog, M.D., is a faculty member at the University of Arizona Department of Medicine, where she works with Dr. Andrew Weil's Fellowship Program in Integrative Medicine. Trained in both traditional Lakota and allopathic medicine, she offered a unique perspective on the role of botanical medicine in integrative health and finding a blend in balanced health care.

For information about the Sixth Annual Integrative Health Conference currently scheduled for April 2006, please contact Cheryl Faust at 610-436-6931 or e-mail cfaust@wcupa.edu.

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Robert E. Kerper, Jr., editor

<http://health-sciences.wcupa.edu/ThePulse/ThePulse.htm>

To call the College of Health Sciences:

Office of the Dean	610-436-2825
Department of Communicative Disorders .	610-436-3401
Department of Health	610-436-2931
Department of Kinesiology	610-436-2610
Department of Nursing	610-436-2219
Department of Sports Medicine	610-436-2119

A NEW FACE AT ACEER

On February 7, 2005, the Amazon Center for Environmental Education and Research (ACEER) Foundation welcomed Marguerite Gould as its new director of operations. Gould brings more than 20 years of organizational management experience. According to ACEER's president and WCU Department of Health chairperson, Dr. Roger Mustalish, "Marguerite is the perfect choice to take the helm of the ACEER, since I have known and worked with her at West Chester University for the last 15 years, which makes the transition truly seamless." ACEER is an independent non-profit organization housed in the Sturzebecker Health Sciences Center. It provides credit and noncredit work-



shops in the Amazon rainforest and Machu Picchu in Peru. A series of workshops is offered on a wide array of topics. The 2005-2006 series includes tropical water quality, tropical medicine, ecology of the rainforest, ecology of cloud forests, a Spanish language immersion program, environmental education for teachers, women's health, botanical medicine, and even a yoga and meditation retreat. An expanding number of WCU faculty, assisted by ACEER staff, lead these workshops open to students, faculty, alumni, and friends of the University. Other schools currently partnering with WCU through this program include: Penn State, University of Minnesota, and Moravian College. To learn more about ACEER and how you can join a learning adventure of a lifetime, contact Marguerite Gould at 610-738-0477, e-mail mgould@wcupa.edu, or visit ACEER's website www.aceer.org.

COMMUNICATIVE DISORDERS

TRADITIONAL AND NON-TRADITIONAL STUDENTS ATTAIN MASTER OF ARTS

The Department of Communicative Disorders offers both a traditional and a nontraditional Master of Arts curriculum in speech-language pathology. In our nontraditional curriculum, we broadcast our academic classes to distance education sites at the Dixon University Center in Harrisburg, Pa., and at the Gloucester County Technical Institute in Sewell, N.J. We admit students to each of these sites on an alternate year basis. These students, who complete our master of arts curriculum on a part-time basis, not only attend academic classes at their off-campus sites but also travel to our campus in the summer session to complete their on-campus clinical practicum requirements. For additional information, please contact the graduate adviser, Dr. Michael Weiss at 610-436-3403 or e-mail mweiss@wcupa.edu.

GRADUATE QUALIFIER NEWS

The Department of Communicative Disorders offers a post-graduate certificate to individuals who hold an undergraduate degree in another discipline who have chosen to pursue a career in audiology or speech-language pathology. This certificate mandates successful completion of courses both in communicative disorders and various related areas such as linguistics and research. Both a one-year and a two-year curriculum plan are available. For additional information, please contact the graduate qualifier adviser, Dr. Mareile Koenig at 610-436-3218 or e-mail mareilekoenig@rcn.com.

ALUMNI AND FACULTY MAKE SIGNIFICANT CONTRIBUTION TO INTERNATIONAL CLINICS

Students, faculty, staff, alumni—who have academic and clinical materials they presently do not use—are invited to donate these items for shipment overseas. This academic year our department shipped books, clinical tests, clinical therapy materials, and other resources to India. The Department of Speech-Language-Hearing Sciences at the Sri Ramachandra Medical College and Research Institute thanked us for reaching out to a program across the world. "You may not be aware of how much of a difference such training material makes for us. Even though they may not be of contemporary clinical use, the material is great training material for our students."

We are grateful to retired faculty members, Vincent Suppon and Elena Stuart, for their recent contributions. The department is in the process of accepting materials for our next shipment, scheduled for fall semester 2005. Alumni are encouraged to call Cheryl Gunter at 610-436-2115 or e-mail cgunter@wcupa.edu.



Amy Hassler, a graduate assistant in the Department of Communicative Disorders majoring in speech-language pathology, is packaging teaching materials to send to India.

DEPARTMENT PROVIDES HEARING CLINIC SERVICES

For more than 25 years West Chester University has provided training in hearing disorders for its undergraduate and graduate students in speech-language pathology. Along with the academics, the department has offered clinical training by providing services to the University and general communities in its hearing clinic. The hearing clinic services have been expanding and now include auditory habilitation and rehabilitation for children and adults (ages 6 months to 90+ years), including profoundly hearing impaired clients who have received cochlear implants. In addition, the clinic now dispenses hearing aids, including the latest digital aids. While these new technologies offer remarkable advances, they are most effective only when combined with therapy, and this is where the students, under the supervision of clinically certified faculty, provide the critical component in the services to clients.

WCU is very excited about our auditory habilitation and rehabilitation program. Our students have the opportunity to serve a broad spectrum of hearing impaired people in the West Chester community. They participate in the excitement of taking a hearing impaired person and following them through the continuum of care: identifying and quantifying the hearing loss, fitting with hearing aids, trouble shooting hearing aids, teaching speechreading, auditory training and speech, or planning out pre-cochlear implant therapy and follow-up therapy.

For additional information, please contact the clinic secretary, Gail Toland at 610-436-3402.



Department of Communicative Disorders offers hearing services, such as auditory training and speech reading. Supporting the hearing therapy is an audiological assessment and hearing aid clinic directed by WCU instructor, Judy Curtin (center) with graduate students, Melissa Feathers (left) and Jill Detwiler (right).

GRADUATE STUDENTS PROVIDE SPEECH-LANGUAGE CLINIC SERVICES TO COMMUNITY

If you or someone in your family is concerned about a speech or language disorder, you are invited to schedule an evaluation appointment in our Speech-Language Evaluation Clinic. All speech-language clinic services are available for students, faculty, staff, and members of their families, as well as to residents of the broader community.

In the fall semester 2005, our Speech-Language Evaluation Clinic has appointments available at 5 p.m. on Tuesday and Thursday with each appointment lasting two hours. While the demand for treatment appointments typically exceeds the number of appointments available, our clinic attempts to serve as many clients as possible. For additional information, please contact the clinic secretary, Gail Toland at 610-436-3402 or the clinic coordinator, Cheryl Gunter at 610-436-2115 or e-mail cgunter@wcupa.edu.

CONGRATULATIONS LAUREN HUTELMYER!

The Department of Communicative Disorders announced the 2005 recipient of the Suppan Scholarship established by former faculty member Vincent Suppan. The recipient is Lauren Hutelmyer, a junior, who was honored for academic excellence, extracurricular activities, and contributions to the local chapter of NSSLHA (National Student Speech-Language-Hearing Association).



FUTURE RESPIRATORY CARE PRACTITIONERS LEARN FROM HIGH ACHIEVERS

Congratulations to Brian Kellar, program director, Susan Wix, director of clinical education, and Lori Killian, program instructor for the West Chester University/Bryn Mawr Hospital Respiratory Care Program for their recent achievement in obtaining credentials in their areas of expertise. Brian achieved the status of AE-C (Asthma Educator-Certified) by successfully completing the national exam for asthma educators. Lori successfully passed both the certification and registry examination (CPFT and RPFT) for pulmonary function testing, demonstrating superior knowledge in pulmonary diagnostics. Susan obtained the CCT credential for cardiovascular technology, demonstrating expertise in cardiovascular science.

KIDS SHAPEDOWN® AT NEW YOUTH FITNESS WEIGHT MANAGEMENT CAMP (YFWMC)

In southeastern Pennsylvania, nearly 40 percent of youth ages 4 to 17 are at risk of being overweight and developing diabetes, cardiovascular diseases, bone and joint difficulties, respiratory complications, high cholesterol, and high blood pressure.

From June 20—July 1 overweight youth attended a unique summer camp at WCU led by Dr. Sandra Gross, department of health. The camp is for youths age 11 to 14 and staffed with registered dietitians, exercise physiologists, a camp counselor, and group leaders from the area and the University. The camp featured fitness evaluations, nutrition education, cooking demonstrations and meal planning, weight training, and adventure activities. All are designed to make fitness and weight management safe, fun, a boost to self esteem, and an opportunity to foster better relationships and encourage lifelong wellness and health promotion.

A special aspect of the camp included a nationally prominent weight management program for children and teens called SHAPEDOWN®. It is not a diet, but guides participants and their families in making lifestyle changes for health promotion. This program differs from other weight management camps in that there is an emphasis on parental involvement. The program included four evening parent sessions where parents will discuss their child's progress and learn how to encourage and promote a healthy lifestyle. The program also includes adventure activities to build self esteem. To learn more about how you can become involved in helping kids SHAPEDOWN®, please contact Dr. Sandra Gross 610-436-3113 or e-mail sgross@wcupa.edu.



A private grant from Bob and Jennifer McNeil (center) made it possible for 27 kids to participate in the Youth Fitness Weight Management Camp directed by Sandra Gross (left), associate professor in the Department of Health and Craig Stevens (right), associate professor in the Department of Kinesiology.

STURZEBECKER SCHOLAR RECEIVES N. RUTH REED AWARD

Congratulations to undergraduate, Ashley Graham, the 2005 recipient of the Department of Health's N. Ruth Reed Scholarship. The scholarship acknowledges an undergraduate student with high academic achievement and leadership. It is named for former Department of Health faculty member, N. Ruth Reed, who continues to financially support the scholarship and take an active interest in the life of the department, even as she enjoys her retirement. Graham also received the Sturzebecker Scholarship and is currently working towards a Bachelor of Science degree in nutrition and dietetics. Graham served as president of the Student Dietetic Association during the 2004-2005 school year and currently works part-time at Bryn Mawr Rehabilitation Hospital.



NETBALL MANIA: A MULTICULTURAL EXPERIENCE THROUGH MOVEMENT ACTIVITIES

Netball, the world's most popular women's team sport, is played in over 70 countries and by over 7 million people. It is a fast-paced game of skill that requires a combination of specialized running, jumping, throwing, and catching skills. The sport actually originated in the United States in 1895 as women's basketball and later gained popularity in Britain and the British Commonwealth. In the U.S., netball is described as basketball without dribbling and the shooting pole does not have a backboard. The pivoting footwork pattern during ball possession is similar to that found in ultimate Frisbee. Netball is designed to provide all participants with rapid hands-on playing experience and to enhance the personal and cultural development of girls and women. Participants have fun learning and actively participating in various developmentally appropriate activities for grades K-12. For more information about ways to incorporate netball into your school PE program, contact Margaret Ottley at 610-436-2990 or e-mail mottley@wcupa.edu.

Students at Castara Primary School, Tobago learn netball from WCU Kinesiology students (back row wearing white t-shirts) Malinda Fife, Tara Gruss, Andre Collins (Trinidad and Tobago Alliance for Sport and Physical Education), April Beattie, Dana Giurintano and assistant professor of Kinesiology, Margaret Ottley (center, middle row).

AAPERD RECOGNIZES DR. FRANCES CLELAND DONNELLY AS AN HONOR FELLOW FOR MERITORIOUS SERVICE

Frances Cleland Donnelly, professor and assistant chair in kinesiology, teaches in the areas of physical education pedagogy and dance. Her passion for teaching dates back to her adolescent years where she developed a love for activity and just plain moving. If it involved movement, Donnelly was trying it. Remember pogo sticks, Donnelly was an expert. Donnelly turned this passion into a 30-year teaching career spanning all levels, K-12 as well as college. In addition to her teaching, she coached soccer and developed an interest in modern dance, which she performed for numerous years. Her



main interest is the elementary level where she maintains a busy schedule consulting, writing, and presenting. Professionally, Donnelly has served at every level—for the Pennsylvania AHPERD as the student adviser, vice president for dance, and currently as president-elect; and for the Eastern District as student adviser, vice president for dance, and later for Physical Education; and for AAHPERD as a member of COPEC, NDA convention program chair, and the NASPE PIPELINE program. She has been recognized by both the state and district for her contributions, earning the PSAHPERD Professional Honor Award and the Ethel Encke Service Award as well as the EDA Honor Award and outstanding professional awards in physical education and dance. Not only has she involved herself in the broad spectrum of her profession but she has distinguished herself as a leader. For those wishing to extend congratulations contact Frances Cleland Donnelly at 610-436-2145 or e-mail fcleland@wcupa.edu.



MONICA LEPORE—ONE OF THE TOP 100 IN AQUATICS

Dr. Monica Lepore, professor in the Department of Kinesiology, received the National Meritorious Award from the American Alliance for Health, Physical Education, Recreation, and Dance (AAHPERD). The award recognizes persons for outstanding or innovative contributions to the field of aquatics. Lepore showed leadership in adapted aquatics by restructuring the AAALF adapted aquatics instructor, assistant and adjunct credential. Chaired the AAALF adapted aquatics committee for five years and secured a video/DVD shoot in California in May to produce a video/DVD entitled, "Introduction to Adapted Aquatics." This will be sold through Sprint Aquatics and AAALF/AAHPERD. Lepore was recently named one of the "Top 100 Professionals in Aquatics," by Aquatics International Magazine and the United States Water Fitness Association. For those wishing to extend congratulations contact Monica Lepore at 610-436-2516 or e-mail mlepore@wcupa.edu.



AAHPERD recognized Dr. Lepore (left) for innovative contributions to the field of adapted aquatics.

WCU HOSTED SPECIAL EVENT FOR WOMEN'S HEALTH AND FITNESS DAY

An estimated 40,000 to 50,000 women of all ages participated in health and fitness activities across the country as part of the third Annual National Women's Health and Fitness Day. West Chester University offered free fitness and health events for women in Ehinger Gymnasium.

Associate professor in the Department of Kinesiology, Karen M. Koehler explained, "Our goal for this event was to help women learn about their risk for chronic diseases such as heart disease and cancer, and to help motivate them to make lifestyle choices that reduce these health risks, such as regular physical activity and smart food choices."

Participants saw demonstrations of karate, chiropractic, and shiatsu; received food samples; had opportunities for testing blood glucose levels and blood pressure and gained a wealth of information on women's health and fitness. Exhibitors included WCU faculty, students, and alumni, along with local representatives from Great Pumpkin Health Foods of West Chester, Chester County Hospital, and Chester County Health Department.

NURSING

SAVE-THE-DATES OCTOBER 13 AND OCTOBER 17, 2005



The 22nd Annual Mary Kline Nursing Lecture and Professional Career Day will be held on October 13, 2005 in Sykes Student Union. This professional career day honors retired nursing faculty member, Mary Kline, who taught in the nursing department for 20 years, and helped create the bachelor of science in nursing program almost 30 years ago. For more information, contact nursing

department faculty member, Brent Thompson, at 610-436-2692 or e-mail bthompson@wcupa.edu.

On Monday, October 17, 2005 the Department of Nursing will again co-sponsor a program with the March of Dimes. The program titled, "Perinatal and Neonatal Ethics: Facing Contemporary Challenges," will be held in the Sykes Theater from 6-8:30 p.m. preceded by a light dinner for registrants in the Sykes Ballrooms from 5-6 p.m. The presentations will be by Arthur Caplan, Ph.D., The Emanuel and Robert Hart Professor of Bioethics from the University of Pennsylvania and Cheryl A. Monturo, Ph.D., M.Be., APRN, B.C., assistant professor, Department of Nursing, West Chester University. Facilitating the discussion will be Jay S. Greenspan, M.D., chair, Division of Neonatology, Thomas Jefferson University Hospital. The cost for the program will be \$25 per person and includes a light dinner and two CEU credits for registered nurses. To register for the conference, contact Cheryl Faust at 610-436-6931 or e-mail cfaust@wcupa.edu.



TWO WCU NURSING GRADUATES ACHIEVE EXCELLENCE IN PATHOPHYSIOLOGY

Linda Yurkutat of Chester Springs and Dawn DeRemigio of West Chester, graduates of the Class of 2004, were the first recipients of the Elise Triano Award for "Excellence in Pathophysiology." The students were chosen because they were the only two in a class of over 80 students to receive an A in the course they took from the late Dr. Elise Triano.

Dr. Kathleen Devlin-Kelly, assistant professor of nursing, created the award with Dr. Susan Slanika, former assistant chairperson of the Department of Nursing who retired this past May. The awards were given in remembrance of Dr. Triano, who from 1985 to 2002 was a professor, assistant director, and later director of the Pre-Medical Program at WCU and taught upper-level classes in histology, animal physiology, drug interactions, and pathophysiology.

OUTSTANDING GRADUATING SENIORS RECOGNIZED AT PINNING CEREMONY

At the WCU Nursing Pinning Ceremony on Sunday, May 8 the Department of Nursing gave a number of awards to graduating seniors. Dana M. Lombardi was awarded the WCU Department of Nursing Faculty Award "in recognition of outstanding ability and exceptional commitment to professional nursing." Lombardi was the class representative to the senior level teaching team and worked to advocate for her classmates throughout the year. Joella L. Slowik and Sara Bellucci each received recognition for their outstanding leadership as members of the WCU Student Nurses' Association chapter during their years at WCU. The Chester County District 22 of the Pennsylvania State Nurses' Association provides an award each year to graduating seniors who demonstrate a commitment to professionalism and leadership. Wayne L. Jones, class of 2005, was awarded the Academic Excellence Award presented by Xi Delta Chapter of Sigma Theta Tau International Honor Society of Nursing. This award is

given to a graduating senior and STT member who has demonstrated an exceptional academic record. He also received the Dr. Elise Triano Award for Excellence in Pathophysiology for receiving the highest grade in pathophysiology.

NURSING FOUNDATION OF PENNSYLVANIA SELECTS NURSING STUDENT FROM WCU CLASS OF 2007

The Department of Nursing has announced that Meredith M. Nowlan, Class of 2007, has been selected for the Jack E. Barger, Sr., Veterans of Foreign Wars Scholarship by the Nursing Foundation of Pennsylvania. The scholarship is in the amount of \$1,000 in memory of the late Jack E. Barger, Sr., and is awarded to a nursing student who meets the following criteria: The student must be a veteran/active duty military, or the son or daughter or spouse of a veteran/active duty military; a resident of Pennsylvania; and must attend the VFW Convention to accept the scholarship award. This is the second time a WCU nursing student has been selected for this award.

SM SPORTS MEDICINE

SCHOLARSHIP NEWS

"Outstanding Senior" Scholarship Award



Phil Donley, retired faculty member and active alumni, congratulates Julie Frymyer, the 2005 winner of the "Outstanding Senior" Scholarship Award. In addition to receiving the Phil Donley Scholarship, Frymyer also received the National Athletic Trainers Association and Eastern Athletic Trainers Association Scholarship. Frymyer's future plans may include graduate school and working as a graduate assistant athletic trainer.

Douglas M. Weiss Scholarship

Three years ago we were approached by Swarthmore College students, parents, and athletes regarding the development of a scholarship to honor Doug Weiss, long-time head athletic trainer at Swarthmore. This award is given to a WCU junior majoring in athletic training who exemplifies the qualities Weiss portrayed in his many years of dedicated service. This year's recipient, Mary Beth Schray, completed her athletic training clinicals at Swarthmore College this past year.



Weiss Scholarship winner, Mary Beth Schray, received plaque from Marie Mancine, Health Athletic Trainer at Swarthmore College.

Pat Croce Scholarship

Created in 1996, the Pat Croce Scholarship is given to an incoming freshman who exemplifies the passion and enthusiasm to the profession of athletic training. This year's recipient was Stephanie Mitchell of Huntingdon Valley, Pa.

DESA CONFERENCE AT WCU PROMOTED EXERCISE TO ENHANCE QUALITY OF LIFE FOR DIABETICS

People living with diabetes can still enjoy a healthy and active life, according to the Diabetes Exercise and Sports Association (DESA). DESA promoted this belief at their 2005 conference at West Chester University on May 14. The association upheld this year's theme, "On the Move," by inviting diabetics, their families and their health care providers to come together and learn how exercise can enhance their quality of life. The conference included presentations from certified diabetes educators and various physicians on exercise, nutrition, and the newest technology in diabetes care along with an "Ask the Jocks" session featuring Olympic and professional athletes such as competitive kayaker George Mallet from *Fox Philadelphia News*. DESA is an internationally recognized organization committed to stressing exercise as a means of providing a higher quality of life for those living with diabetes. The organization was founded in 1985 and has continued to receive national and international recognition for providing a supportive network for diabetics to share experiences.

AVERAGE GPA FOR INCOMING FRESHMEN IS 3.5

The Department of Sports Medicine continues to recruit high achievers to the program with the average profile of first year students at 3.5 GPA (high school); 1150 SAT and top 20 percent in class rank. We recently completed the selection process for the B.S. in athletic training class of 2009 and are expecting 31 incoming first year students. For 2005-2006 there will be 22 juniors and 22 seniors completing clinical experiences at on-campus and off-campus sites. For more information, contact associate professor Neil Curtis at 610-436-2969 or email: ncurtis@wcupa.edu.

FACULTY GIVE BACK TO THE COMMUNITY

Carolyn Jimenez was elected to serve on the board of directors of the Diabetes Exercise and Sports Association (DESA). DESA exists to enhance the quality of life for people with diabetes through exercise and physical fitness. Dr. Jimenez just completed her third year as chair of the Department of Sports Medicine. She has a bachelor's degree in biology, and a master's degree and doctorate degree in athletic training. Her research focuses on the effects of exercise on insulin sensitivity in persons with Type 1 diabetes mellitus. For more information about DESA, contact Carolyn Jimenez at 610-436-3293 or email: cjimenez@wcupa.edu.

Sandy Fowkes-Godek has developed entrepreneurial relationships with HQ, Inc., Vivometrics, and Abbott/Ross Laboratories. A lab was recently set-up adjacent to the athletic training room to assist Fowkes-Godek in her research on heat and hydration issues confronting college and professional football players. For more information, contact Sandy Fowkes-Godek at 610-436-2342 or email: sgodek@wcupa.edu.

ALUMNI NOTES

1940's

Arthur Freiler '49

B.S. in health and physical education.

Resides: Tracy, Calif.

Retired in 1985 after 36 years of perfect attendance in Tracy School District teaching health and physical education.

In December of 2001, a new year-round elementary school in Tracy was dedicated and named the "Art Freiler School."

Wife: Charlotte. Children: Bruce, David, and Loni.

Eleanor Pengelski MacNicol '49

B.S. in health and physical education.

Resides: New London, N.J.

Taught physical education for 21 years in Chatham Township, N.J. Now works as an artist painting mostly in watercolors.

Husband: David '49 (Deceased, June 15, 2003).

Children: Stephen, Thomas, Paul, Susan and David. 1950's

1950's

Mary Lou Dinkelman '58

B.S. in health and physical education.

Resides: Drexel Hill, Pa.

Health and physical education teacher for 35 years at Drexel Hill Middle School. Also worked with mental health students with husband, owner of a photography business, for the past 34 years.

Master's degree and doctorate degrees.

Husband: Fred. Children: Scott.

Thomas Jacoby '57

B.S. in health and physical education.

Resides: Philadelphia, Pa.

Executive director, Philadelphia READS.

Master's degree, Temple University.

Wife: Adrienne. Children: Michael and Melissa.

Frank Wayne Schneider '51

B.S. in health and physical education.

Resides: Levittown, Pa.

Retired after 25 years as jet fighter pilot in U.S. Air Force. Saw combat in Korea and Vietnam. Retired in 1997 after 22 years in special education at Pennsbury High School.

Master's degree, Lehigh University. Doctorate degree, University of Colorado.

Wife: Marie. Children: Jeff and Craig.

Robert G. Zeigler '58

B.S. in health and physical education.
 Resides: New Freedom, Pa.
 Retired but still supervising student teachers in Department of Kinesiology at Towson University.
 Master's degree and doctorate degrees, Penn State University.
 Taught and coached for 37 years, 25 of which were at Towson University in Maryland. Retired 1997 and is now professor emeritus.
 Wife: Lenore. Children: Daniel, Ronald, Kenneth and Robert.
 Has 13 grandchildren.

Charles Reese '52

B.S. in health and physical education.
 Resides: Jacksonville, Fla.
 Retired in 1986. Head football coach, East Stroudsburg Warriors for seven years with a team record of 45-21-2. Team won Pennsylvania State Athletic Conference Eastern Division and tied California 28-28 in state championship.
 Professor of health education for 26 years and president of university faculty association. Now works at the University of North Florida.

Robert E. Kerper Jr. '50

B.S. in health and physical education.
 Resides: Shannondell at Valley Forge, Audubon, Pa.
 Resumed swimming in master's competition in January 2005.
 Has won eight gold medals in backstroke to date. Event times are among fastest in USA in the 80 to 84 age group.
 Elected to West Chester University Athletic Hall of Fame in 2003. Elected to Sturzebecker Foundation Hall of Fame in 2000.
 Named a "Distinguished Alumni" of WCU in 1986.
 Wife: Mary Elizabeth.

1960's

Ira Gibel '64

B.S. in health and physical education.
 Resides: Pine, Ariz.
 Retired in 1998 after 32 years at Oceanside High School in Oceanside, N.Y. as health coordinator and wrestling coach.
 Also coached football, tennis, soccer, and volleyball.
 Wife: Roz. Children: Keith and Brian.

Judith L. Sener '67

B.S. in health and physical education.
 Resides: Sacramento, Calif.
 Retired after 31 years a health and physical education teacher, Cumberland Valley School District. Certified yoga teacher.
 Master's degree in secondary counseling, Shippensburg University.
 Partner: Cindy Banta.

Vincent J. Paolone '68

B.S. in health and physical education.
 Resides: Wibraham, Mass.
 Professor of exercise physiology, Springfield College.
 Fellow, American College of Sports Medicine.
 Master's degree in education, Temple University.
 Doctorate degree in education, Temple University.
 Wife: Elizabeth '69. Children: Jeffrey and Amy.

Ronald B. Boggs '69

B.S. in health and physical education.
 Resides: New Bloomfield, Pa.
 Retired, South Middleton School District.
 Master's degree in physical education, Western Maryland State.
 Wife: Gayle. Children: Scott and Nicole.

Harvey W. Harr '68

B.S. in health and physical education.
 Resides: Caln Township, Pa.
 Retired from Octorara School District after 35 years as health and physical education and athletic director.
 President, Glenn Killinger Foundation.
 Master's degree in education '76.
 Wife: Judith '79. Children: Erik.

1970's

Anne Sourbeer Morris '70 M '79

B.S. in health and physical education.
 Resides: Coatesville, Pa.
 Transition coordinator/secondary counselor, Great Valley School District and 35 years as educator in Pennsylvania.
 Chairperson, Pennsylvania School Counselor's Association and member of Chester County Youth Council and Chester County Children and Youth Service Advisory Board.
 Elected president of WCU Alumni Association 2004-2005.
 Husband: Joseph, WCU '69 and '72.

Jeffrey E. Thomas '70

B.S. in health and physical education.
 Resides: Dallastown, Pa.
 Health and driver education teacher Chichester High School and Red Lion Area High School.
 Retired in June, 2004.
 Master's degree in driver education.
 Wife: Linda, WCU '70. Children: Tac and Nicole. Grandchildren: Olivia and Evan.

William W. Zierden '71

Resides: Culpeper, Va.
 Principal, Culpeper Middle School. Taught health and physical education for six years, administrator for 22 years.
 Master's degree in school administration, Lynchburg College.
 Wife: Sue. Children: Jeanifer, Ben and Rebekah.

Steven J. Heckler '72

B.S. in health and physical education.
 Resides: Venice, Fla.
 Retired after 30 year career in higher education, three years as faculty member, baseball coach and athletic trainer at Hamilton College in upstate NY and 27 years as director of Sports Medicine at Shippensburg University. Served as president of Pennsylvania Athletic Trainers Society. Coordinated the medical services for many events; including PIAA Championships, Pennsylvania Senior Games, Big 33 Football Classic, NCAA Regional Championships.
 Wife: Vonnice. Children: Bethany Ellen and Jennifer Marie.

Charles Schmidt '72

B.S. in health and physical education.

Resides: Newtown, Pa.

Lead teacher, health and physical education, Neshaminy School District. Professional honor award, 2002 from PSAHPERD. Outstanding Professional in Physical Education Award in 2003 from EDA and Distinguished Leadership Award in Physical Education, 2002 from NASPE. Master's degree in education, Temple University.

Thomas A. Oiler '73

B.S. in health and physical education.

Resides: Carlisle, Pa.

Physical education teacher, Northern York County School District. Wife: Wendy. Children: Jamie and Thomas. Grandchild: Emilie Beals.

Eve Atkinson '74 M '78

B.S. in health and physical education.

Resides: Bryn Mawr, Pa.

Professor and director of athletics, Cheyney University of Pennsylvania.

Doctorate degree in sports administration, Temple University.

Charles R. Frassoni '77

B.S. in health and physical education.

Resides: Ridley Park, Pa.

Wife: Karen. Children: Justin, Brenda, Eric, and Julia.

Judi Kaplan Ivins '77

B.S. in health and physical education.

Resides: West Goshen, Pa.

County of Chester, payroll department. Served as judge for WCU homecoming floats and for WCU's 30th dance production. Received 2002 chamber of commerce volunteer award for being entertainment coordinator for over 20 years.

Husband: Jon. Children: Thea and Nicole.

Edward D. McQuillin '78 M '80

B.S. in health and physical education.

Resides: West Chester, Pa.

Director of racquet sports, Wilmington Country Club. Former director U.S. Tennis Asso. Center. Former president of Tennis Association and Foundation.

Wife: Elaine. Children: Erin and Eric.

Melinda Browne Schnepf '74

B.S. in health and physical education.

Resides: Medford Lakes, N.J.

Health and physical education teacher and varsity lacrosse coach, Lenape High School.

Husband: Hank. Children: Jon, Heather, and Kurt.

Eileen Lawless Karwaski '75

B.S. in health and physical education.

Resides: Media, Pa.

Delaware County Intermediate Unit, special education teacher, Marple Newton high school. Awarded "Teacher of the Year", 2003 by Pennsylvania Council for Exceptional Children.

Master's degree, Arcadia University.

Husband: Greg.

Aram Attarian '75

B.S. in health and physical education.

Resides: Raleigh, N.C.

Associate professor, North Carolina State University department of parks, recreation, and tourism management. Received "Outstanding Teacher Award" in 2004 from College of Natural Resources and "Outstanding Teacher Award" from PRT in 2002-2003. Master's degree, Appalachian State University. Doctorate degree, University of Oregon.

Wife: Linda. Children: Adam.

Emery Cook '79

B.S. in health and physical education.

Resides: Harrisburg, Pa.

Physical education instructor, Susquehanna Township High School. 25 years as public high school teacher. Coached high school basketball for 22 years winning the Class A-3 State Boys Championship in 1997. Chosen by National Basketball Association to be a delegate to South Africa for meeting with their sports officials. Selected "Coach of the Year" four times. In 1999 received the NOBLE Distinguished Service Award given by national organization of black law executives. In 2001, received "A.I. Garner Leadership Award".

Children: Austin, Micah, and Daniel.

1980's

Arthur R. Hedgpeth '80

B.S. in health and physical education.

Resides: Maple Hill, N.C.

Disabled since 1994. Has been studying and prescribing herbs. Taught natural healing methods since 1995. Graduate as a herbologist from School of Natruel Healing in Utah.

Wife: Denise.

Karen Dollinger Mitchell '82

B.S. in nursing.

Resides: Palm Harbor, Fla.

As a registered nurse, works at Morton Plant Hospital in the wound and hyperbaric program in Clearwater, Fla.

WOCN/CT clinical manager.

Graduated from Emory University in 1992 as a certified wound ostomy and continence nurse.

Children: Austin and Tanner.

Katherine Davis '82

B.S. in health and physical education.

Resides: Ellicott City, Md.

Assistant professor, department of physical therapy and rehabilitation medicine. Currently pursuing a doctorate degree in physical therapy from University of Maryland. Speaking on use of humor in rehabilitation medicine at conference around the USA.

Bachelor's degree in physical therapy, University of Maryland.

Master's degree in physical education, University of Maryland.

Skip Gaskill '83

B.S. in health and physical education.

Resides: Woodbridge, Va.

Retired from the United States Marine Corps in July 2004 as a

Lieutenant Colonel after 21 years of active duty. Served as director of Navy/Marine Corps programs, Engineered Support Systems, Inc.

Master's degree in education.

Wife: Jamie, WCU '81. Master's degree in education WCU in 1983.

Children: Kaci, Kali, Kelsi, and Kati.

Robin Grimm Bohanan '84

B.S. in health and physical education.

B.S. in nursing.

Resides: York, Pa.

Nurse care manager, HIV/AIDS, Wellspau Health.

Husband: James. Children: Jesse, and Caleb.

Kristin Davis '87

B.S. in health and physical education.

Resides: Lancaster, Pa.

Self employed occupational therapist specializing in pediatrics.

Master's degree in occupational therapy, Towson University, 1998.

Husband: Bill.

Angela Towle Lewandowski '87

B.S. in health and physical education.

Resides: Benton Harbor, Mich.

Dental assistant.

Certified dental assistant.

Husband: Michael. Children: Matthew and Caleb.

Joanne Finegan '89

M.S. in administration.

Resides: West Chester, Pa.

Chief executive officer, Remed Recovery Care Centers.

Appointed to the International Commission on Accreditation of Rehab Facilities (CARF) board in 1997.

Bachelor's degree, Pennsylvania State University '83.

Patricia Doherty Andrews '87

B.S. in nursing.

Resides: Wilke Barre, Pa.

Nursing graduate.

Karyn Wieber Kohut '80

B.S. in nursing.

Resides: McKean, Pa.

Nursing graduate.

Barbara-Marie Mason Ballengee '83

B.S. in nursing.

Resides: Abilene, Tex.

Lieutenant Colonel, United States Air Force stationed at Dyess AFB, Texas. Served for over 17 years in outpatient clinic.

Current position is Medical Services Flight Commander and administrative position includes oversight of 75 military/civilian providers, nurses, technicians, and administrative support personnel for family practice, pediatrics, internal medicine, women's health, physical therapy, and ambulance services.

Husband: Ben. Children: Baby girl 2003.

1990's

Laura Shannon Adams '90

B.S. in communicative disorders.

Resides: Lewisburg, Pa.

Early intervention specialist for Central Susquehanna Intermediate Unit.

Master's degree in special education.

Husband: Jody. Children: Grant and Elijah.

Diane Ehrenberg Prinz '90

B.S. in health and physical education.

Resides: Georgetown, Tex.

Stay-at-home mom.

Husband: Erich. Children: Nicole and Jessica.

Gail Genovese '99

B.S. in health and physical education.

Resides: West Chester, Pa.

Health and physical education teacher, Northley Middle School, Penn Delco School District.

Pursuing master's degree in Secondary Counseling at WCU.

Eric Guzzard '99

B.S. in health and physical education.

Resides: Quakertown, Pa.

Teacher, health and physical education and graduation project coordinator, Quakertown High School.

Master's degree in school counseling.

Wife: Lauren.

Shelley Mull Scott '92

B.S. in nursing.

Resides: East Fallow Field, Pa.

Staff nurse, level 2 nursery neonatal resuscitator trainer.

Husband Randy. Children: Meghan and Emily.

Tammy Oliveria Maioriello '92

B.S. in health and physical education.

Resides: Mt. Laurel, N.J.

Homemaker.

Husband: Mark. Children: Mark and Nico.

Stacey Oswald Jennings '93

B.S. in health and physical education.

Resides: Warrington, Pa.

CMA family practice in Doylestown. Currently a homemaker.

Husband: Daniel. Children: Katie and twin boys, Sean and Jack.

Jill Macniven Armstrong '93

B.S. in nursing.

Resides: Sparta, N.J.

Nurse, Morristown Memorial Hospital, clinical nurse III Cardiothoracic Care Unit. Received Medical Surgical Certification in 2004.

Husband: Christopher. Children: Grace, Charlie, and Kelly.

Stacey Brower Gilroy '94

B.S. in nursing.

Resides: Springfield, Pa.

Nurse in labor and delivery, Bryn Mawr Hospital certified in inpatient obstetrics.

Husband: Michael.

Michael D. Green '94

B.S. in health and physical education.

Resides: Reading, Pa.

Teacher health and physical education, Daniel Boone High School. Named "Berks County Girls Basketball Coach of the Year." Listed in *Who's Who of American High School Educators*.

Wife: Bobbi Jo. Children: Jaden.

Kathleen Hoegel Capro '94

B.S. in nursing.

Resides: Elberon, N.J.

Family nurse practitioner, Shore Medical Specialties. First nurse practitioner to attain privileges at Kimbell Medical Center.

Master's degree in nursing, Monmouth University.

Husband: Scott. Children: Emma, Andrew, and Thomas.

David L. Madden '95

B.S. in health and physical education.

Resides: Oxford, Pa.

Principal of Oxford High School, 2004–2005. Former principal of Octorara High School. Former teacher and coach of field hockey, wrestling and softball.

Master's degree, Wilmington College.

Wife: Jennifer, WCU '94. Children: Jaylee and Joseph.

Lynn Hinkle Crumbling '95

B.S. in communicative disorders.

Resides: York, Pa.

Speech language pathologist Gettysburg Hospital.

Master's degree in speech pathology.

Husband: Jason. Children: Emily.

Sondra Sipple Flynn '95

B.S. in health and physical education.

Resides: Odessa, Del.

Physical education teacher, Appoguinimink School District.

Husband: Jason.

Jill Beck Ruth '96

B.S. in communicative disorders.

Resides: Thorndale, Pa.

Speech and language therapist, North Penn High School.

Master's degree, St. Joseph's University. Certified as reading specialist, special education, elementary education and speech education.

Husband: Eric.

Heather Wagner Verone '97

B.S. in health.

Resides: Deptford, N.J.

Respiratory therapist.

Husband: Gino. Children: Jordan Elizabeth.

Kim Artzerounian Conroy '99

B.S. in health and physical education.

Resides: Downingtown, Pa.

Teacher, health and physical education, Kennett Consolidated School District.

Master's degree WCU.

Husband: Thomas.

Christopher J. Farnsworth '99

B.S. in health and physical education.

Resides: Drexel Hill, Pa.

Certified occupational therapist.

Associate degree, Delaware Community College '86. Associate degree, Harcum College '98.

Tricia Weber Fosse '96

B.S. in nursing.

Resides: Martinsville, N.J.

Works at OrthoMcNeil, a Johnson and Johnson Company, in the Medical Information Department.

Husband: Jeff.

Karen Mastrippolito '99

B.S. in nursing.

Resides: Avondale, Pa.

Nurse in Department of Nursing, University of Delaware.

Kristen Gilbert Osorio '98

B.S. in health and physical education.

Resides: Reading, Pa.

Husband: Luis. Children: Kaitlyn.

2000's**Joseph P. Car '00**

B.S. in health and physical education.

Resides: Hamerton, N.J.

Physical therapist and personal trainer.

Working on master's and doctorate degrees in physical therapy.

Melissa Ann Panunzio '01

B.S. in communicative disorders.

Resides: Peckville, Pa.

Genesis Rehabilitation Services and speech therapist at a nursing home.

Master's degree in speech and language pathology, Marywood University.

Lory Ann Piergrossi '02

B.S. in health and physical education.

Resides: Kennett Square, Pa.

Teacher of physical education, Avon Grove School District.

Works in summer for the Philadelphia Partnership for Rising Juniors, an experimental education college prep program for inner-city students in Philadelphia.

Stephanie Milazzo '03

B.S. in health and physical education.

Resides: New Windsor, N.Y.

Assistant athletic trainer, United States Military Academy at West Point.

Master's degree, University of Connecticut.

Alexander M. Searle '04

B.S. in health and physical education.

Resides: Gainesville, Fla.

Master's degree in sports management, University of Florida.



WCU College of Health Sciences Alumni Update Form

Please Type or Print

Today's Date _____

Graduation Date _____

Degree _____

Name at Graduation _____

Current Name _____

Birthdate _____

Street Address _____

City _____

State _____ Zip Code _____

New Address? Yes

(Area Code) Telephone Number _____

E-mail _____

May we print your email address in future alumni notes.

Yes No

Employer and Position/Title

Additional Degrees:

Information on Spouse (WCU grad?)

Spouse's name:

Children (WCU students/grads?)

Please provide names of children.

News about yourself or other updates for "The Pulse" readers:

Please also provide any information you may have concerning "missing" alumni that we may not know about. Thank you!

What topics would you like to know more about in future issues of The Pulse?

Send to: Office of the Dean, College of Health Sciences, West Chester University, West Chester, PA 19383

CONGRATULATIONS TO COLLEGE OF HEALTH SCIENCES ALUMNI

Dr. Bonnie McKendry Nye, M.D. is a 1975 graduate of WCU with a degree in health education and did work in pre-med. She went on to the University of Pennsylvania for her medical degree. She received the award for the outstanding primary care student at Penn. She then went on to Reading Hospital and did her internship in internal medicine and was retained by the hospital to be their assistant director of medicine. She stayed there for ten years and was recruited five years ago by Children's Hospital to head up and develop a new program in sports medicine. She was named by *Main Line Today* as one of the top pediatric medicine specialists in the region. She was named in pediatric specialists/adolescent medicine and in orthopedic surgery sports medicine.

Harry Plichta, a 2003 graduate, with a master's degree in health and physical education, is teaching at Eastern University in St. Davids, Pa. He teaches tae kwon do, tai chi, self-defense, and hiking/orienteering. He also has begun to teach "world fencing" which is his own concoction of foil fencing with an introduction to kendo, Japanese fencing, and Chinese wushu saber, all sports using a sword. He has been invited to be a guest instructor at the Physical Education College in Bangkok, Thailand.

Joseph B. Myers, Ph.D. A.T.C., a 1996 graduate, with a bachelors and master degree in athletic training and sports medicine, is building a promising career in shoulder injury research on a clear and simple goal: preventing injury. As the recipient of the 2005 Freddie H. Fu, M.D., New Investigator Award, Dr. Myers will share his findings from work conducted at the University of Pittsburgh's Neuromuscular Research Laboratory.

"I've found my place in academics, in teaching and research," said Dr. Myers an assistant professor in sports medicine (School of Health and Rehabilitation Sciences) and assistant professor in orthopedic surgery (School of Medicine) at the University of Pittsburgh. He coordinates graduate education in sports medicine and is an associate director of the Neuromuscular Research Laboratory housed within the Department of Orthopedic Surgery.

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