



# The School of Health Sciences

SPRING 2001

## THE PULSE

### DEAN BARR APPOINTS ASSOCIATE DEAN

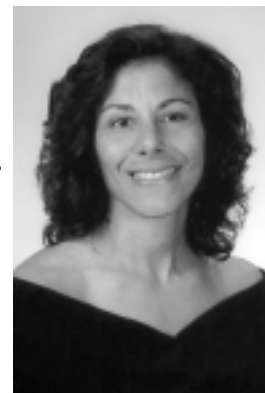
The dean has appointed Professor Ann Stowe to the position of associate dean of the School of Health Sciences with primary responsibility for advancement. Professor Stowe began her quarter-time assignment this spring and will continue next year on a half-time basis. In addition, Ann will continue to chair the department of nursing. Her principal functions as associate dean will be to work with the dean in pursuing major gifts (\$10,000 or more) from donors.

Please join all of us in congratulating Ann and thanking her for agreeing to serve in this very important capacity!



### LEPORE WINS NATIONAL AQUATICS AWARD

Dr. Monica Lepore, professor Department of Kinesiology, will receive the John K. Williams, Jr. International Adapted Aquatics Award at the International Swimming Hall of Fame in Ft. Lauderdale, Florida. This award was established to honor John K. Williams, Jr. who, despite his disability, serves as an inspiration to people throughout the world. John was named one of the Top 100 Aquatic Leaders in the United States for 1998.



The award honors an individual who has made significant and substantial contributions to the field of adapted aquatic and/or aquatics for individuals with disabilities as participant, athlete, teacher/instructor, coach, organizer, administrator, or media representative. This award was established by and is administered by the Adapted Aquatics Committee of the International Swimming Hall of Fame (ISHOF, Ft. Lauderdale, Florida).

Lepore has trained hundreds of adapted aquatic instructors and aides through the American Red Cross and other programs. She continues to work with adapted aquatics at West Chester University.

Lepore has published a text *Adapted Aquatics Programming* through Human Kinetics, which has been adopted by the YMCA and AAHPERD-AAALF as the book for the only two national credential programs in the U.S.

### KINESIOLOGY STUDENTS SHOW SPIRIT AT PSAHPERD CONVENTION

The School of Health Sciences and the Department of Kinesiology collaborated in sending 24 kinesiology students to the Pennsylvania State Association for Health, Physical Education, Recreation, and Dance convention at the Lancaster Host November 29 through December 1, 2000. The teacher certification and fitness specialist majors were either members of Phi Epsilon Kappa, the kinesiology professional honor fraternity, or were concentrating in adapted physical education at the undergraduate level. The students collaborated with Drs. Ray Zetts and Monica Lepore to prepare for the presentation.

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"The Pulse" is published twice a year.

Robert E. Kerper, Jr., editor

[http://www.wcupa.edu/\\_academics/sch\\_shs/](http://www.wcupa.edu/_academics/sch_shs/)

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# West Chester University School of Health Sciences

## FROM THE DEAN'S OFFICE:

This edition of "The Pulse" has some interesting features that I hope you will find informative and enjoyable. Included are new articles on Mary Kline Day, our new Sturzebecker Scholars, the 2000 Sturzebecker luncheon, our planned 2001 Complementary and Alternative Medicine Conference (CAM 2001), information on the international flavor of our faculty, and more. Also included are our regular features on our faculty awards and recognition, alumni notes, and other school activities.



A particularly noteworthy piece of news concerns the renovation planning and design work that is currently taking place to relocate the department of nursing to the Sturzebecker Health Sciences Center. An office suite for the nursing department faculty and staff, and a new state-of-the-art nursing laboratory will be built on the second floor of the building in space that currently houses six classrooms. In addition, six new high-tech classrooms, a vastly expanded fitness center, and a multi-use activity room will be built in underutilized areas of the ground floor of the Health Sciences Center. Work is scheduled to begin this summer. We anticipate that the nursing department will actually move into its new complex in fall 2002. The new classrooms, fitness center, and multi-use activity room should be completed sometime in fall 2001. All of these new facilities will allow us to better deliver instruction to our students.

Please feel free to contact us if you have ideas for articles to be included in future editions of "The Pulse." We hope you enjoy this latest edition!

## NURSING STUDENT TO SPEAK AT VIETNAM WOMEN'S MEMORIAL

Trish Garfolo, a senior student in the undergraduate nursing program and president of the WCU chapter of SNAP, will speak for the Women's Memorial Project for Vietnam program "In Their Own Words: Storytelling at the Vietnam Women's Memorial" on Memorial Day, May 28, 2001. Storytelling will be featured every half-hour near the site of the Vietnam Women's Memorial beginning at 9 a.m. and concluding at 4:30 p.m. Trish will focus on why the memorial is important to her and to young people, and what the Wall means to her as a student and as a nurse.

## FIVE RECEIVE STURZEBECKER SCHOLARSHIPS

Five WCU students received the 2000 Annual Sturzebecker Foundation Scholarship Awards. Janelle Miller, a senior in kinesiology was second time award winner. She is a graduate of Kutztown High School. April Gorny is a senior, majoring in nursing. She is from Hummelstown, Pa. She also has been inducted into the Nursing Honorary Society, Sigma Theta Tau. Jason Schultz is a senior in the health and physical education program and doing student teaching in the Springford Middle School. Julia Sensening is a graduate student in the school of nursing. She has three sons. Marcia Cerato is a graduate student in the health coordinator and certified trainer program. They all received their scholarships at a luncheon on October 14, 2000 at the West Chester Country Club.



*Sturzebecker Scholarship Winners, 2000. Left to right: Janelle Miller, April Gorny, Dr. Russell L. Sturzebecker, Jason Schultz, Julia Sensening, Dr. Donald Barr. Missing from photo: Marcia Cerato.*



*Sturzebecker Hall of Fame Honorees, 2000. Left to right: Tina Sloan Green '66, Robert E. Kerper, Jr. '50, Catherine C. Rush '68 and Dr. Russell L. Sturzebecker. They were inducted into the Hall of Fame at a luncheon at the West Chester Country Club on October 14, 2000.*

## INTERNATIONAL FLAVOR OF SHS FACULTY

### WCU and the University of Guanajuato

Last July, two faculty from the SHS—Debra Bill, an assistant professor of health, and Michele Tucker, an assistant professor of nursing, had the opportunity to travel to the beautiful state of Guanajuato, Mexico. The primary goal was to lay the groundwork for a student exchange program between WCU and the University of Guanajuato.



*WCU and University of Guanajuato nursing faculty.*

Trip participants traveled to Guanajuato for eight days to learn more about the culture and traditions of our Mexican neighbors. Also included were WCU students, Dr. Andrew Dinniman, director of international programs, and ten community leaders who currently work with the 10–15,000 Mexican families who live in southern Chester County. Guanajuato was chosen because the University of Guanajuato is located there, and about 90 percent of Mexicans who migrate to Chester County come from the Guanajuato region. Many of them are employed in the county's mushroom industry.

The participants met with faculty members from nursing, psychology, and educational research. They toured extraordinarily beautiful cities, churches, and historical sites. During the evenings, they tasted foods from excellent restaurants, heard symphonies and singing minstrels, and saw a comic farce at the theater.

The eight-day excursion was an exciting learning opportunity for all involved. For the students (many of whom had never traveled outside the United States), it was a time to immerse themselves in a different country with a foreign culture and learn more about our Mexican neighbors. For faculty, it was a unique opportunity to meet with University of Guanajuato faculty to lay the groundwork for an exchange student program and to explore the establishment of international cooperative ventures between institutions. For the mushroom

industry representatives, it was a chance to see the Mexican mushroom industry first-hand, and to learn more about the agriculture, economy, and business of Mexico. For the health and community representatives, it was a chance to see the homeland of our Mexican residents, as well as to observe the dynamics of family life and key social and cultural institutions.

### 2001 Trip to Guanajuato

Because the first trip was so successful, a series of educational workshops, entitled Summer 2001 in Guanajuato is being offered. The educational program is designed to provide an opportunity for teachers, school administrators, health and human service professionals, and WCU students to gain an understanding of Mexican culture, history and traditions. Three workshops are being offered. Education 589 (6 credits) from June 25–July 1 is designed for teachers, administrators, and graduate students who are interested in understanding and meeting the needs of Mexican children in the schools. Health 435/581 (3 or 6 credits) from July 2–July 8 is designed for health and human services professionals who are interested in understanding and meeting the health needs of Mexican workers and families. History 460/660 from June 25–July 1 or July 2–July 8 (3 credits) is designed for a limited number of students to do an independent project in Guanajuato. Interested students, or professionals should contact Dr. Andrew Dinniman, 610-436-3529 or e-mail [adinniman@wcupa.edu](mailto:adinniman@wcupa.edu) for a brochure, or Dr. Debra Bill for the Health Workshop HEA 435/581 at 610-436-6941 or e-mail [dbill@wcupa.edu](mailto:dbill@wcupa.edu).

### World Congress III Workshop

Dr. Debra Bill and Dr. Lynn Carson presented an Internship Management Workshop at the World Congress III of Health Professions and the Third Hispanic Congress of Health Professions in Puerto Rico on March 27–28. The World Congress III of Health Professions, in conjunction with the Third Hispanic Congress of Health Related Professions, offers a unique multicultural and multidisciplinary experience. The purpose of the conference was to promote the scientific and social exchange that will contribute to the development of new alliances which will positively impact the health and well being of communities.

### South Africa Trip

Dr. Tammy James, associate professor in the Department of Health will be traveling to South Africa this summer with the WCU Honors Program. The WCU Honors Program was selected by State System of Higher Education to serve as the host for this annual international

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experience. James, along with Professor Mit Joyner from the Department of Social Work, will team-teach a course combining in social work and health education, "Health and Social Work: An International Service Learning Approach-Blurring the Dichotomy." WCU President Madeleine Wine Adler and other faculty will also teach courses in South Africa at the same time. From May 21-27, 2001, 24 honors students from the 14 State System of Higher Education schools will attend a week of classes taught by all the involved faculty. They will travel to South Africa from May 28-June 11. While in South Africa, all will have the opportunity to meet with students at a local university, visit health clinics, spend the night at Robin Island, visit historic Victoria Falls, and more.

## Korean Relationship

The relationship between the WCU Department of Sports Medicine and Korea began in the summer of 1987 when Professor Joe Godek was asked to participate in the second part of a three-part educational program for Korean personnel who would be providing medical care for the 1988 Seoul Olympics. He returned in 1988 for the third program. During both trips Godek also lectured to the medical staff at Young Dong Severance Hospital of Yonsei University.

In 1994 the Koreans contacted Professor Godek about having one of their professors come to WCU to take our athletic training courses and to do clinical hours in preparation for the NATA certification exam. As a result, Professor EunShil Eo became the first certified athletic trainer in Korea in 1997. In 1999, Godek was invited to speak at their first International Symposium on Athletic Training. Professor Sandy Fowkes-Godek was also asked to speak. While in Korea, Fowkes-Godek and Godek met with Korean physicians and educators regarding the development of athletic training education in Korea. Additionally, Godek was again asked to conduct an in-service educational program for the medical staff at Young Dong Severance Hospital.

The Koreans asked that Mr. Kyoung Hun Kim be allowed to come to WCU for a course of study similar to that taken by Professor Eo. Mr. Kim is now completing required clinical experiences and will be taking the NATA certification exam in June. He will return to Korea in July where he will finish his master's degree. Also, while Godek and Fowkes-Godek were in Korea they met with a Korean physician, Dr. Han Soo Lee. Dr. Lee will come to WCU to become a certified athletic trainer. He will arrive with his family in May and spend two years here. Additionally, three other Korean students (all graduate students) will be attending this year's summer athletic training education program. Finally, a Korean high school graduate plans to enter WCU as an athletic training undergraduate student this fall.

For the near future, WCU will continue to be the primary educational institution for athletic training education for Korean students. Ultimately, Korea will probably develop its own accredited program of athletic training education

## Dr. Cheryl Gunter in Malta

Dr. Gunter, WCU professor of communicative disorders, presented a one-credit class, "Language and the Elderly," to students in the Division of Communication Therapy at the Institute of Health Care of the University of Malta. She also presented a seminar, "Developmental Dyspraxia," to members of the Association of Speech-Language Pathologists of Malta, and consulted with clinicians from Zammit Clapp Hospital.



*Dr. Cheryl Gunter and Dr. Helen Grech with the third-year students in the B. Sc. (Honours) curriculum in communication therapy at the University of Malta.*

## FACULTY NOTES

**Professor Katie Conroy**, Department of Nursing, passed the International Board of Lactation Consultant Examiners annual examination and is listed with a National/International Registry as a Registered Lactation Consultant.

**Dr. Monica Lepore**, Department of Kinesiology, received the 2001 Service Award from the Aquatic Council of the American Association for Active Lifestyles and Fitness.

**Dr. Roger Mustalish**, Department of Health, presented an in-service seminar on "Drug-Herb Interactions" for the medical staff of Brandywine Hospital.

**Mustalish** also negotiated on behalf of the ACEER Foundation a major transfer of land from a private landowner to the ACEER thereby creating a new conservation reserve along the Marañón River in northeastern Peru. Negotiations with private landowners and the Peruvian government will also lead to the construction of two new research stations in the Pacaya-Samiria National Reserve, a five-million acre wilderness area of global significance.

**Dr. Justine Reel**, Department of Kinesiology, had "History of Cheerleading" published in the *International Encyclopedia for Women in Sport*.

Reel will also have "Slim Enough to Swim? Weight Pressures and Body Image Concerns Among College Female Swimmers," written with D.L. Gill, published in 2001 in *The Sport Journal*.

**Dr. Charles V. Shorten**, Department of Health, was elected vice-president of the Hudson-Delaware Chapter (HDC) of the Society of Environmental Toxicology and Chemistry (January 2001). This three-year position includes the offices of vice-president (2001-2002), president (2002-2003) and past president (2003- 2004). The HDC serves eastern Pa., northern Del., all of N.J. and the southeastern corner of N.Y., including New York City.

**Dr. Maura Sheehan**, Department of Health, attended the American Industrial Hygiene Association's Tri-sectional meeting on December 1, 2000. The highlight of the day for her was having the opportunity to visit with many of our undergraduate and graduate alumni in environmental health who are working in the Pa., N.J. and N.Y. area.

**Dr. Craig Stevens**, Department of Kinesiology, hosted and participated in the USA Weightlifting Club Coach certification workshop and exam over the weekend of January 13-14. Several kinesiology students attended. All passed the exam and are certified to teach Olympic weightlifting to entry-level lifters.

**Professor Michelle Tucker**, Department of Nursing, presented a paper with others titled "Caught between Two Cultures" at the American Public Health Association Annual Meeting in Boston, Mass.

**Tucker** also conducted a workshop titled "Joining Forces: Models of Collaboration from Mississippi to Maine" at the 13th Annual East Coast Migrant Stream Forum in Philadelphia.

**Tucker** and P. Harris presented a paper titled "Meeting the Changing Health Needs of Settled Migrant Mexican Farm Workers" at the Pa. Rural Health Annual Conference in Harrisburg.

**Dr. Karin Volkwein**, Department of Kinesiology, submitted a partial manuscript of the book *Sexual Harassment in Sport—Issues, Impact and Challenges* to a publisher.

**Volkwein** also submitted a manuscript for the *German Olympic Yearbook*—a co-production with former student Lisa Kuesel titled "Body Image, Eating Disorders and Sport—A North American Perspective."

**Volkwein**, with **Dr. Gopal Sankaran** of the Department of Health, and retired Department of Kinesiology faculty member **Dale Bonsall** had their chapter "Sexual Harassment" published in the *International Encyclopedia of Women and Sports*.

**Drs. Ray Zetts** and **Monica Lepore**, both in the Department of Kinesiology, recently had an article published in *Pennsylvania Journal of HPERD* titled "Modifying Physical Activity: Adaptations and Modifications for Basketball Activities."

## 2001 SHS Faculty Recognition Awards:

Scholarship: Janet Hickman, Department of Nursing  
Sheri Melton, Department of Kinesiology

Service: Kathleen Devlin-Kelly, Department of Nursing  
Robert Nye, Department of Health  
Michele Tucker, Department of Nursing

Teaching: Debra Bill, Department of Health  
Tammy James, Department of Health

## 2001 SHS Faculty/Student Research Awards:

**Dr. Frank Fry**, Department of Kinesiology, with **Nicholas Buchanan** and **Tim Card**—"Cooperative Activities: A K-12 Curricular Model."

**Dr. Cheryl Gunter**, Department of Communicative Disorders, with **Stephanie Kays**—"The Evaluation of Students Communicative Disorders in Oral Communication Courses."

**Dr. Laurie Miller**, Department of Health, with **Danena Cahill**—"Assessing Breastfeeding Knowledge and Attitudes Among Nutrition Majors."

**Dr. Laurie Miller**, Department of Health, with **Susan Lubking**—"Food Insecurity: An Unexpected Stressor in the Undergraduate Experience."

**Prof. Gretchen Studlien-Webb**, Department of Kinesiology, with **Gina Stickney**—"Dance Production Workshop Development."

**Dr. Karin Volkwein**, Department of Kinesiology, with **Laura Moliken**—"Homophobia in Women's Sport."

**Dr. Michael Weiss**, Department of Communicative Disorders, with **Florence Bazhaw**—"Remediating /r/."

**Dr. Michael Weiss**, Department of Communicative Disorders, with **Sara Pilko**—"Perceived Pitch Differentiation."

## CHECK OUT OUR WEB PAGE

Our Web site is updated regularly in an effort to keep you abreast of the latest information on School of Health Sciences programs, events, faculty, students, and alumni. Check us out regularly to stay in the loop!

[http://www.wcupa.edu/\\_academics/sch\\_shs/](http://www.wcupa.edu/_academics/sch_shs/)

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## WCU WOMEN'S BASKETBALL TEAM PROVIDES SERVICE TO SPECIAL PHYSICAL ACTIVITY PROGRAM

On October 11, 2000, the WCU women's basketball team, led by Coach Deirdre Kane, planned and implemented an adapted basketball night for 85 community members with disabilities in conjunction with the weekly WCU Special Physical Activity Program. The 12-team members taught a variety of basketball skills to 60 children and 24 adults with disabilities who attended this weekly program. The WCU Women's Basketball team has volunteered their time and worked with the Adapted Physical Activity Program for the past five years. Their participation has become a yearly highlight for the children and adults.



*At right: A WCU player encourages a participant from "Brian's House."*



*Above: A variety of movement skills, other than ball handling are taught during basketball night.*

## MILLENNIUM CELEBRATION WCU DEPARTMENT OF NURSING

The 17th Annual Mary Kline Professional Day was held as part of the Millennium celebration for the Department of Nursing on October 19, 2000. The Mary Kline Lecture was established as a special tribute to Mary Kline, R.N., M.S.N., professor emeritus of the Department of Nursing, for her service to the University and the department. Each year the day presents a speaker on a particular issue of concern to Mary.

This year's program included a presentation by an interactive group that focused on mental health issues, a panel presentation by nurses who graduated from the WCU nursing program, a lunch that included a nursing history fashion show, and a Career Fair for nursing students.

The 2001 Mary Kline Day will be held on October 25, 2001. Mark your calendars!



*Left to right: April Gurny, Anna Purcell, Jean DeBerardinis, and Allison Bricker, participants in the Mary Kline Day Nursing History Fashion Show.*



*Left to right: Jackie Hanes, Marilyn Hoback, Kim Peach, and Alba Morell.*

## NURSING FACULTY MAKES A DIFFERENCE

October 10, 2000

Dear Friends and Mentors:

A few weeks back, I was on WCU's campus with my daughters, Em and Kate. While walking down High Street, Em said to Kate, "This was Mommy's old home." Kate dutifully nodded, and off they went to chatting about something else. Probably teen idol Britney Spears. (UGH!)

Britney aside, I was happy that Em knew WCU was my "old home". I have always felt blessed to have such wonderful memories of my college home. The memories are good and bad. There were a lot of growing pains along the way. But the good memories I carry I owe to all of you.

How does the saying go? "You can't go home again." Clearly, the architects of that phrase were not WCU nursing alums. As I age—yes, I'm on that slippery slope to 40—I realize what a gift it is to come "home" to WCU and see all of you. Whether as an adjunct faculty member, a visitor, or just to stop and say hi, I am privileged to see many of the same women who helped me to shape this happy career.

I know that on several occasions, I have told many of you what you have meant personally to my life as a nurse. Susan, Ann, Bobby, Pat, Kathy, Katie, and Robin. Your continued presence in my life is a blessing that grows with time. I thought that it was about time I shared these feelings with all of you, the women who are, on so many levels, still "home" to me.

My love and thanks,

Beth Roberts Kotarski

## CAM 2000 and 2001

Last October, 245 health care practitioners, faculty, and students joined members of the local community in a three-day conference sponsored by the School of Health Sciences. Entitled CAM 2000: Integrating Complementary and Alternative Medicine into Conventional Health Care, the conference provided evidence-based assessments of such modalities as acupuncture, botanical medicine, mind/body techniques, and yoga. The keynote address was delivered by physician and herbalist Tieroana Low Dog, M.D., from New Mexico. Presenters included physicians, nurses, and CAM practitioners from southeastern Pennsylvania, along with SHS faculty. The conference was co-directed by Dr.

Daniel Eskinazi from NIH who is a visiting professor of integrative medicine with the SHS, and Dr. Roger Mustalish, chair of the Department of Health. Support for the event came from the Office of the Dean, Rodale Press, and the Kendal-Longwood/Kendal Crosslands Communities.

CAM 2001: Reinventing Medicine—Toward a New Model of Holistic Health and Healing will be held October 5–7, 2001. Larry Dossey, M.D., best selling author and noted practitioner of holistic health will deliver the keynote address. For more information on CAM 2001, contact Dr. Roger Mistalish at 610-436-2931 or [rmustalish@wcupa.edu](mailto:rmustalish@wcupa.edu).

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## NURSING DEPARTMENT HONOR SOCIETY INDUCTION

The Department of Nursing held the induction ceremony for Sigma Theta Tau International Honor Society of Nursing on November 12, 2000. Ann Coghlan Stowe, chairperson of Department of Nursing, welcomed the audience and new inductees to this wonderful event. Katie Conroy, faculty member and recording secretary, provided a brief history of Sigma Theta Tau with a focus on the Xi Delta chapter of WCU. The major speaker for the day was Michele Lucas, R.N., M.S.N. of Bayada Nurses who shared her own professional experiences with the group. Parents, spouses, children, and friends were invited to a reception following the event.



Congratulations to the following new members of Sigma Theta Tau:

Christine Bitting, Nicole Crescenzo, Kelli Dietrich, Kelly Evans, April Gorny, Janet Kadingo, Linda Keaton, Christy McClafferty, Saoirse Owens, Amy Prazenica, Monica Wagner, Susan Yashura, Amy Crown, Julia Sparks, Kathleen Martin, and Debra Shutika.

*Sigma Theta Tau International Honor Society of Nursing inductees, November 2000. Top row: Amy Crown, Christine Bitting, Nicole Crescenzo, Janet Kadingo, Saoirse Owens, and Linda Keaton. Bottom row: Susan Yashura, Kelli Dietrich, Kelly Evans, April Gorny, Christy McClafferty, and Monica Wagner. Missing from photo: Amy Prazenica, Julia Sparks, Kathleen Martin, and Debra Shutika.*

## DANCE PRODUCTION WORKSHOP 2000—2001

Last season the Dance Production Workshop celebrated its 25th anniversary under the direction of Barbara Lappano. This year the officers of the organization decided it was time to spread their wings and take on some new challenges. A trip to Disney World was planned for spring break and on March 3, 18 members of the group and six chaperones traveled to Disney where they performed in concert on the Tomorrowland Stage in The Magic Kingdom. The dancers were also given a three-hour dance workshop with a Disney Dancer. It was a wonderful and worthwhile experience for all.



*Barbara Lappano and WCU dancers in Disney World.*

Dance Production Workshop's annual concert in April was also a huge success. This year's theme was "Express Yourself" and approximately 80 dancers performed in the show. Plans for next year include the formation of a "Traveling Troupe" that will perform off campus at school assemblies or other venues. For more information on this group contact Barbara Lappano at 610-436-2141 or e-mail at blappano@wcupa.edu.

## ALUMNI NOTES

### 1930's

#### **Florence M. Mutschler '35**

Resides: Middleburg, Pa.  
Health and physical education and biology, Watsonstown, Pa. H.S. and Warrior Run H.S. Guidance counselor degree, Bucknell University.

### 1940's

#### **Elaine Jane Beidler '43**

Resides: Perkasio, Pa.  
Retired: health and physical education teacher and coach for 35 years. Master and doctoral degrees equiv., Lehigh University.  
Daughter: Pamela Van Colt Curl.

#### **Irene LeVan '46**

Resides: Lancaster, Pa.  
Semi-retired  
Faculty member at Millersville University for 16 years.  
Owner/director private day camp for 36 years.  
Husband: Noel. Children: Louise and Sally.

#### **Henry R. Boney '48**

Resides: Reinholds, Pa.  
Retired: Pleasantville School District, health and physical education chairman. Football, basketball and baseball coach.  
Wife: Norma E. Hoffert Boney, '46.  
Son: Bob, a lawyer.

#### **George Mukalian '49**

Resides: Philadelphia, Pa.  
Retired in 1987 after 37 years as health & physical education teacher.  
Received master's degree in 1954 from Temple University.  
Wife: Varsenia—deceased, May 1998.  
Received John J. McMemamin Award for basketball officiating.

### 1950's

#### **F. Wayne Schneider (Inky) '51**

Resides: Levittown, Pa.  
Retired U.S. Air Force pilot 25 years.  
Master's degree, Lehigh University. Ph.D. degree University of Colorado. WCU Football Hall of Fame.  
Wife: Marie, Beaver College '51.

#### **Ann Shenck Dallam '52**

Resides: LaJolla, Calif.  
Retired in 1993, Cumberland Valley School, aquatic director, physical education supervisor, swim coach.  
Master's degree Western Maryland University. Pa. Swimming Hall of Fame.  
Children: Kim, William, Frank, and George.

#### **Robert W. Kinderman '52**

Resides: Reading, Pa.  
Retired: 1993, acting dean, professor education Kutztown University.  
Master's degree Western Maryland College. Doctor of Education degree, Temple University.  
Wife: Constance Cleck, '52.  
Children: Scott and Kelly; three grandchildren: Sam, Cody, and Jake.

#### **Donald F. Storey '53**

Resides: Media, Pa.  
Retired: Interbero High School, health and physical education dept. chairman.  
Master's degree, Temple University.  
Wife: Carol. Two children: Jill and Donald Jr.

#### **Janet Bickel '56**

Resides: Harleysville, Pa.  
Retired after 33 years of teaching health and physical education and 12 years as guidance counselor.  
Husband: Aylin Lagg. Four children and six grandchildren.

#### **Mary Stefancin '56**

Resides: Whitewater, Wis.  
Retired in 1989. Master's degree plus 32 post graduate credits toward Ph.D.  
Husband: Douglas. Two step-children.

#### **June J. Bush '57**

Resides: Henryville, Pa.  
Retired: professor emeritus, East Stroudsburg University.  
Master's degree Penn State University. Master's degree, Springfield College and Doctor of Physical Education Springfield College.

#### **Marie J. Salerno '57**

Resides: Pompano Beach, Fla.  
Retired sales assistant, Morgan Stanley Dean Witter Brokerage Firm.  
Husband: F. Richard Pacearoni '55; deceased, October 1996.  
Children: Richard, Joseph, Sharon, and Glenn. Eight grandchildren.

#### **Raymond D. Walters '58**

Resides: Easton, Pa.  
Retired Wilson Area H.S., Easton. Supervisor of elementary physical education 1958–1994. Master's degree East Stroudsburg University.  
Children: Jeffrey, Scott. Grandchildren: Erica and Scott.

#### **Robert G. Ziegler '58**

Resides: New Freedom, Pa.  
Retired professor emeritus Towson University after 25 years.  
Master's and doctor of education degrees, Penn. State University.  
Wife: Lenore, a registered nurse. Children: Daniel, Ronald, Kenneth, and Robert.  
Involved in starting Maryland Senior Olympics as chairman of board. Director of games for 17 years. Serving on National Board of Senior Olympics.

### 1960's

#### **Betty Lou Murphy '62**

Resides: Analomink, Pa.  
Retired: East Stroudsburg University in January 1999 after 33 years. Professor emeritus, Master's degree, East Stroudsburg University. Doctor of education, Temple University. Plays as much golf as possible. Spends winters in Venice, Fla.

#### **Harold Heffelfinger '62**

Resides: Penndel, Pa.  
Retired: 34 years as health & physical education, 29 years at Neshaminy High School, Bucks County, Pa.. Master's degree from Purdue University.  
Wife: Barbara. Two children: Donna and Ronald and three grandchildren. Serves as District One soccer chairperson.

#### **Sheila R. Worley '62**

Resides: Sterling, Col.  
Northeastern Junior College athletic director, semi retired.  
Master's degree from Colorado State University.  
Member, NJCAA Coaches Hall of Fame.

#### **Judith F. Groff '63**

Resides: Somersville, Conn.  
Asst. athletic director, softball coach, assistant professor, American International College. Master's degree from Springfield College. Named to Hall of Fame, Northeast–Agenda. Northeast Coach of the Year four times.

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## **Jane G. Goss '64**

Resides: Shippensburg, Pa.  
Retired from Shippensburg University in December 1999 as associate director of athletics.

## **Janice Johnson Karabin '66**

Deceased July 9, 1999 Greensboro, N.C.  
Two children: Jennifer and Barak.

## **Lynne A. Tyson '67**

Resides: Lancaster, Pa..  
Remarried in December of 1998.  
Works with husband, Dennis Kolb in his business, Kolb Dairy Sales Inc.

## **Barbara L. Milne '69**

Resides: Yardley, Pa..  
Golf tournament coordinator, Trenton Country Club.  
Husband: Dennis R. Milne, head PGA professional, Trenton Country Club. Children: Tracey and Andre (deceased).

## **1970's**

### **Michael Kauffman '70**

Resides: Sinking Spring, Pa.  
Physical education teacher, Governor Mifflin Middle School since 1974.  
Master's degree Midwestern University, Texas.  
PIAA baseball official for 18 years, PIAA baseball umpire for 20 years, Pa. American Legion umpire for 20 years.

### **Donald E. Spangler '71**

Resides: Lewistown, Pa.  
Teacher of physical education in Mifflin County School District since 1971.  
Master's degree Penn State University.  
Coached cross country for 25 years. Co-owner of D&D Driving School.  
Son: Tim.

### **Alray Johnson '72**

Resides: Coatesville, Pa.  
Master's degree.  
Retired teacher at Downingtown High School after 28 years.  
Founder, president (CEO) "Don't Do Dat" nonprofit organization to keep youth off drugs, alcohol, and tobacco.  
Wife: Jane.

### **Donna Sandridge '72**

Resides: Oley, Pa.  
Berks Gymnastic Academy instructor.  
Husband: Leon. Three children: Michael, Craig, and Tim. Has played on women's soccer team.

### **Jill Joyce '73**

Resides: Parkwood, Fla.

### **Janis Ramsden Orr '74**

Resides: Phoenixville, Pa.  
Taught for five years in Abington Schools. Worked for veterinarian then started advertising business. Raises horses in Chester Springs, Pa..  
Husband: Gustav. Two children: Daniel and Abigail.

### **Jeanne Harriger Ryan '76**

Resides: Lancaster, Pa.  
Health and physical education teacher Manheim Township School District.  
Master's degree, Millersville University.  
Husband: Joseph. Children: Michael and Megan.  
Jeanne's sister graduated WCU May 2000.

## **Judi Kaplan Ivins '77**

Resides: West Chester, Pa.  
Payroll account specialist, Chester County controllers office.  
Husband: Jon. Children: Thea and Nicole.  
Judi's husband's mother Helen Ivins taught at West Chester for over 30 years. Judi was oldest alumni dancer in the 25th Anniversary DFW production in April 2000.

## **Leigh Rasmussen McKean '78**

Resides: Mendham, N.J.  
Health and physical education teacher, Madison High School.  
Husband: Hugh '78.  
Three children: Jamie, Taylor, and Michael.

## **1980's**

### **Cynthia Hontz Peppernick '80**

Resides: Honey Brook, Pa.  
Retired physical education instructor at C.K. Center.  
B.S. degree in elementary education.  
Husband: James. One daughter: Jessica Lyn.  
Drives a school bus for Krapf Bus Co.

### **Pamela Glass '81**

Resides: Williamsport, Pa.  
Susquehanna Health System, senior manager, Occupational Health and Sports Medicine Services.

### **Carl E. Benson '81**

Resides: Lincoln University, Pa.  
Director of athletics and activities, Avon Grove High School since 1999.  
Master's degree equivalency.  
Wife: Heidi Lam. Children: Abigail, Britta, and Samuel.  
Coached football, wrestling and baseball.

### **Susan Kutchinsky '82**

Resides: Chester Springs, Pa.  
Master of science degree in nursing from University of Pennsylvania, May 2000.  
Prenatal nurse practitioner, Crozier Medical Center.  
Husband: Charles. Children: Kelly '99, and Nicole.

### **Joanne Belmont '83**

Resides: Lewisberry, Pa.

### **David F. Eichler '84**

Resides: Mount Joy, Pa.  
Health and physical education and outdoor instructor.  
Master's degree in health education, Penn State University '99.  
North Carolina outbound instructor. Deputy waterways conservation officer, Pennsylvania Fish and Boat Commission, 1999 "Officer of the Year."

### **Lori Wood '85**

Resides: Exton, Pa.  
Visiting nurse (part time) Jefferson Health, Malvern, Pa.  
Certified diabetes educator.  
Husband: Keith. Three children: Abigail, Emily, and Keith.

### **Celeste Rowan '85**

Resides: Marlton, N.J.  
Formerly worked as registered nurse in pediatrics.  
Associate degree in nursing, Community College of Prita.  
Husband: David. Three children: Courtney, Drew, and Maggie.

### **David Mitchel Hardy '88**

Resides: West Chester, Pa.  
Health and physical education teacher, Tredyffym/Easttown School District.

## 1990's

### **Diane Ehrenberg '90**

Resides: Georgetown, Texas  
Full-time mother.  
Husband: Eraich. Two daughters.

### **Jodi L. Helm '90**

Resides: West Lawn, Pa.  
Elementary physical educator, Conrad Weiser East Elementary.

### **VaLane Steininger '91**

Resides: York, Pa.  
Nurse practitioner, York Women's Health Center.  
Master's degree, University of Pennsylvania.  
Husband: Stefan Cravens. One child: Stefanie Alexi.

### **Jeffrey S. Moyer '93**

Resides: Schwenksville, Pa.  
Health and physical education teacher, Spring-Ford Intermediate School. Coaches soccer and track.  
Master's degree, Cabrini College. Wife: Erica.

### **William Patrick Vorsteg '93**

Resides: Towson, Md.  
Elementary physical education teacher coach, The Calvert School.  
Wife: Ann. Son: Matthew.

### **Lance Bailey '94**

Resides: N. Cape May, N.J.  
Health and physical education teacher, Lower Cape May Regional High School.  
Wife: Kim Klesh. Daughter: Madison Bernadette.  
Coaches football, girls basketball, and baseball.

### **Karen-Anne Waetge Zipp '94**

Resides: Haddonfield, N.J.  
Previously pediatric nutritionist at St. Barnabas Medical Center in N.J. Currently a physician assistant student at MCP Hahneman University.  
R.D. degree, College of St. Elizabeth.  
Husband: Christopher.

### **Brian W. Finn '94**

Resides: York, Pa.  
Director of youth ministries, First Presbyterian Church of York.  
Coached varsity and JV baseball at Springfield (Montco) High School in 1999 and 2000. Coached freshman basketball, William Tennent High School.  
Master's of Science degree in christian counseling from Philadelphia College of Bible.

### **Carole Morrison-Vogel '94**

Resides: Drexel Hill, Pa.  
Associate director of medical nutrition therapy at Crozier Chester Medical Center, adjunct professor of nutrition, Delaware Tech.  
R.D. Registered Dietician.  
Master's degree, nutrition education, Immaculata College.  
Husband: Bill '94.

### **Gregory Fantazzi '95**

Resides: Phoenixville, Pa.  
Health and physical education and drivers education instructor, Downingtown Area School District. Assistant wrestling coach at Downingtown High School.

### **Perri Zeitz '95**

Resides: Atlanta, Ga.  
Epidemiologist, Agency for Toxic Substances and Disease Registry.  
Master's degree in public health, Emory University.

### **Sean Boyle '95**

Resides: Phoenix, Ariz.  
Fun and fitness equipment consultant.  
Masters degree, WCU '97.

### **Virginia Targonski Hedges '96**

Resides: Mt. Holly, N.J.  
Supervisor of speech pathology and audiology for Virtua Health System. Virtua provides speech pathology and audiology services to adults and children in four hospitals, outpatient clinic, subacute rehabilitation centers and long term care facilities in central N.J.

### **Wendy Miller Maplehorn '96**

Resides: Lebanon City, Pa.  
Pennsylvania Rural Water Assoc. program specialist.  
Husband: Harold.

### **Celeste A. Dragwa '96**

Resides: West Chester, Pa.  
Husband: Leonard '98

### **Heather Wagner Verone '97**

Resides: Mantua, N.J.  
Respiratory therapist, Keyston Care Therapies.  
Husband: Gino.

### **Nicole M. Siler '98**

Resides: Feasterville, Pa.  
Fitness director, Newtown Athletic Club.  
Working toward Master's degree.  
Engaged to Scott, a Philadelphia police officer.

### **Laura T. Kabatt '98**

Resides: Laurel, Md.  
Mental Health Specialist, US Army. Department of Social Work, Walter Reed Army Medical Center.  
Working toward master's degree, University of Maryland.

### **Nicole Yakabowski Eisenbeil '98**

Resides: York, Pa.  
Physical education teacher, Hereford Middle School, Baltimore County Public School.  
Husband: David.

### **Elizabeth Baker '98**

Resides: West Chester, Pa.  
Employed by American Red Cross.

### **Brian Cammarota '98**

Resides: Cinnaminson, N.J.  
Minor league athletic trainer, Philadelphia Phillies organization.  
Master's degree in athletic training, Temple University.  
Wife: Suzann '97.

### **Karen Kostik '99**

Resides: Middletown, Del.  
Registered respiratory therapist, Children's Hospital of Philadelphia.  
Engaged to Jason Lodato '98.

### **Suzanne Elizabeth Mason Rockafellow '98**

Resides: Eliot, Maine  
Husband: Nathan. Daughter: Abigail.

### **Jennifer Tittle '00**

Resides: Elkton, Md.  
Wellness specialist at Health Fitness Corp.

**WCU School of Health Sciences Alumni Update Form**

**Please Type or Print**

Today's Date \_\_\_\_\_

Children (WCU students/grads?):

Graduation Date/Degree \_\_\_\_\_

Name at Graduation \_\_\_\_\_

Current Name \_\_\_\_\_

Birthdate \_\_\_\_\_

Street Address \_\_\_\_\_

News about yourself or other updates for Pulse readers:

Municipality \_\_\_\_\_

State \_\_\_\_\_ Zip Code \_\_\_\_\_

Area Code and Telephone Number \_\_\_\_\_

New Address?  Yes

Employee and Position/Title

Additional Degrees:

Please also provide any information you may have concerning "missing" alumni that we may not know about. Thank you!

Information on Spouse (WCU grad?)

Send to: Office of the Dean  
School of Health Sciences  
West Chester University  
West Chester, PA 19383



School of Health Sciences  
West Chester, PA 19383

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