

**B.S. PUBLIC HEALTH/HEALTH PROMOTION  
STUDENT ADVISING SHEET (Effective Spring 2010)**

**GENERAL EDUCATION – ACADEMIC FOUNDATION REQUIREMENTS (18 CREDITS)**

<u>Course</u>		<u>Credits</u>	<u>Semester Completed</u>	<u>Year Completed</u>	<u>Grade</u>
WRT120	Effective Writing	3	F S Sum	_____	_____
WRT200or 208	Critical Writing and Research	3	F S Sum	_____	_____
MAT103	Any Math course numbered 103 or higher <i>(MAT121 Statistics is recommended for students who are considering completing an MPH degree after graduation)</i>	3	F S Sum	_____	_____
SPK208 or 230 SPK 199	Public Speaking (Transferred credit also acceptable)	3	F S Sum	_____	_____
HEA110	Transcultural Health (Diverse Communities Req.)	3	F S Sum	_____	_____
ENV102	Humans and the Environ. (Interdisciplinary Req.)	3	F S Sum	_____	_____

**GENERAL EDUCATION – DISTRIBUTIVE REQUIREMENTS (18 CREDITS)**

Humanities Requirement: Two courses in two different disciplines: literature, history or philosophy (Recommended Humanities Courses: Literature-Lit165,CLS165,CLS260.CLS261;History-HIS101,102,150,151,152; Philosophy-PHI101 or PHI180)

(1)_____	3	F S Sum	_____	_____	
(2)_____	3	F S Sum	_____	_____	
Art Requirement : One course in music, art, dance, theater , photography or cinematography.					
(1)_____	3	F S Sum	_____	_____	
Free Electives Three courses of student's choice:					
(1)_____	3	F S Sum	_____	_____	
(2)_____	3	F S Sum	_____	_____	
(3)_____	3	F S Sum	_____	_____	

**PUBLIC HEALTH/HEALTH PROMOTION – COGNATE REQUIREMENTS THAT ALSO MEET GENERAL EDUCATION ACADEMIC FOUNDATION AND DISTRIBUTIVE REQUIREMENTS (13 CREDITS)**

<u>Course</u>					
PSY100	Intro. to Psychology (Gen. Ed. Behav./Soc. Science Req.)	3	F S Sum	_____	_____
SOC200	Intro. to Sociology (Gen. Ed. (Behav./Soc. Science Req.)	3	F S Sum	_____	_____
BIO100	Introduction to Biology (Gen. Ed. Science Req.)	3	F S Sum	_____	_____
CHE107	General Chem. Allied Health Sciences(Gen. Ed. Science Req)	4	F S Sum	_____	_____

**Students should complete their General Education Requirements in their first two years at WCU**

**PUBLIC HEALTH/HEALTH PROMOTION – ADDITIONAL COGNATE REQUIREMENTS (11 CREDITS)**

<u>Course</u>					
BIO259	Anatomy and Physiology I	4	F S Sum	_____	_____
BIO269	Anatomy and Physiology II	4	F S Sum	_____	_____
CSC110	Fundamentals of Computer Science	3	F S Sum	_____	_____

**PUBLIC HEALTH/HEALTH PROMOTION – MAJOR CORE COURSES (42 CREDITS)**

<u>Course</u>		<u>Semester Offered</u>	<u>Credits</u>	<u>Semester Completed</u>	<u>Year Completed</u>	<u>Required Minimum Grade</u>	<u>Grade</u>
HEA100	Dimensions of Wellness	fall/spring	3	F S Sum	_____	C	_____
HEA240	Foundations of Health	spring	3	F S Sum	_____	C	_____
HEA242	Intro. to Public/Comm. Health	fall	3	F S Sum	_____	C	_____
HEA306	Curriculum and Instruction (W course)	fall/spring	3	F S Sum	_____	C	_____
HEA330	Health Behavior	fall	3	F S Sum	_____	C	_____
HEA341	Chronic and Commun.Diseases (prereqs. BIO259, BIO269)	fall/spring	3	F S Sum	_____	C	_____
HEA342	Program Planning (W course)	spring	3	F S Sum	_____	C	_____
HEA419	Research Methods in Health	spring	3	F S Sum	_____	C	_____
HEA436	Health Care Delivery	spring	3	F S Sum	_____	C	_____
HEA420	Health Market. and Comm. (W course)	fall	3	F S Sum	_____	C	_____
HEA421	Public Health Internship (req. 2.5 cumulative GPA)	spring/summer	12	F S Sum	_____	C	_____

**GENERAL HEALTH ELECTIVES\* (18 Credits)**

	<u>Credits</u>	<u>Semester Completed</u>	<u>Year Completed</u>	<u>Required Minimum Grade</u>	<u>Grade</u>
Six health electives selected under advisement:					
(1) HEA _____	3	F S Sum	_____	C	_____
(2) HEA _____	3	F S Sum	_____	C	_____
(3) HEA _____	3	F S Sum	_____	C	_____
(4) HEA _____	3	F S Sum	_____	C	_____
(5) HEA _____	3	F S Sum	_____	C	_____
(6) HEA _____	3	F S Sum	_____	C	_____

\*With no more than six health elective credits at the HEA 100 level

\*With no more than six credits health elective credits of HEA435

**Total of 120 credits for the Public Health/Health Promotion Degree**

**IMPORTANT ADVISING INFORMATION :** Advisors are assigned to all students. Advising appointments are needed to help students make appropriate elective choices and plan for core course sequencing. Advisors meet with students during scheduled office hours or through appointments. It is important to note that advisors are not always available during the summer months and advising issues may not be resolved immediately, therefore it is important for students to schedule advising appointments during fall/spring semesters.

**Course Sequencing:** Many of the health promotion core health courses are only offered once a year. Please refer to the advising sheet for course sequencing. Students who miss a course may delay their graduation date. Please check with advisors to make sure that courses are taken in appropriate sequence.

**Writing Emphasis:** Three writing emphasis courses are offered within the core health courses (HEA306 Curriculum and Instruction, HEA342 Program Planning, and HEA420 Health Marketing and Communications).

**Course Prerequisites:** BIO259 Anatomy and Physiology I and HEA269 Anatomy and Physiology II are prerequisites for HEA341 Chronic and Communicable Diseases.

**Preparation for Internship:** HEA420 Health Marketing and Communications prepares students for internship interviews and placement. This course should be taken in the fall of the senior year before placement in spring and summer internships.

**Cumulative Grade Point Average of 2.5 – Requirement for Internship:** A cumulative GPA of 2.5 is needed before the start of internship interviews and placement (which takes place in HEA420 Health Marketing and Communications) and for HEA421 Public Health Internship. Students who do not have the required 2.5 GPA may need to take additional courses to attain the 2.5 cumulative GPA.

**Developmental Courses – O credit courses do not count as credits for the degree.** Students with developmental courses will need to make sure they do not count these credits toward the 120 credits needed for the degree. If students take all the courses listed on the Student Advising Sheet, they will obtain 120 degree credits.