



THE PULSE

The College of Health Sciences Fall 2010

Athletic Training's 40th Anniversary and Alumni Events

A little over a year ago, Phil Donley came to Dean Don Barr with an idea to mark the 40th anniversary of athletic training education at West Chester University. Little did we know at the time what that idea would spawn: two reunion events in June, a new scholarship in honor of a much-loved professor, and a newly published history of WCU's athletic training programs.

Encouraged by an alumni survey showing support for attending a campus reunion to be held one day before the start of the National Athletic Trainers Association annual conference in Philadelphia this past June, Barr and Donley began planning in earnest, with the help of sports medicine faculty members Dr. Scott Heinerichs and Dr. Katherine Morrison, along with Katherine Fritz, development director. And the results? Between 400 and 500 alumni and friends visited us on two different days in June, first at a June 21 event held at Sturzebecker Health Sciences Center, and again three days later at an alumni reception at the Fieldhouse Bar & Grill, around the corner from the NATA convention site in Center City Philadelphia.

A silent auction and raffle of sports memorabilia raised nearly \$2,300 for the newly created Brad Taylor Athletic Training Scholarship Endowment. Adding that to generous donations from alumni and friends, we have raised close to \$8,500 toward the \$15,000 we need to endow the fund--and are pressing hard to surpass that goal this fiscal year. Many thanks to everyone who is helping us to honor Brad by providing financial aid to a deserving athletic training student.

The June 21 celebration at Sturzebecker HSC was marked by a remarkable group of 12 speakers that Donley recruited to address the large and attentive crowd on different career paths in athletic training:

- Vincent Hudson '83, ATC, Ph.D., D.P.T., M.B.A., COO, Orthopaedic Associates of Allentown, PA. "Roles of PTs/ATCs/PTAs in a Large Sports Medicine Practice."
- Matthew Hay '94, ATC, P.A., 3B Orthopaedic Practice, Philadelphia, PA. "ATCs Turned Physician Assistants."
- Eric Sugarman '91, ATC, head athletic trainer, Minnesota Vikings. "Life in Professional Football."
- Kevin Guskiewicz '89, ATC, Ph.D., chair, Health and Physical Education Department, North Carolina University. "Research in Athletic Training."
- Rose Schmiege '85, ATC, Ph.D., director, Athletic Training Education, Shenandoah University, Winchester, VA. "Challenges for Entry Level Athletic Training Education."
- Todd Snyder '78, ATC, M.S., former USTA athletic trainer, former personal athletic trainer for Pete Sampras. "Building Opportunities in Professional Sports."
- John Davis '79, ATC, M.S., head athletic trainer, Montclair State University, Montclair, NJ. "Life in a Small State-Supported University."
- John Erb '84, ATC, L.A.T., M.S., Providence Day School, private high schools in Charlotte, NC "Life as an ATC in a Private High School."
- Michael A. Gorman '95 ATC, D.C., C.S.C.S., applied kinesiologist, Gorman Optimal Health Solutions, Fairless Hills, PA

continued on page 14



Phil Donley



Brad Taylor

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Message from the Dean



Once again, greetings to all alumni and friends of the College of Health Sciences at West Chester University. This is another very exciting issue of *The Pulse*. In this issue you will find the latest information on our programs, faculty, students, and alumni.

The celebration of the 40th year of athletic training education that is reported on in this issue was very special. The planning committee included Katie Fritz, Phil Donley, and Drs. Morrison and Heinerichs from the department, who all did a wonderful job with this event. Phil Donley was recognized at the celebration, and a plaque with his photograph now hangs in the athletic training room. In addition, Phil wrote a really interesting book on the history of athletic training at WCU. Please feel free to contact Katie Fritz if you would like to purchase a copy.

Our annual Integrative Health Conference for 2011 has the theme of integrative health coaching. As you can see

below, Dick Vermeil will kick off the event with a keynote address that will draw the connection between being a very successful NFL coach and being an effective health coach. The conference on Saturday will explore approaches and trends in this important emerging field of health care. We hope that you can attend!

We continue to use electronic mechanisms as the primary vehicle for distributing *The Pulse*. Feedback from you regarding this distribution strategy has been largely positive. However, we are still glad to mail you a copy the old fashioned way if that is what you prefer. Please just contact us if you'd like us to do so.

Many of you continue to make generous contributions to the College and our various programs. Thank you! Our alumni support continues to increase, but I know we can do better. Even small gifts count and help us receive larger gifts from individuals, foundations, and corporations.

Please continue to contact us if you have ideas for future editions of *The Pulse*, and continue to stay in touch with us!

Warmest regards,
Donald E. Barr, Ph.D.
Dean

Sturzebecker Hall of Fame 2011



On October 23 four alumni were inducted into the Russell L. Sturzebecker Hall of Fame: **Richard P. Borkowski '59**, **D. Marian Franck '58**, **David Holveck '68**, and **Jan Stephen Tecklin '69**. The program highlight this year was a DVD of an interview session with the inductees sharing their experiences at WCU, which was a big hit with all attendees. Also shown was a short video of an interview with Russell L. Sturzebecker in 1994 discussing how and why he came to WCU. Emlyn Jones, former chair of the Department of Kinesiology, is working with the WCU Media Center to collate all of these interviews for us to enjoy next year. If you would like a copy of this year's inductees' DVD, please contact Deb Murray at 610-738-0411 for purchase information.

Calendar of Events

• 12th Integrative Health Conference Integrative Health Coaching: A Supportive Relationship for Optimal Wellness

Come and join us for the 12th Integrative Health Conference, open to anyone interested in learning how to put healthy lifestyle changes into practice. This year's



conference theme is "Integrative Health Coaching: A Supportive Relationship for Optimal Wellness." Explore what an integrative health coach does, how to work with one and the benefits of this new relationship in integrative medicine. Friday evening includes an exciting keynote address by Dick Vermeil, former head coach for the Philadelphia Eagles.

Saturday morning offers either a general audience program or a health care provider continuing education program. CME's will be offered and approval is pending for contact hours for nurses and other health/education providers. Registration and information at 610-436-6931 or cfaust@wcupa.edu and on the web at www.wcupa.edu/integrativehealthconference

College News

Third Annual College of Health Sciences Career Fair took place on October 14 in the Russell Sturzebecker Health Sciences Center gymnasium. We had 16 organizations attend the fair along with the WCU Twardowski Career Development Office and several CHS organizations such as Student Dietetic Association and Sigma Theta Tau. We also had signups for the Arthritis Foundation's Jingle Bell Run for the WCU-CHS team. Some of the vendors included Aspiring Champions, Bayada Nurses, Bellingham & Park Lane Rehab, Main Line Health, Vertex Fitness Personal Training, just to name a few. The event was well attended by students, and we look forward to next year's fair. For information, contact Deb Murray at 610-738-0411 or dmurray@wcupa.edu.

New Faculty

Lisa Doherty is an assistant professor in the Department of Nursing. She earned her B.S.N. from Hawaii Pacific University and her B.S. in liberal studies and M.S.N. in community health from WCU. She is currently a doctoral student in health care education and adult education at Nova Southeastern University, Fort Lauderdale, Florida. Professor Doherty has taught and served as an adviser at WCU since 2000. She also brings clinical and classroom teaching experience from Harcum College, Neumann University, and Delaware Technical and Community College. Her extensive nursing background includes serving on the medical/surgical nursing staff of the Crozer-Keystone Health System, as a medical/surgical agency Nurse for Nurses 24/7, as a visiting home care/hospice nurse for Southern Chester County Home Services, and as a nurse for Camp Towanda in Honesdale, Pennsylvania.

Christine Karpinski is an instructor in the Department of Health. She earned her B.S. in exercise physiology from WCU and her M.A. in nutrition education from Immaculata University. She is currently completing her dissertation for her Ph.D. in health science-nutrition at the University of Medicine and Dentistry of New Jersey. Professor Karpinski is a licensed dietitian-nutritionist and a registered dietitian. She is the owner of Nutrition Edge Inc. and has served as a WCU adjunct professor since 1999. In 2008, she was the recipient of the WCU Honors College Outstanding Faculty Award. In addition, she was a consultant for Immaculata University's exercise physiology curriculum; served as a facility manager, dietitian, and personal trainer for Body Zone; and was a facility and program manager for the Montgomery Center for Health and Fitness. Professor Karpinski has several scholarly publications and presentations to her credit.

Wendy Ann Mortimer joins the Department of Nursing as an assistant professor. Currently a doctoral student at the University of Wisconsin-Milwaukee, she earned her B.S.N. from Widener University and M.S.N. from Villanova University. Before joining the WCU faculty, Professor Mortimer was a certified adult

nurse practitioner for Lehigh Valley Health Network's HealthWorks and a nursing instructor for the Reading Hospital School of Health Sciences nursing program. Among her other extensive experience, she has served as a certified adult nurse practitioner in pain management for the Albert Einstein Medical Center and has been an operating-room charge nurse and staff R.N. for the Crozer-Chester Medical Center

Gina Pazzaglia is an assistant professor in the Department of Health. She earned a B.S. in nutrition from the Pennsylvania State University, M.S. in nutrition from Syracuse University, and Ph.D. in nutrition from Penn State. Her dissertation examines food in the movies. Dr. Pazzaglia is also completing a Ph.D. in education from Arizona State University. Among her extensive experience, she has been a nutrition consultant in private practice through the Great Valley Cardiology Lipid and Coronary Disease Risk Prevention Clinic in Scranton, PA, directed the Marywood University (Scranton) Department of Nutrition and Dietetics didactic program, and taught at the University of Scranton, Marywood University, Penn State Worthington-Scranton, and Penn State Harrisburg. She also has several publications to her credit.

Marcia Welsh joins as an assistant professor in the Department of Nursing. She earned her B.S. in health and physical education and B.S.N. from WCU, her M.S.N. from the University of Pennsylvania, and her master of jurisprudence health law and doctor of laws from the Widener University School of Law. Dr. Welsh's extensive experience includes serving on the faculty of the University of Delaware and the University of Pennsylvania, serving as a nurse-midwife for Project Salud, and directing Chester County Ob/Gyn Nurse-Midwifery Services—the first midwifery program in Chester County. She has also participated as an expert in cultural competency and Latino health issues for the WCU Department of Health program in Guanajuato, Mexico. Among her scholarly publications and presentations, she was a co-presenter for the session "Using Simulation to Improve Patient Safety: A Model for Midwifery Education and Safety" at Trinity College, University of Dublin, 10th Annual Interdisciplinary Research Conference.

Communicative Disorders

The Department of Communicative Disorders and our local chapter of the National Student Speech Language Hearing Association (NSSLHA) held the Fourth Annual Professional Conference Series on April 16 at WCU's Graduate Business Center. The conference was developed with three goals in mind: 1) To offer affordable continuing education credits to area professionals; 2) To provide WCU students an experience organizing and running a professional conference; 3) To provide possible employment opportunities for our graduate students. The topic of the conference was "Augmenting Communication with Speech Output Technologies" with Amy Goldman, Carrie Kane, and Robert O'Gurek as featured speakers. The conference includes a career fair that featured 15 vendors.

Communicative Disorders continued

• WCU Speech and Hearing Clinic –

The West Chester University Speech and Hearing Clinic is currently accepting day and evening appointments. The clinic offers therapy and diagnostic services (including hearing testing) for children and adults with speech, language, and/or hearing disorders. Fees for speech-language and hearing evaluation and intervention services are waived for all WCU students, active and retired faculty and staff members, and Pennsylvania residents who are 70 years old or older. Fees are reduced by 50 percent for immediate family members of active and retired faculty and staff members as well as WCU alumni. Please call Brandes Winters for an appointment at 610-436-3402. Those interested may also contact the clinic director, Dr. Jennifer Means, at 610-436-3447 for additional information or visit the website at <http://health-sciences.wcupa.edu/commdisorder/clinic.asp>



About 40 alumni and friends of the Communicative Disorders Department attended the WCU alumni reception during the American Speech and Hearing Association national conference at the Philadelphia Marriott on Nov. 19. Among those attending were faculty members Drs. Patricia Swasey-Washington (seated, left) and Cheryl Gunter (seated, center), alumni Jody Weaver (left, rear) and Robin VanPelt-Wilson (center, rear), and graduate students Courtney Rich (right, rear) and Kathleen Morton (seated, right).

Health

Walk Against Hunger

On April 10, community nutrition students and members of the WCU Student Dietetic Association (SDA) participated in the Greater Philadelphia Walk Against Hunger. The students, along with Mary Beth Gilboy, professor of health, and the SDA members with moderator Regina Subach, instructor of health, organized the group of 70 for the 5K walk in Philadelphia. Donald Barr, dean of the College of Health Sciences, along with his wife, Pam, accompanied the group on the walk. From various fundraising events, the West Chester team donated \$1,000 to the West Chester Food Pantry.



Pam Barr, Regina Subach, Don Barr and Mary Beth Gilroy

Nutrition Majors Feed Campers at Camp Abilities

While most students were on the beach Memorial Day weekend, 15 WCU nutrition students were cooking up a storm for the campers and staff of Camp Abilities. The students worked together with 45 kinesiology and nursing students and 10 alumni to provide visually impaired students a weekend filled with activities, education, and fun. It also gave our students an opportunity to interact with and understand individuals with various learning styles.

With 26 campers and 50 staff members, the nutrition students were kept busy providing three meals a day along with snacks that included homemade pasta and black bean brownies. The majority of ingredients for the meals and snacks were supplied with funding through private, public, and corporate donations, which were solicited by students. This allowed our students to network with potential employers and future colleagues.

Center for Healthy Schools

The West Chester University College of Health Sciences announces a new initiative: the Center for Health Schools, to promote and support health, learning, and academic success for children and adolescents in Pennsylvania schools and communities. The vision is to improve and promote the health and academic achievement of children and adolescents through the coordinated infrastructure of a health-promoting school, community, and family environment. The center

Health continued

recognizes that health and learning are inextricably intertwined, and research in the fields of health and education present a compelling case for the role health plays in closing the education achievement gap. The center will assist schools and community prevention partners through professional development opportunities, research, advocacy, and networking. Please contact Dr. Bethann Cinelli, director of the Center for Healthy Schools, if you would like additional information at bcinelli@wcupa.edu.

WCU Signs Articulation Agreement with Good Fellowship

In August, the Department of Health signed an articulation agreement with Good Fellowship Training Institute (GFTI), which has been providing quality EMT and paramedic training programs since 2005. Through its affiliation with WCU, GFTI graduates receive 12 credits for EMT and 45 credits for paramedic training that can apply to the B.S. degree in health science general.



GFTI has been a premiere emergency management service (EMS) training facility in Chester County, enrolling students from surrounding counties and the state of Delaware. However, GFTI regularly gets applicants from other states, the Bahamas, Great Britain, and even Africa through its online enrollment initiative.

GFTI has state-of-the-art equipment, including the latest technology in cardiac monitoring devices, advanced airway care, and a simulation center, featuring a SimMan mannequin for students to practice advanced skills in a safe clinical environment. Simulations can be viewed remotely in real time or played back for student debriefing. The classroom space at Good Fellowship features the latest in audio/video technology and allows students and faculty to view classes, exercises, podcasts, and other AV productions. Classes and exercises are videotaped for student reviews.

Both James Brenner, professor of health and general program director for the health science B.S., and

Bill Wells, administrative director of GFTI, hope this relationship will also provide more opportunities for their respective students, including internships, applied learning experiences, and other collaborative experiences. For more information, please contact Jim Brenner at 610-436-3357 or jbrenner@wcupa.edu.

Binational Health Fair Nutrition Display

The Binational Health Fair was held October 24 in Kennett Square, PA. The health fair concluded the 10th Binational Health Week, which promoted the prevention of addictions and gang involvement among adolescents, oral health, obesity and diabetes, disabilities and Autism awareness, and access to health care.

WCU's M.P.H. nutrition track was represented by Mary Beth Gilboy, assistant professor of health and M.P.H. nutrition coordinator; Emily Smith, M.P.H. student; and Ashleigh Bonyng, Jeanette Fox, and Joanna Shealy, community nutrition students. Their colorful nutrition exhibit focused on the Health Plate Initiative from Guanajuato, Mexico, which illustrated healthy breakfasts and why it's an important meal. The presenters used recipes, activity cards and food samples of aromatic oatmeal to engage the fair's participants. Participation at the fair is a part of the Latino Nutrition Project, which is under the direction of Debra Bill and Mary Beth Gilboy, professors of health.



Kaila Smeach, MPH student, participated in the Binational Health Fair in October.

Act 48 Workshop

Fifteen K-12 teachers from Southeastern Pennsylvania and several WCU health and physical education students attended the "Teaching Strategies for Alcohol, Tobacco, and Other Drug (ATOD) Prevention," workshop, held October 8 in Sykes Student Union. Jim Brenner, associate professor of health, conducted the workshop in which teachers learned hands-on teaching activities that they can use in their classrooms when presenting ATOD prevention lessons.

Health continued

The participants each received six Act 48 credits, and their response was extremely positive with comments such as "Well planned event with great info" and "Interesting hands-on with real life situations." The College of Health Sciences regularly has faculty-



West Chester University Health and Physical Education teacher certification students Mike Marotta and Peter Weiss designed health activities with Bethann Cinelli, professor in the Department of Health, for West Chester Area School District Hillsdale Elementary School's Health Fair.

led continuing education workshops for health and educational professionals. Please check our web site regularly for upcoming educational programming, <http://health-sciences.wcupa.edu>.



Jeanie Subach, instructor of health, took members of the Student Dietetic Association to Philadelphia's Italian Market on 9th Street.

Kinesiology

New Master's Degree in Exercise and Sports Physiology

The Department of Kinesiology has restructured one of the concentrations within the M.S. program into a new stand-alone master's degree, a master of science in exercise and sports physiology. Several important benefits result from having a separate degree program, which are in line with WCU's Strategic Plan for Excellence: 1) Changing the program from a concentration to a separate degree adds prestige; 2)

The degree is more recognizable and assists students in obtaining employment; 3) The degree is more easily marketable, increasing visibility and future enrollments; 4) This action will help in obtaining national accreditation of the graduate program through the Commission on Accreditation for the Exercise Sciences (COAES). Immediate future plans include adding a concentration in sports medicine.



Fran Cleland, professor of kinesiology, represented the National Association for Sport and Physical (NASPE) at a press conference in April in Washington, DC, held by Congressman Ron Kind regarding the Fitness Integrated with Teaching (FIT) Fit Kids Act that was passed by the House of Representatives.



Kinesiology students completed their hands-on practicum at the Melmark School in Berwyn this summer.

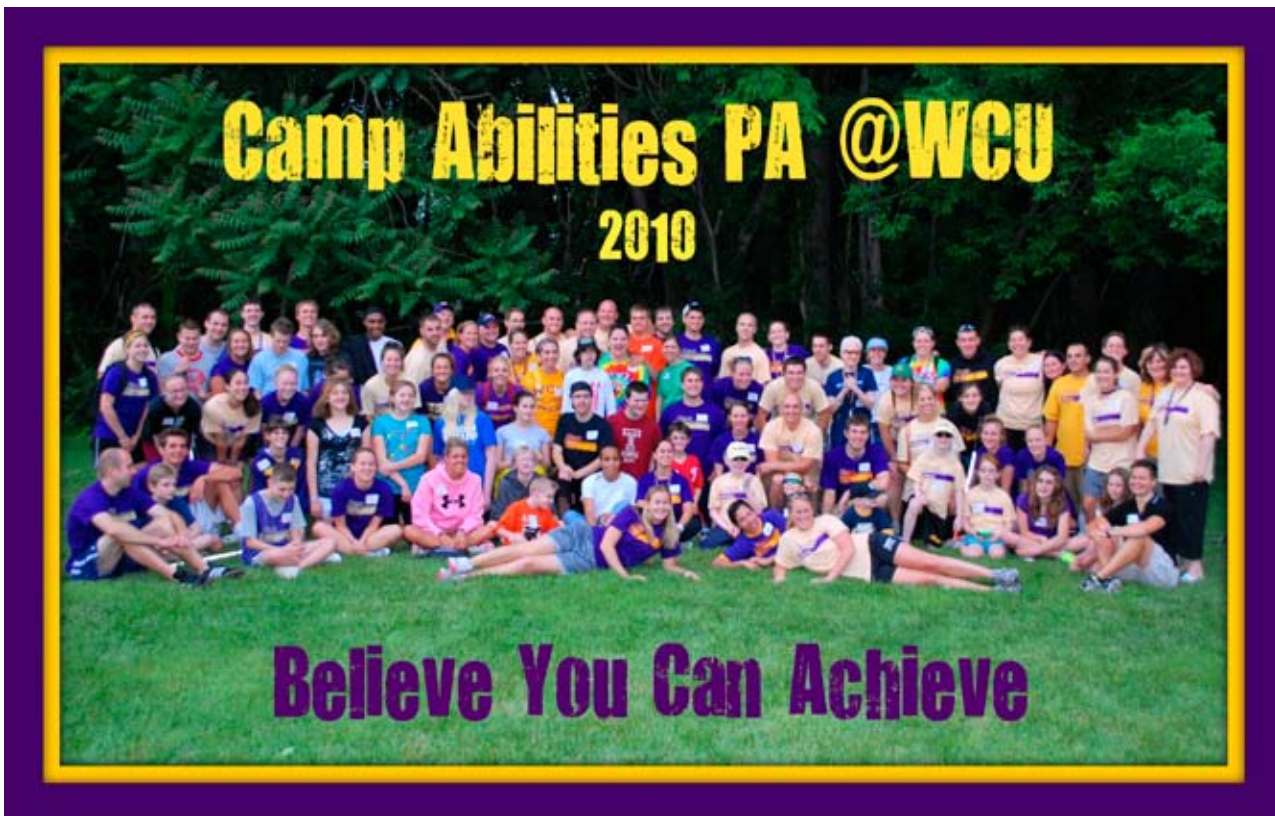
CampAbilities

WCU hosted 26 young athletes ages 7-18, with low vision or blindness on Memorial Day weekend for a residential sports camp. The camp included 20 sports specialists, 16 nutrition and 3 nursing students, and 26 individual coaches, students, or former students from the Department of Kinesiology who volunteered as mentors, teachers, and motivators to the athletes. Two members of the United States Association of Blind Athletes (USABA), Pam McGonigle and Andy Jenks, served as motivational speakers and visiting coaches. All of the young athletes became members of the USABA through a grant from that organization.

The activities included running, javelin, discus, shot putt, long jump, tandem biking, swimming, beep

baseball, goalball, adventure climbing, team building, and cooperative activities such as dance instruction and nutrition education.

CampAbilities has just completed its fifth season and is thrilled to have as its sponsors the following organizations: The Little Rock Foundation, Comcast Spectacor Foundation, USABA, SSSL Fund, Little Tower Foundation, WCU College of Health Sciences, Honey Brook Lions Club, West Goshen Lions Club, Kennett Run Charities, Pi Kappa Phi, Push America, Aramark Foods, Giant, Enzo's Italian Eatery, Fellini's Café, Kellogg's (Lancaster), Pepperidge Farm, Rita's Water Ice, Starbuck's, Trader Joe's, Wawa, Wendy's and many individual supporters.



Nursing

Remembering Mary Kline

The Department of Nursing hosted its 27th Annual Mary Kline Professional Day on October 14. The program was a huge success as students, faculty, and alumni enjoyed a presentation by Dr. Sheila Molony, assistant professor in the Yale School of Nursing, and Claire Fagin Fellow, on "Nurses, Architects, Engineers & Gerontologists: What Happens When they Get Together." The afternoon session included a College of Health Sciences Career Fair.

This annual event was different from past years since its namesake, Mary Kline, died October 9. The

department and nursing profession lost a dear friend and dedicated professional that day. Mary's career spanned over six decades beginning with her graduation from John Hopkins Hospital School of Nursing in 1946 until her retirement from WCU in 1983.

Ms. Kline was instrumental in transitioning the former public school nursing program into a B.S.N. program. She played a major role in planning the new curriculum and continued to be a valuable member of the faculty. To quote a former colleague, "Without Mary Kline's sincere and diligent assistance and support over the years, the Department of Nursing would have failed

Nursing continued

to exist.” Ms. Kline continued to attend the annual professional day and commencement pinning ceremony even after her retirement until her health prevented her from participating.

After her retirement, Ms. Kline was given professor emerita and inducted into the Sturzebecker Hall of Fame, the first from the Department of Nursing. The Mary Kline Lecture Series will continue in Ms. Kline’s honor for years to come.

Nursing Summer Day Camp

Again this year the Department of Nursing, Xi Delta Chapter of Sigma Theta Tau Honor Society, and Chester County Hospital sponsored the Nursing Summer Day Camp for 9-12 year olds. Camp activities included a tour of Chester County Hospital that covered infection control and exploration of their specialties (maternity, pediatrics, and critical care). Activities also included a scavenger hunt, team building activities, and an obstacle course. This camp is meant to facilitate a positive, realistic image of nursing and identify it as a career

choice for children before they make decisions regarding their high school curriculum. For more information, contact Chris Thomas at 610-738-0545 or Megan Mraz at 610-436-3488.



Sports Medicine

First Grads from WCU-Millersville Dual Major

Five years ago West Chester University and Millersville University collaborated on a unique double major in which students would attend Millersville and major in biology while, at the same time, major in athletic training at West Chester. With the resurrection of WCU’s summer program for athletic training students, the use of live two-way video courses MU students were able to complete the WCU athletic training curriculum. This dual-degree program gives students the flexibility to transition into other allied health opportunities such as working in physical therapy, becoming a physician’s assistant, or attending medical school.

The first dual-degree cohort graduated this past spring. Five students graduated and two others are finishing up course work. One recent graduate accepted a position at nearby Cheyney University. Another graduate plans on attending chiropractic school after spending some time with her new husband as he captains a sailing vessel in the Bahamas. Currently, there are 23 students enrolled in the program, and its rising popularity illustrates that a collaborative effort involving academics, athletics, and technology can be successful with the right institutional support.

Department of Sports Medicine Grant Recipients

Several department faculty members have obtained grant funds over the last year to assist with their

scholarly agendas.

Katie Morrison, PhD, ATC, and Sandra Fowkes Godek, PhD, ATC, were awarded \$41,956 as the primary investigators for a College of Health Sciences McNeil Grant and Provost Grant, entitled “Core Temperature and Body Mass Changes in Professional Football Players During Pre-season Practices at Multiple Training Camp Sites and in Different Environmental Conditions.” Current sports medicine instructor Dan Baer, MS, ATC, also served as an investigator for this grant. Two former alumni and faculty members Eric Sugarman MS, ATC, head athletic trainer, Minnesota Vikings, and Chris Peduzzi, MS, ATC, assistant athletic trainer, Philadelphia Eagles, were instrumental in helping this study take place at both teams’ pre-season camp sites.

Nicole Cattano, MS, ATC, was awarded two grants totaling \$13,000 as the primary investigator for a PASSHE Faculty Development Grant and Provost Grant, entitled “Effects of Intra-articular Corticosteroid Injections on Biochemical Markers of Clinically Effused Osteoarthritic Knees.” This funding will assist Nicole in her dissertation research at Temple University.

Scott Heinerichs, EdD, ATC, primary investigator, was awarded a Provost Grant totaling \$4,553 entitled “Examining the Clinical Reasoning Abilities and Uncertainties of Athletic Training Students.” This study will examine senior-level students at West Chester University, Lock Haven University, and Texas State University and their clinical-reasoning ability when given a specific format for case presentations.

Sports Medicine continued

Alumni Advisory Board

The department is looking to create an alumni advisory board this year to help make decisions regarding ways to honor distinguished alumni, assist in the planning of social events at annual meetings, and provide insight into program developments that are occurring. Current WCU faculty Carolyn Jimenez PhD, ATC, department chairperson; Katie Morrison PhD, ATC; and Scott Heinerichs EdD, ATC have agreed to serve on this board with selected alumni. We foresee a board member's term expiring every couple of years. We may be contacting you in the near future with more information and requesting your service on the initial alumni advisory board.

Athletic Training Student Chosen for iLead Conference

Senior athletic training student Alexandra Schubert was chosen to represent Pennsylvania at the upcoming iLead conference in Washington, D.C. This NATA-sponsored conference will bring together 150 selected students throughout the country focused on learning to lead the profession. It will be held in conjunction with Capital Hill Day in February. This is the second iLead conference in which students were selected through a competitive process and for the second time a West Chester University athletic training student was chosen by the Pennsylvania Athletic Trainers' Society's board of directors to attend.

ACEER 2011 Workshops

West Chester University Spring Break Workshop

May 3 – 13

Water, People, and Climate Change: Future of the Amazon Rainforest

Join the ACEER Foundation and WCU on an official sustainability delegation to the Peruvian Rainforest and the Andes Highlands (include Machu Picchu). Registration deadline: December 3, 2010

Contact: Mary Ann Robinson, mrobinson@wcupa.edu

Environmental Education: In the Amazon Rainforest and the Cloud Forest

August

Ecology and environmental studies in the rainforests and Andes of Peru, for teachers and student teachers and the adventurous. Registration deadline: May, 2011

Contact: Mary Ann Robinson, mrobinson@wcupa.edu

Botanical Medicines from the Amazon and the Andes

October 9 – 19

With optional extension to Manu Cloud Forest Canopy Walkway

October 18 – 21

An exploration of traditional and modern uses of plant based medicines from the Amazon and Andes for health promotion, symptom management and disease treatments (ACEER and ABC).

Registration deadline: August 5, 2011

Contact: Mary Ann Robinson, mrobinson@wcupa.edu

Orchids of Peru

October

Visit the northern region of Tarapoto, the citadel of Machu Picchu and the Urubamba Valley and discover the bounty of orchids in Peru. Registration deadline: August, 2011

Contact: Mary Ann Robinson, mrobinson@wcupa.edu

Faculty Updates

Eve Atkinson, professor of kinesiology, recently earned the certification of operator of aquatic facilities and is a certified pool operator by the National Swimming Pool Foundation. With Dr. Atkinson's hard work, the master of science in administration in sports and athletic administration program was upgraded to the degree of master of public administration with a graduate certificate in sport management and athletics that will include a new elective--facility, event and risk management course.

Fran Cleland, professor of kinesiology, received the 2010 Willard W. Patty Distinguished Alumni Award by the School of Health, Physical Education, and Recreation Alumni Board of Indiana University at Bloomington and the 2010 Elmer B. Cottrell Award from the Pennsylvania State Association for Health, Physical Education, Recreation and Dance.

David Delgado, professor of health, received the Volunteer PT Advocate Award at the national PT Advocacy Conference.

Robin Leonard, professor of health, volunteered for two days this past summer at the Native Vision Youth Sports Camp at the Santa Fe Indian School. This camp is for high school students from all Native American reservations in the country. There was a six-member lunch team that made 1,000 bag lunches each day for the campers, counselors, and coaches.

During the summer of 2010, **Maura Sheehan**, associate professor of health and a certified industrial hygienist, was a visiting scientist conducting research at the Office of Mine Safety and Health Research, National Institute for Occupational Safety & Health (NIOSH) in Pittsburgh, PA. Dr. Sheehan is continuing this work at WCU during the academic year. She and her colleagues at NIOSH are testing devices to improve the measurement of coal dust and diesel exhaust. These devices are needed in coal mines to better assess risks to coal miners and to aid in the evaluation of methods for reducing exposures to these dangerous air contaminants in mines.

Faculty Presentations and Publications

Brenner, James, and **Metz, Stacie**, professors of health, and **Brenner, Christine**, associate director of Sykes Student Union at WCU, presented a poster "Does More College Campus Involvement Lower Athletes' Use of Alcohol?", at the U.S. Department of Education National Meeting on Alcohol, Drug Abuse, and Violence Prevention in Higher Education in National Harbor Maryland.

Mitch Goldfarb, instructor of kinesiology, published an article in the May/June issue of PhillyFit Magazine entitled "Meditation-Shmeditation: I Wonder What's for Lunch." www.phillyfit.com.

Elizabeth Grillo, professor of communicative disorders, along with colleagues from other schools, Dr. Quincy Almeida, Dr. Tim Lee, and Dr. Katherine Verdolini Abbott, presented a poster at the North American Society for Psychology of Sport and Physical Activity, June 2010 in Tucson, Ariz., "Do Vision and Audition Influence Bimanual Timing Coordination for In-phase and Anti-phase Patterns in a Linear Slide Task?" **Dr. Grillo** also published the following:

- **Grillo, E.U.**, Verdolini Abbott, K., & Lee, T. (2010). Effects of masking noise on laryngeal resistance for breathy, normal, and pressed voice. *Journal of Speech, Language, and Hearing Research*, 53(4), 850-861 and
- **Grillo, E.U.**, Almeida, Q., Lee, T.D., & Verdolini Abbott, K. (2010). Do vision and audition influence bimanual timing coordination for in-phase and anti-phase patterns in a linear slide task? *The Open Sports Sciences Journal*, 3, 105-110.

Robin Leonard, professor of health, presented this past summer at the Indigenous Health Leadership Conference in Albuquerque, NM on "Marketing Approaches for Public Health Programs" and spent a day at the Santo Domingo Pueblo (Kewa Indian Reservation) working with pueblo gardeners on the use of natural pesticides. She also taught two sessions at the CASD Professional Development Conference in Coatesville, PA. Each session was a workshop for middle and high school teachers on the theme "Treating the Mind, Body, and Spirit: Integrative Health Options for Wellness."

Tanya J. Morgan and Sandra Walz, professors of health, have collaborated in the production and authorship of a new general health and wellness textbook entitled "Choosing Health", published by Benjamin Cummings and to be printed January 2011. Drs. Morgan and Walz co-authored chapters on nutrition and weight management. The book was created using an ultra-modern, magazine style that includes student stories, social networking tools, and a wealth of on-line resources designed to inspire students to choose a healthy lifestyle.

Faculty Presentations and Publications continued

Tanya J. Morgan, professor of health, successfully passed the certified public health exam given by the National Board of Public Health Examiners, was elected to the WCU's Faculty Senate as corresponding secretary and executive council representative for 2010-11 academic year, and received, at the Rural Liberia Children's Educational Program in June, the "Recognition of Support, Outstanding Courage, and Relentless Effort Award" and also presented at that event "The Links Between Childhood Development, Education, and Health.

Gopal Sankaran, professor of health, has been appointed as the interim assistant vice president for international programs for the period of August 2010 to June 2011. In this role, he will be providing leadership to the Center for International Programs. Dr. Sankaran was an invited panelist at the symposium organized by the Graduate Student Association at WCU on "Looking to the Future: Obtaining a Ph.D." He also organized and chaired the Business Meeting of the Global Health Connections Committee of the International Health Section at the 138th Annual Meeting of the American Public Health Association in Denver CO along with presenting the following:

- **Sankaran, G.**, and Sawhney, M. Prevention and Control of CNCDs in Costa Rica and the United States: Opportunities for International Collaboration.
- **Sankaran, G.** Building On Successes: The Future after 2015.
- **Sankaran, G.** Trafficking in women: A Cry for Social Justice.
- **Sankaran, G.** Moderator, roundtable on Invisible 'Casting Couch' in Academia.

Charles Shorten, professor of health, co-presented "Analysis of an International Service-Learning Program: Benefits of Overseas Service Learning (SL); Short-Term Study Abroad in Costa Rica" with Ana Sánchez, professor of languages and cultures, William Lalicker, department of English as part of the Congreso Internacional de Educacion Superior (International Conference on Higher Education), Heredia, Costa Rica, in March.

Student and Graduate Awards

Dhanush Mekela, student in the master's of public health program and **David Delgado**, professor of health, presented an abstract at the Pennsylvania Public Health Association Annual meeting in Harrisburg, PA.

Jitendra Patel, student in the master's of public health program and **David Delgado**, professor of health, presented at the Centers for Disease Control and Prevention Statistical Conference in Washington, DC.

Melanie Ferrick and Midori Rodriquez, students in the Department of Communicative Disorders, won the NSS-LHA ASHA essay competition and were awarded a scholarship to attend the 2010 ASHA Convention in Philadelphia.

Patricia K. Wilson '09, graduate of the M.P.H. Program, presented her independent study at the American Public Health Association in Denver, CO "Ear to Hear: A Descriptive Analysis of Hearing Health Attitudes, Beliefs, Knowledge, and Behavior Patterns of Users of Personal Stereo Systems Among College Students Aged 18-26 Years" and Ms. Wilson's 650 Project, "Geographical Impact on Food Purchasing Behaviors Among Recipients of Public Assistance: Homeless Population Residing in Shelters and Transitional Housing in Philadelphia, PA" was selected for presentation at the PA Public Health Association meeting in Harrisburg. Both projects were supervised by **Robin Leonard**, professor of health.

Bonnie McIntosh, graduate of the M.P.H. Program, received an award for most effective student poster presentation at the Society for Public Health Education 60th Annual Meeting in Philadelphia "Sexual Health Attitudes Amongst University Students." Her research was initiated in the course, Research Methods taught by **Stacie Metz**, professor of health.

Vani Nanda, a dentist and current student in the master of public health program, participated in the FDI Annual World Dental Congress at Salvador da Bahia in Brazil and presented at the event, "Oral Health Promotion in School Children of Pennsylvania" with **Gopal Sankaran**, professor of health. Drs. Vandi and Sankaran received the 2010 College of Health Sciences Student-Faculty Research Program Award for *Knowledge, Attitudes and Behaviors about Oral Health among Graduate Students*.

Alumni Notes

1950

Eli W. McLaughlin, Jr. '57, M. '62 (deceased)

B.S. Health and Physical Education
Played football at WCU. Taught health and physical education and coached men's swimming at Bloomsburg University for 25 years.

Nancy C. Fehr Bolton '57

B.S. Health and Physical Education
Resides: Schuylkill Haven, PA
Retired Schuylkill Haven Area School District Middle School health and physical education teacher.
Husband: John. Children: Susan, Amy
pahillclimber@comcast.net

1960

Craig A. Reynolds '65

B.S. Health and Physical Education; M.E.D., University of Pittsburgh
Resides: Lewisburg, PA
Retired from Bucknell University after 38 years. Served as the director of facilities, assistant athletic director, and head soccer coach. Currently is the director of facilities and assistant athletic director
Children: Tracy, Vance, and Chad
creynolds@bucknell.edu

Vincent J. Paolone '68

B.S. Health and Physical Education
Resides: Wilbraham, MA
Employed as a professor of exercise physiology at Springfield College, MA, for 22 years and was a health and physical education teacher and coach in public education for 18 years.
Vincent_paolone@spfldcol.edu

1970

Anne Sourbeer Morris '70

B.S. Health and Physical Education, '79; M.S. Secondary School Counseling
Resides: Clemmons, NC
Recently relocated to North Carolina in August 2010 and completed an Ed.D. in educational leadership from University of Phoenix, June 2011. Currently consulting with Salem College on the development of an online master's in school counseling program and is the CEO of A. Morris Consulting, LLC. This firm offers educational and business consultation and coaching to educational and corporate individuals and entities specializing in career and educational development of students and adults, making the connections between education and industry--workforce and economic development.
amorrisconsult@aol.com

Barbara Kilgour Cleghorn '71

B.S. Health and Physical Education; M.S. Drexel University
Resides: Surfside Beach, SC
Retired WCU assistant athletic director. In October 2010 competed in NEWGA golf tournament and won first place low grass.

Richard E. Mantell '71

B.S. Health and Physical Education
Resides: Jenkintown, PA
Currently retired and enjoys woodworking, gardening, and traveling. Recently built a Windsor chair and traveled to the Tuscany region of Italy and hiked the Great Wall in China.
Wife: Anita. Child: Lissa
remantell@gmail.com

William M. "Rocky" Rees '71

B.S. Health Education, M.S. '79
Retired after coaching football for 38 years at Shippensburg University with an overall career record of 154-119-2.
Child: Meghan
wmrees@ship.edu

Donald E. Spangler '71

B.S. Health and Physical Education,
Resides: Lewistown, PA
Co-owner of D & D Driving School
Child: Timothy
dspang@verizon.net

Patricia Facenda McNamar '76

B.S. Nursing, M.S.N., D.N.P. student
Resides: Kiowa, KS
Employed with the Kiowa District Hospital and Clinic as a nurse practitioner.
Husband: Jerry. Child: Matthew

Pat Scott '76

B.S. Nursing; M.S.N. University of Kansas, P.M.F.N.P.C. Pittsburg State University
Resides: Girard, KS
Employed with Girard Medical Center of Frontenac as a family nurse practitioner.
Husband: Steve. Children: Dan, Mark, Lisa, Andrew
Pat.thompson13@yahoo.com

Barry Desko '79

B.S. Health and Physical Education, M.S. Education, K-12 Principals Certification

Alumni Notes continued

Resides: Perkasio, PA
Employed with Council Rock School District as director of secondary education.
Wife: Risa. Children: Brady, Allie, Tucker
bdesko@comcast.net

1980

Elizabeth A. Claghorn Austin '80

B.S. Nursing
Resides: Palo Alto, Calif.
Employed with Lucile Packard Children's Hospital at Stanford University as a perioperative staff nurse and selected to be on the question review committee for the Certification and Credentialing Institute for Perioperative Nurses.
Children: David, Kathryn, Alexandra

Matt Roberto '80

B.S. Health and Physical Education
Resides: Bensalem, PA
Employed with the FBI, Newark Division as a special agent, principal firearms instructor and is currently stationed at Fort Dix, NJ, after 22 years in the Trenton, NJ office.
Wife: Mary Hynes. Children: Mick, Sarah, Meghan, Shannon, Sophie, Shane
Roberto2007@comcast.net

Susan L. Lewis Arday '85

B.S. Public Health, M.H.S., Johns Hopkins University Bloomberg School of Public Health
Resides: Laurel, MD
Employed with the U.S. Department of Health and Human Services and Center for Medicaid and Medicare Services (CMS). Recently received 2010 CMS Administrator's Achievement Award, and CMS/OCSQ's 2010 Employee of the Month and volunteered to give presentations regarding Medicare claims data. She has two manuscripts under review for peer-reviewed journals.
Husband: David. Children: Daniel and Nathaniel
drslarday@earthlink.net

Christine Bennett '85

B.S. Nursing; Master's in Acupuncture and Massage Therapy
Resides: West Chester, PA
Self-employed acupuncturist and massage therapist.
Husband: Michael. Children: Kate, Alison
lamallady@aol.com

Catherine L. Norris Vinson '86

B.S. Health and Physical Education/Exercise Specialist

Resides: Hugo, MN
Employed with Boston Scientific Corp. Product Analyst II/Post Market Surveillance
cathyswimvin@hotmail.com

Lauren Lieberman '87

B.S. Health and Physical Education; M.S., and Ph.D.
Resides: Brockport, NY
Employed with SUNY Brockport as a full professor and director of Camp Abilities, a sports camp for children and youth with visual impairment. Has recently published her seventh and eighth books with the American Printing House for the Blind.
Partner: Katrina
llieberm@brockport.edu

1990

Perri Zeitz Ruckart '95

B.S. Environmental Health, M.P.H. Epidemiology
Resides: Atlanta, GA
Employed with ATSDR as an epidemiologist
Husband: John. Children: Cooper and Jude
perriz@bellsouth.net

2000

Melinda Ormsbee Paul '00

B.S. Nursing, currently pursuing a master's degree
Resides: Reading, PA
Employed with the Reading Hospital and Medical Center as a neonatal ICU nurse.
Children: Elizabeth, Laura, and Sarah
Mpaul524@gmail.com

John D. Anderson '02

B.S. Kinesiology, Fitness Specialist
Resides: Altoona, PA
Owner of Real Recess Fitness
Jarecess@gmail.com

Kristin Camm '02

B.S. Athletic Training, '04; M.A.T., Education, '09; M.S. Physician Assistant Studies
Resides: Ambler, PA
Employed with the Rothman Institute as an orthopedic oncology physician assistant and for five years was an athletic trainer at two New Jersey colleges.

Shawn Fcasni '02

B.S. Athletic Training; Master's of Health Science, Nova Southeastern University
Resides: Palm Harbor, FL
Employed as the Philadelphia Phillies minor league

Alumni Notes continued

conditioning coordinator.
Wife: Shannon. Child: Brandon
sfcasni@Phillies.com

Geneva "Ginger" Covington '03

B.S. Nursing
Resides: Exton, PA
Retired after 35 years of service with the Commonwealth of Pennsylvania (21 years with West Chester University). Enjoying retirement and is involved with Habitat for Humanity in Coatesville.
gcovington@wcupa.edu

Suzanne Reilley '03

B.S. Kinesiology
Resides: Santa Monica, CA
Business owner, teaching personal trainers how to market. Enjoys rock climbing, the beach, and southern California.
Suzanne.reilley@gmail.com

Danielle Cantando Burke '05

B.S. Health Science, Nutrition and Dietetics; certified specialist in gerontological nutrition
Resides: Media, PA
Currently employed with Extendicare, Arbors at New Castle as a Nutrition Services Director
Husband: Ryan. Child: Expecting 3/30/11
Dburke929@gmail.com

Amy Finkel '05

B.S. Nutrition and Dietetics
Resides: Tampa, FL
Employed with Lakeland Regional Medical Center
Will be married in March, 2011.

Jennifer Schwenk Dorta '06

B.S. Health and Physical Education
Resides: Shillington, PA
Employed in Exeter as a physical education teacher and pursuing master's in health education from WCU.
Husband: Jason.
Js379073@wcuPAedu

Samantha Stewart '07

B.S. Kinesiology
Resides: Camp Hill, PA
Employed as a performance fitness trainer.
Smnthastew99@aol.com

Kerri Webb Whitt '08

M.P.H. Community Health; B.S. Human Services
Resides: Mount Crawford, VA

Employed with Virginia Infant and Toddler Specialist Network as an Infant and Toddler Specialist
Husband: Jesse.

Kristen Meyer Glose '08

B.S. Athletic Training
Resides: Allentown, PA
Employed as a certified athletic trainer with Coordinated Health, contracted with Moravian College. Recently married Adam Glose '08.
Husband: Adam.

Catherine Baskin '10

B.S. Health and Physical Education
Resides: Bowie, MD
Employed with the Prince George's County Public Schools as an elementary physical education teacher.
catbaskin@gmail.com

Mykal P. Zangwill '10

B.S. Health and Physical Education
Resides: Blue Bell, PA
Employed as a fifth/sixth grade health and physical education teacher and assistant boys basketball coach for Methacton School District.
mykalzangwill@yahoo.com

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"Transition from ATC to Chiropractic Medicine."

- Scott Sheridan '91, ATC, M.P.T. head athletic trainer for the Philadelphia Phillies. "Life in Professional Baseball."
- Paula Sammarone Turocy '82, ATC, Ph.D., chair, Athletic Training Education Program, Duquesne University, Pittsburgh, PA. "The Challenge for Post-Graduate Education for Certified Athletic Trainers."
- Sandra Fowkes-Godek, ATC, Ph.D., Professor of Sports Medicine, Co-Coordinator of Athletic Training Services, West Chester University. "Balancing Clinical AT, AT Education, and AT Research."

In addition, we were impressed by Phil Donley's herculean effort to write in less than six months the *WCU Athletic Training Historical Review*, which debuted at the June 21 event at Sturzebecker. Over 150 copies have been sold to date, with many alumni attending the two June events using it like a yearbook and asking fellow attendees to sign it.

Net proceeds from the book sales will benefit the Brad Taylor Scholarship, and autographed copies are still available at \$45 postage paid. Copies of the book can be ordered and direct donations to the scholarship can be made at the online reunion link, which remains available at <http://tinyurl.com/AT40WCU>, or contact Katherine Fritz at kfritz@wcupa.edu or 610-436-2280.

Alumni

Julie Freshwater received the “Student Choice Award” for Outstanding M.S./Ph.D. Student for 2010. The OSU College of Public Health Alumni Society presented the award at the graduation luncheon.



Julie Freshwater with Stanley Lemeshow, PhD, Dean of the College of Public Health at OSU, June 2010.

The Pulse is published twice a year.
Debbie Murray and Katie Fritz, editors.
View past editions at:
<http://health-sciences.wcupa.edu>

In Memoriam – WCU Faculty

Dr. Karen M. Koehler, who taught exercise science from 1987 till her retirement on medical disability in 2005. Started the first University faculty fitness program, and was active in women’s health issues throughout her career. Died Oct. 24, 2010, in Asheville, NC. Memorial contributions to the Williamson Lovelight Fund, c/o Cancer Care of WNC, 445 Biltmore Ave., Suite 100, Asheville, NC 28801, or the Animal Compassion Network, P.O. Box 1704, Skyland, NC 28776.

Mary P. Kline, R.N., B.S.N ’62, professor of nursing at West Chester for more than 10 years, and part of the team that started the Bachelor of Science in Nursing program at West Chester. WCU’s annual Mary Kline Day Lecture was established in honor of her retirement in 1983. Inducted in Sturzebecker Hall of Fame in 2004. Died Oct. 9, 2010, in Willow Valley, PA. Memorial contributions to the Mary Kline Day Lecture Series – checks made payable to the WCU Foundation (Mary Kline Lecture Series on memo line), P.O. Box 541, West Chester, PA 19381.

Dr. Elinor Z. Taylor ’43, who taught physical education and later became Dean of Students, passionate advocate for women’s athletics in the 1960s and 1970s, elected to the Pennsylvania House of Representatives in 1977, where she served until her retirement in 2006. Inducted in Sturzebecker Hall of Fame in 1997. Died July 27, 2010, in Stuart, FL. Memorial contributions to the Honorable Elinor Z. Taylor Charitable Foundation, c/o CCCF, 28 W. Market St., West Chester, PA 19382.

CHS Fundraising Update

The College of Health Sciences continued to feel the pinch of a slow economic climate in its fundraising efforts in the 2009-2010 academic year, but the highlights indicate better days are coming.

For the fourth straight year, faculty giving in the College of Health Sciences was the highest of all divisions at West Chester University! Fifty-five percent of all CHS faculty (both tenure track and adjunct) made a donation last academic year. This represents a 6% increase over the year before. The health department just squeaked by the nursing department, 63% to 62% -- and meanwhile both the kinesiology and communicative disorders departments increased their participation by double digits. This year’s campaign is off to a solid start – halfway through the year, more than half of last year’s faculty donors have already renewed their support. We will keep you posted.

We continue to challenge CHS alumni to follow the faculty’s lead in their support of the College, and we are thrilled with your response. In 09-10, CHS

alumni increased their participation by an impressive 33%, the second year in a row we have seen growth in alumni giving participation. We’d love to see that trend continue! If you haven’t thought about making a gift lately, please do so today. You can designate your gift to your department, to a scholarship or to a program, but please give. Whether \$25, \$250 or \$2,500, everything helps!

You can use the form on the back page of this newsletter to give by check, or use your credit card to give securely online at www.wcupa.edu/giving/ag_way.asp, click the link to the online giving form, designate College of Health Sciences and choose your department. For a specific fund, such as the Sturzebecker Scholarships, fill in the box marked “Specific Requests.”

If you have a question about making your gift (including support the College through your will or estate planning), contact Katherine Fritz at (610) 436-2280 or kfritz@wcupa.edu.

COLLEGE OF HEALTH SCIENCES ALUMNI UPDATE FORM

West Chester University of Pennsylvania

Please Type or Print

Today's date _____ Graduation year _____ Degree/Major _____

Name at graduation _____

Current name _____

Check box if new address, phone number or email: Birthdate _____

Street address _____

City _____ State _____ Zip code _____

Home Telephone Number () _____ Work Telephone Number () _____

E-mail _____ May we print your email address in alumni notes? Yes No

Employer and position/title _____

Additional degrees _____

Spouse's name (WCU grad?) _____

Children's names (WCU students/grad?) _____

What topics would you like to know more about in the future issues of *The Pulse*? _____

News about yourself and other updates for *The Pulse* readers _____

Yes, I/we would like to make a gift to support the College of Health Sciences!

Enclosed is my/our gift of \$_____.

Please credit my/our gift to:

Please enroll me (us) in one of the Giving Clubs below:

College of Health Sciences (area of greatest need)

University Advocates (10,000-\$24,999)

Communicative Disorders

The Ruby Jones Society (\$5,000-\$9,999)

Health

President's Associates (\$1,000-\$4,999)

Kinesiology

Carillon Club (\$250-\$499)

Nursing

Quadrangle Club (\$100-\$249)

Sports Medicine

Specific fund: _____

Please charge my gift to Visa MC AMEX Discover

_____/_____/_____/_____

Account #

Exp. Date

Security Code

(Signature confirms credit card charge)

My employee (and/or spouse's partner's) employer will match this gift. Form enclosed.

_____/_____

(My company)

(Spouse's/partner's company)

I am interested in information on wills, bequests and other deferred gifts. WCU is already included in my estate plans

You may also give online at www.wcupa.edu/giving/ag_way.asp. Select "College of Health Sciences" & choose department.

Questions about giving to CHS? Contact Katherine Fritz, Director of Development, at 610-436-2280 or kfritz@wcupa.edu

Make checks payable to: West Chester University Foundation. The fiscal year is July 1-June 30

If you would like to register for the online community, and have access to our alumni database, photos and much more go to

<http://www.alumniconnections.com/westchester>