



THE PULSE

The College of Health Sciences

Spring 2011

Bust of Russell L. Sturzebecker planned for Hall of Fame



The Sturzebecker Hall of Fame will feature a new addition in the near future, thanks to the generosity of Hall of Fame member Dr. James Argires '56, who is donating his time and talent as a sculptor to craft a beautiful bronze bust of Russell Sturzebecker.

When completed, this wonderful piece of art will add a new dimension to the hall, which since its establishment

in 1997, has been a prominent feature of the Sturzebecker Health Sciences Center. Sturzebecker's daughter, June Sturzebecker McKown '72, has endorsed this project, and Argires has been consulting with her to ensure that every detail is as accurate and authentic as possible.

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Kevin Guskiewicz '89 Winter Commencement Speaker

In his address to this year's mid-winter graduates, Kevin Guskiewicz, Kenan Distinguished Professor and director of the Matthew Gfeller Sport-Related Traumatic Brain Injury Research Center at the University of North Carolina at Chapel Hill, described the skepticism and challenges he and his research colleagues faced when results of their findings on head injuries were released in 2005 and 2007.

"Our four-year study identified a high probability of developing later-life cognitive impairment and depression once a player had sustained three or more concussions during his NFL career," explained Guskiewicz. "It was the last thing the NFL wanted to hear."

While the NFL aggressively attacked the researchers' findings—hiring other doctors and scientists to discredit their reports—



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Study Says - Growing the College of Health Sciences has Hugely Positive Economic Impact for the Commonwealth

Last summer the dean commissioned a study that was conducted by the WCU Center for Social and Economic Policy Research to answer the question—what economic opportunities are lost by the Commonwealth not allowing the College of Health Sciences (CHS) to grow? The results of the study were dramatic. According to the research findings, "The estimated economic statewide impact of the physical expansion of the CHS by 70,000 square feet is significant, ranging from \$25 million to \$28 million (or

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Message from the Dean



I offer my greetings from the dean's office to all alumni and friends of the College of Health Sciences at West Chester University. Once again, we have some wonderful activities and accomplishments to report in this issue of *The Pulse*.

First, please note that our annual Sturzebecker Hall of Fame brunch will be on October 29 at Penn Oaks Golf Club. Four outstanding individuals will be inducted into the Hall – Tom Fillippo '69, John P. Mather, M.D., Nancy Prickett '72, and Dr. Robert Wirag '64. In addition, all of our Sturzebecker Scholars will be recognized. This year's event will be a brunch so that attendees can also attend the Veterans Appreciation Day event planned to be held in conjunction with the home WCU/ Kutztown football game. The Hall of Fame event has really grown over the years – this will be our 15th induction ceremony. Please consider attending. We will have an update on the Sturzebecker bronze bust project at the brunch too.

We were particularly pleased to have Dr. Kevin Guskiewicz '89 as our winter commencement speaker. Kevin is doing great work at the University of North Carolina at Chapel Hill where he is a Distinguished Professor, director of the Matthew Gfeller Sport-Related Traumatic Brain Injury Research Center and chair of the department of exercise and sport science. His research on traumatic brain injury is world renowned. Kevin is a great friend and colleague of many in our college, including me. We are all very proud of Kevin's accomplishments.

Many of you continue to make generous contributions to the college and our various programs. Thank you! Our alumni support continues to increase, but I know we can do better. Even small gifts count and help us receive larger gifts from individuals, foundations, and corporations.

Please continue to contact us with ideas for future editions of *The Pulse*, and continue to stay in touch!

Warmest regards,

Donald E. Barr, Ph.D.

Dean

Dick Vermeil Keynote Speaker at the 12th Integrative Health Conference

Dick Vermeil, former head coach of the Philadelphia Eagles, was the keynote speaker at the College of Health Sciences Integrative Health Conference held at the University on March 18. His presentation was entitled "Seven Common-Sense Principles for Leadership."

Concurrent presentations for the public and clinicians were held the second day at the Graduate Business Center. A distinguished panel of experts included Steve Uhlenbrock, Erika Jackson, Joan Badya, and Jodi Hutchinson and Dr. Gerald Lemole, internationally renowned surgeon, presented on the psychology of coaching, the research verifying that coaching works, how to effectively communicate with clients, and the emerging field of integrative health coaching.



Dick Vermeil with Dr. Greg Weisenstein, president of West Chester University on the left, and Dr. Donald E. Barr, Dean of the College of Health Sciences on the right.

Calendar of Events

• Sturzebecker Hall of Fame 2012

The 15th Russell L. Sturzebecker Hall of Fame Brunch will take place Saturday, October 29 at Penn Oaks Golf Club. Our inductees include Thomas Fillippo '69, John P. Maher, M.D., Nancy Prickett '72, and Dr. Robert Wirag '64. The festivities begin at 10:30 a.m.

- Sturzebecker Student Scholars include:
 - Kacie Cummings – Dept. of Nursing
 - Abby Donnelly – Dept. of Nursing (graduate student)
 - Mandy Gerhart – Dept. of Communicative Disorders
 - Sarah Gurgal – Dept. of Kinesiology
 - Teajan Kamara – Dept. of Health
 - Philip Kasitz – Dept. of Nursing
 - Jennifer Owens – Dept. of Kinesiology
 - Elyze Polkus – Dept. of Sports Medicine

For information, contact Marge Curran 610-436-2825 or mcurran@wcupa.edu or Mary Ann Robinson at 610-738-0477 or mrobinson@wcupa.edu. Check out the website at: www.wcupa.edu/sturzebeckerhalloffame

Communicative Disorders

WCU's Department of Communicative Disorders hosted the Fifth Annual Professional Communicative Disorders Conference along with the local chapter of the National Student Speech Language Hearing Association (NSSLHA) on Friday, April 15. The topic of this year's conference was "Providing Assessment and Intervention Services to Bilingual Children: Going beyond Dominance, Standardized Tests, and English," presented by Dr. Brian A. Goldstein, Ph.D., CCC-SLP, of Temple University. Goldstein provided a dynamic and informative presentation that was well attended and highly applauded. Dr. Patricia Swasey Washington, the NSSLHA faculty adviser thanks the NSSLHA officers—Jessica Aaron, Lauren Peterson, Erin McNally, and Christine Williams—for their collaboration. Much gratitude is also extended to Cheryl Faust, Susan Argentieri, and Deb Murray, WCU staff members, whose assistance was vital to the success of the conference.



College News

• **Fourth Annual College of Health Sciences Career Fair** will take place Thursday, October 13 in the Sturzebecker Health Sciences Center gymnasium. For information, contact Mary Ann Robinson at 610-738-0477 or mrobinson@wcupa.edu.

• **Applied Mindfulness Conference: Mindfulness Meditation—Why Now?** will take place on November 11–12, 2011. The Applied Mindfulness Conference at WCU is a learning event for exploring how mindfulness meditation and other contemplative practices can be *applied* to everyday activities in order to foster health and well-being in workplaces, institutions and communities. This conference is designed for participants to engage in contemplative activities and to share their insights by participating in presentations, workshops, discussion groups, and informal ad hoc gatherings. For information and tickets, contact Mary Ann Robinson at 610-738-0477 or mrobinson@wcupa.edu. Check out the website at: www.wcupa.edu/whymindfulnessnow/

• WCU Speech and Hearing Clinic –

The West Chester University Speech and Hearing Clinic is currently accepting day and evening appointments. The clinic offers therapy and diagnostic services (including hearing testing) for children and adults with speech, language, and/or hearing disorders. Fees for speech-language and hearing evaluation and intervention services are waived for all WCU students, active and retired faculty and staff members, and Pennsylvania residents who are 70 years old or older. Fees are reduced by 50 percent for immediate family members of active and retired faculty and staff members as well as WCU alumni. Please call Brandes Winters for an appointment at 610-436-3402. Those interested may also contact the clinic director, Dr. Jennifer Means, at 610-436-3447 for additional information or visit the website at http://www.wcupa.edu/_academics/healthsciences/commdisorder/clinic.asp/.

Health

New Chair in the Department of Health

Assistant chair for the Department of Health, Dr. Bethann Cinelli assumed the duties of Department of Health chairperson on May 1, replacing Dr. Roger Mustalish who served for 12 years and recently retired. Cinelli is professor of health education and the director of the Center for Healthy Schools.

Family Life Education Goes to the Classroom

Lynne Hamleton's Family Life Education (HEA304) class provided a workshop for 65 children at Mary C. Howse Elementary School on March 29. Since the children are going into a transition year—elementary to middle school—and will experience changing and evolving friendships, this workshop was planned to help the students with these many changes. The topics included the following:

- How to start a conversation with someone you never met, but may be sitting next to in classes, the cafeteria, or on the bus—you never know when that can turn into a friendship!
- How to be a good friend—what characteristics a good friend has, and how you can make friendships last over the long term.
- How to refuse if a friend wants you to do something that you know is wrong.

- How to end a friendship that is no longer working—mutual interests have changed or you are both growing in different directions. Sometimes it is a good idea to form a new group of friends.

The overall theme was RESPECT in all relationships!



Dr. Greg Weinsentein, WCU President, meets with the new Student Dietetic Association (SDA) officers from left, Jessica Serdikoff, Ryan Carver, and Jena Woods.

Kinesiology

2010 PSAHPERD/EDA Student Leadership Conference

Students from WCU's Department of Kinesiology attended the annual event, sharing ideas and information to help them shape their careers in physical education. Linda Woods Huber, the executive director of the PSAHPERD, was happy to report that the experts in the health and physical education field, who volunteered their time and effort throughout the eventful weekend, provided future physical education specialists and leaders with vital, professional information necessary to implement positive, meaningful ideas for the health and physical activity status within various communities. Everyone

agreed that, in order to make a change, we must strive to continually be appreciative and passionate about physical education to create a vision/philosophy that benefits every child or adult, regardless of individual differences.

Students Contribute Their Time Along the Alabama Gulf Coast

During the winter break John Helion (Kinesiology) and Chuck Shorten (Health) traveled with students and colleagues from WCU, East Stroudsburg University, Rowan University and the University of Pittsburgh for a week-long service project along the Alabama Gulf Coast (photo to your right). There, work teams tackled several projects including the reconstruction of a wheelchair ramp; inventorying and cleaning donated household supplies that had been damaged by a water leak; serving a meal and cleaning dishes at a soup kitchen in downtown



(left to right) Trish Finn, Kate Monaghan, Dan VanHassent, John Helion, department of kinesiology faculty, Amber Stewart, Heather Heilman, Susan Roche, Nicole Ober, Amy Oestreich, Sarah Kennedy, Chuck Shorten, department of health faculty, and Ben Chadwell.

Kinesiology continued

Mobile; repairing and painting a damaged storage room floor (used for donated materials); patching and repairing broken plumbing; completing a roof; demolishing a damaged shed and completing work on

the relief-camp bathhouse. Students learned some new skills and made new friends, but mostly they gave their valuable time and energy to help others less fortunate than themselves.



Dr. Fran Cleland meets Apollo Ohno, Olympic Gold Medal speedskater, at N.A.S.P.E.'s Recognition of Excellence in Teaching, a social event at the 2011 National A.A.H.P.E.R.D. Convention



Twenty WCU students accompanied 18 Special Olympics Rammies swim team members to several meets this year, including Widener University Invitational, Southern Chester County Y School Age Meet, West Chester Area Y County Meet, and Bethlehem Invitational.

Nursing

In January, Dr. Marcia Welsh, professor in the Department of Nursing, traveled to the Republic of South Africa with 30 nursing students from the University of Delaware. Welsh had been a professor at the University of Delaware and designed the study-abroad program to give nursing students the experience of South African culture. They visited clinics, hospitals, and midwifery units to study the health care system in South Africa, especially the Cape Town area, which attends to women and children in a nation still recovering from apartheid.

The students learned that in the South Africa educational system, nurses go through four years of nursing education, with a specialization in community health, psychiatry, and midwifery. The nursing student must manage and attend 30 births prior to obtaining a nursing certificate. With a change of requirements in 2012, the nursing students do not need to attend the 30 births for their certificate.

The students' stay included visiting Cape Town and assisting the midwives in prenatal care, HIV testing, labor and delivery, and neonatal intensive care. The hospitals were short on supplies, medication for women in labor was nonexistent, which was overwhelming for the students. In the midwifery obstetrical units, the conditions were very poor and the new mothers were sent home hours after delivery. In Pretoria the students cared for infants and children with HIV.

The students found the experience life altering as they soothed mothers in labor, listened to a nursing student describe her experiences and emotions when caring for the South African women, or hugged a child suffering from AIDS.



WCU nursing Advance 2 BSN students (and a couple of future students) participated in the Martin Luther King Jr. Day of Service by preparing Birthing Kits to be sent to Liberia. The students prepared 19 kits which provide essential items to promote a safe, clean delivery and to encourage good aftercare. From left to right, front row Leslie Katona, Gabrielle Deardorff; back row Megan Kelly, Cindy Beyer, Kaydeon Guy.

Sports Medicine

Twenty-one students graduated from the athletic training education program this year. WCU continues to be one of the largest undergraduate athletic training education programs throughout the United States. To date 13 of 16 students have taken and passed the Board of Certification exam on their first attempt, a pass rate that exceeds the national average. Many graduates have secured either internships or graduate assistantships at the following college and/or universities:

Kim Gray	Ohio University
Sean Morse	Ohio University
Jessica Fehr	Ohio University
Laura Young	University of Toledo
Julie Tucker	University of Maryland
Stephanie Natalie	Villanova University
Elizabeth Ferraro	University of Connecticut
Yashona Robinson	Old Dominion University
Nick Scaramazza	Monmouth College
Michael Mikeala	Kean University
Alexandra Schubert	Texas State University
Christopher McGuigan	West Chester University

Students View Orthopedic Surgery

The junior class had the opportunity to view orthopedic surgery with team physician Dr. Arthur Bartolozzi of 3B Orthopedics on April 19. The entire junior class traveled to Pennsylvania Hospital to view surgery via close-circuit television. Bartolozzi talked the students through several surgical procedures and prepared them for their visits into the operating room,

which will occur during the students' senior year. The picture below is the junior class with Bartolozzi and Matt Hay '93 who serves as Bartolozzi's physician assistant. In addition to observing surgery, the students toured the facility, which is the nation's oldest hospital.

NATA Convention in June

The National Athletic Trainers' Association Convention took place in New Orleans June 19–22. Funds raised from the WCU athletic training clothing sale held last fall were used to host an alumni and friends social at Lucy's (<http://www.lucysretiredsurfers.com>) on June 20. The following faculty members presented at the national convention: Dr. Sandra Fowkes-Godek, Dr. Carolyn Jimenez, Dr. Scott Heinerichs, Dr. Katherine Morrison, and Dr. Nicole Cattano.

Advanced Graduate Program in Athletic Training

The Department of Sports Medicine will begin an advanced graduate program in athletic training in fall 2011. Graduate students will receive an M.S. in exercise and sport physiology with an athletic training focus. Dr. Scott Heinerichs and Dr. Carolyn Jimenez secured assistant athletic training clinical placements for students with graduate assistantships in the West Chester Area School District and Ursinus College. The course work for the program will include cadaver anatomy, surgical techniques, and current topics in sports medicine.



Catalyzing Education for Sustainability through Leadership and Professional Development: The International Sustainability Fellows Program

Five regional K-12 teachers were recruited in fall 2010 to serve as international sustainability fellows and charged with researching, developing, and implementing an international green schools project that links their home schools with those in the Amazon basin of Peru. The fellows collaborate with WCU faculty member Paul Morgan and staff from the Amazon Center for Environmental Education and Research (ACEER). The fellows have since been matched with schools and have sent introductory packets with letters, photos, maps, and descriptions of their school and its bioregion. The Peruvian schools have begun responding in kind and a trip to Peru is scheduled for June 2012.

The fellows are Banny Ackerman, Radnor Middle School; Ken Hamilton, Souderton Area High School; David Kline, the Montgomery School; Leslie Trimble, Episcopal Academy; and Katie Cloutman, East Goshen Elementary School. The partner schools are Dos de Mayo and San Isidro in Puerto Maldonado, and Javier Heraud in Laberinto, all in the Madre de Dios region of south-eastern Peru.

The International Sustainability Fellows Program is part of a WCU provost grant designed to catalyze sustainability education on the WCU campus, in the region, and internationally. The overall objective of these initiatives is to develop effective models of sustainability-related leadership and professional development and to establish WCU as a leader in education for sustainability.

ACEER 2011 Workshops**Botanical Medicines from the Amazon and the Andes**

October 9 - 19,
With optional extension to Wayqecha Research Station
October 18 - 21

An exploration of traditional and modern uses of plant-based medicines from the Amazon and Andes for health promotion, symptom management, and disease treatments. Registration deadline is August 5, 2011.

Contact: Mary Ann Robinson, mrobinson@wcupa.edu

Orchids of Peru

October 6 - 15
Visit Tarapoto, Moyobamba, Abra Patricia Lodge and the Sacred Valley, and Machu Picchu. Registration deadline is August 5.

Contact: Mary Ann Robinson, mrobinson@wcupa.edu

Guskiewicz and his colleagues' decided to expand their research and eventually corroborated their findings through longitudinal studies. Today, the Guskiewicz research team is leading the NFL's research in this area.

His take-home message to the graduating seniors: surround yourself with good people (as he and his fellow scientists had done) and make good, thoughtful decisions about how to address challenges. "When you know you are right and your integrity is intact," he advised, "you will persevere."

A member of the faculty at the University of North Carolina since 1995, Guskiewicz received his bachelor's degree in athletic training from West Chester and later earned a master's in exercise physiology and athletic training and a Ph.D. in sports medicine from the University of Pittsburgh and the University of Virginia, respectively.

CHS – positive impact for the Commonwealth, continued from page 1

(or higher if existing space deficiencies are maintained)." In addition, the report concludes that the projected economic impact is sustainable for the foreseeable future due to the pressing need for expansion of many existing CHS academic programs and the need to design new ones. The authors of the report state, "Considering the lost potential economic impact is critical for understanding the importance of the expansion of the CHS, however, it is also critical to understand the feasibility of leveraging new space with competitive programs that will draw students." Plans are already underway to draw these new students. Feasibility studies have already been completed that demonstrate the need, and the CHS has the expertise to respond.

WCU performs a crucial role in supporting the long-term economic development and growth of Chester County as well as the entire Commonwealth. WCU generates institutional, faculty, staff, student and visitor spending which results in multiple spending and employment impacts on the state and local communities. The expansion of the CHS presents an opportunity for the university to capitalize on its location, high quality programs, and the need for educated professionals in the health sciences disciplines. We will continue to report on our progress in implementing this important objective of expanding the CHS. Please feel free to contact the dean's office if you would like a copy of the final report of this study.

Faculty Presentations and Publications

Rebecca Del Rossi, Andrea Pavone, and Emily Smith, students in the master of public health program, and Mary Beth Gilboy, professor of nutrition, presented topics related to the Patient Protection and Affordable Care Act of 2010 to members of the WCU Student Dietetic Association. Gilboy presented an overview of the programs related to nutrition included in this legislation; Del Rossi presented on community transformation grants; Pavone spoke on the childhood obesity initiative; and Smith discussed pre-existing conditions.

Student and Graduate Awards and Student / Faculty Presentations

Susan Small Ritchie graduate of WCU is employed with Kendal Crosslands Community at the Longwood Wellness Center and was awarded the 7th Annual Rachel House Hudson Customer Care Award.

In October Kaila Smeach, M.P.H. community health student, participated in the Binational Health Fair held at the American Legion in Kennett Square, Pa., and presented a poster and literature on mental health resources among Latinos. She is working under the supervision of Dr. Debra Bill, professor of health, on a study of mental health resources for Latinos in Chester County.

Three WCU nursing students received the Brandywine Health Foundation Cardiac Rehab Scholarships for \$1,000 each. Amanda Williams, April Feldbaumer and Stacy Angstadt were presented with the awards at the Brandywine Cardiac Rehab Center holiday reception in December.



Dr. Debra Bill and Kaila Smeach, MPH student Community Health and others presented their research on "Latino Mental Health Issues and Resources in Chester County, PA," at the Latino Communities Conference, West Chester University, West Chester, PA March 25, 2011.

Sturzebecker Bust

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Production of a bronze sculpture involves many stages, starting with the initial clay model. Because the sculptor's time is being donated, the cost will be much lower than it might be otherwise, but other expenses still need to be covered. After consultation with Argires and his artistic mentor, Lancaster sculptor George Mummert (who also is donating his time), we have determined that we need to raise \$30,000 to cover the molds, bronze casting, pedestal, and other expenses to place this beautiful piece in the Sturzebecker lobby.

At press time, half the project total had been raised, thanks to pledges or donations from HOF members Richard Borkowski '59, Phil Donley, Robert Kerper '50, Charles Schmidt '72, and Richard Yoder '59, along with HOF advisory board members Don Barr, Thomas Fillippo '69, Frank Fry '72, Em Jones '63, John Lemcke, and June McKown.

With the next Hall of Fame induction scheduled for October 29, we hope to announce at the brunch that we've raised the full amount needed. College of Health Sciences alumni and friends are invited to make a contribution to help us reach our goal. If you are able to do

so, we ask you to consider a special gift of \$1,000 (Bronze Level), \$2,500 (Silver Level), or \$5,000 (Gold Level).

All project donors will be invited to the bust's unveiling, most likely in the spring of 2012. Since a Sturzebecker Hall of Fame reunion has been discussed many times, this would be the perfect occasion for adding the sculpture to the hall.

To participate in this project, please contact Dana Raftas at 610-436-2280 or draftas@wcufoundation.org, or make a secure credit card gift online at <http://tinyurl.com/GivetoWCU> – select College of Health Sciences, and add "Sturzebecker bust project" to specific requests. This is an excellent opportunity to shine the spotlight again on "Sturz" and all of our Hall of Fame members. Please join us.

The Pulse is published twice a year.
Debbie Murray and Robert E. Kerper, Jr., editors
View past editions at:
<http://health-sciences.wcupa.edu>

SCHOLARSHIPS

The following students received College of Health Sciences scholarships:

Communicative Disorders:

- Elizabeth Tyson Memorial Scholarship – **Francine Gulino**

Health:

- N. Ruth Reed Scholarship – **Jose Ortiz-Cortez and Sheena Garner**

Kinesiology:

- Anne Schaub Scholarship – **Jenna Fiscaro**
- Barbara Leighton Karas Scholarship – **Lauren Ciccicioppo**
- Department of Kinesiology – **Sarah Gurgal**
- Danielle Holmes Scholarship – **Lauren Ciccicioppo, Stan Sauk, Lindsay Lightcap**
- David Konitzer Scholarship – **Laura Meier**
- Earl Waters Scholarship – **Jeremy Vanderslice**
- Herb Lee Scholarship – **Peter Weiss**
- Jane Auten Scholarship – **Jenn Owens**
- Scott Robinson Scholarship – **Sam Ellis**
- Winifred Reeser Scholarship – **Jenni Brozena**
- Elinor Z. Taylor '43 Scholarship – **Lorena Sevi**

Nursing:

- Brandywine Health Foundation – **Amanda R. Williams, April L. Feldbaumer, Stacy Angstadt**
- HRSA – **13 graduates awarded**
- Independent Blue Cross Supplemental Grant – **9 students awarded**
- Independent Blue Cross Graduate Supplemental Grant – **3 students awarded**

- Mary B. Starr Memorial Scholarship – **Eliza Hadrick**
- Pennsylvania Higher Education Foundation Nursing Education Grant – **58 students awarded**
- Pennsylvania Higher Education Foundation and Independent Blue Cross Graduate Education Grant – **25 students awarded**

Sports Medicine:

- Philip B. Donley Outstanding Senior Athlete Training Award – **Alexandra Schubert**
- Douglas Weiss Scholarship – **Clare Larkin**
- Pat Croce Scholarship – **Christina Magdalias**

Alumni Notes

1970s

Anne Sourberr Morris '70

B.S. in health and physical education

Resides: North Carolina

Employed as managing member of A. Morris Consulting, L.L.C., and one of her clients is Salem College in Winston-Salem. Working on developing a master's program in school counseling. Long-time board member with the Pennsylvania School Counselors Association and received its Lifetime Achievement Award in February 2011. Contributing author of the book *Sunshine Sisters: A Celebration of Legacies (2010)* with Molly Nece, senior internal consultant, WCU Office of Human Resources. Expects to receive a doctorate in educational leadership from the University of Phoenix in July 2011.

annemorris@aol.com

Sandy Souder '71

B.S. Ed. in health and physical education

Resides: Camp Hill, Pa.

Recently graduated from Unity Spiritual Center as a licensed teacher

sansmagic@comcast.net

Deborah Hicks Beeler '75

B.S. in speech pathology

Resides: West Bloomfield, Mich.

Retired after 33 years with the Detroit Public School District as a speech pathologist and started a consulting firm, Successful Expressions, that trains individuals and groups communication skills. Offers a workshop to churches in the Detroit area, "Effective Communication:



Emlyn Jones (right), retired chair from the department of kinesiology, received the WCU emeritus award at December's commencement. He is joined from left by Dr. Raymond Zetts, associate dean, College of Health Sciences; Dr. Linda Lamwers, provost; and Dr. Donald E. Barr, dean in the College of Health Sciences.

Alumni Notes continued

A Biblical Approach." Additional degree: M.Ed.
Spouse: James

Deb Piper '76

B.S. in health and physical education
Resides: Wilmington, Del.
Employed as academy/director of development for Serviam Girls Academy. Additional degree: J.D. from Widener Law School.
dipper@serviamgirlsacademy.org

1980

Mary S. Egan Hammond '82

B.S. in public health
Resides: Medford, N.J.
Employed as a clinical research nurse in the Department of Anesthesiology/Critical Care with the University of Pennsylvania. Received her nursing degree in 2003.
Spouse: Daniel; children: Dennis, Maureen
mary.hammond@uphs.upenn.edu

Steve Walsh '86

B.S. in health and physical education
Resides: Concordville, Pa.
Employed as a team leader with Glen Mills School for the past 25 years.
Spouse: Jennifer; children: CJ, Owen, Gabe, Grace
Swalsh44@verizon.net

1990

C. Michael Baysinger '90, M'06

B.S. in public health, M.S. in public health
Resides: Pennsburg, Pa.
Employed as deputy director for personal health services for the Montgomery County Health Department that oversees three divisions. Adjunct professor at WCU for seven years in the Department of Health.
Spouse: Christine Ann; child: Charissa
mbaysing@montcopa.org

Crystal D. Motlasz Owensby '91

M.S. in health (concentration in public health)
Resides: Rancocas, N.J.
Employed as a public health consultant with the New Jersey Department of Health and Senior Services and provides technical support and professional guidance

to local health departments and community-based organizations in the area of childhood lead poisoning prevention and healthy homes. Recently credentialed as a healthy homes specialist by the National Environment Health Association (NEHA). Volunteers as a chapter delegate for the New Jersey Society for Public Health Education (SOPHE) and as speaker (chair) of the SOPHE House of Delegates, which comprises 19 chapters serving 25 U.S. states and British Columbia, Canada.
Children: Krystyna, Sean
Buzzby315@yahoo.com

Victor Liberi '92

B.S. in health and physical education and athletic training
Resides: Adrian, Mich.
Employed as assistant professor at Adrian College.
Additional degree: M.S. in biomechanics from University of Delaware.
Spouse: Karen; children: Pender, McKenzie
vliberi@adrian.edu

Mike Riley '92

B.S. in health and physical education and athletic training
Resides: Highlands Ranch, Colo.
Employed as a physician's assistant at Kaiser Permanente. Additional degree: B.S. physician assistant from Hahnemann University
Spouse: Lisa; child: Jeff
Michael.Riley@KP.org

Tracie Morgan Schwoyer '93

B. S. in nursing
Resides: Parkville, Md.
Employed as the executive director of WeCare Private Duty Services, Inc. Additional degrees include a master's in nursing, adult nurse practitioner certification from University of Maryland, Baltimore, and doctorate of nursing practice (DNP), and teacher certification for health professionals from the University of Maryland, Baltimore.
Spouse: Robert; child: Garrett
Tmorgan27@verizon.net

Chris J. Snook '98

B.S. in exercise physiology
Resides: San Diego, Calif.
Employed with TLEC Ventures, Inc. Owner of No Limit Publishing Group and Parallel 6 (*www.*

Alumni Notes continued

nolimitpublishinggroup.com and *www.parallel6.com* and *www.tlecventures.com*.)
Spouse: Brianne; child: Expecting first son in September 2011.

Jennifer Hubler '99

B.S. in health and physical education
Resides: Newtown, Pa.
Employed with the Bucks County Technical High School as a physical education teacher for the past 11 years. Recently received the secondary school physical education Teacher of the Year Award by the Pennsylvania State Association for Health, Physical Education, Recreation, and Dance.
Husband: Joseph

Amy L. Snukis Stankavage '99

B.S. in athletic training
Resides: Pottsville, Pa.
Employed as a doctor of physical therapy with the Schuylkill Medical Center. Additional degrees include M.S. in physical therapy and doctorate in physical therapy.
Husband: Brian; child: Ava Brielle
asnukis@hotmail.com

2000

Valerie Karen Stevens '01

B.S. in public health (concentration: health promotion)
Resides: Philadelphia, Pa.
Employed as a registered nurse at the Moss Rehabilitation Hospital. Additional degrees in paralegal studies, health information management, and nursing.
Spouse: Luther Graves; child: Lakiesha

Colleen Quinn-Maxwell '03

B.S. in athletic training
Resides: West Chester, Pa.
Employed as a certified athletic trainer for the School District of Haverford Township. Also owner of Kohler's Bakery in Avalon, N.J. Additional degrees: post baccalaureate in health and physical education and M.A. arts in education
Spouse: Jon '04 (B.S. in elementary education)
ColleenQuinnATC@gmail.com

Amy Finkel Weinberg '05

B.S. in nutrition and dietetics

Resides: Bexley, Ohio
Married Mitchell Weinberg in March 2011 and plans to relocate to Maryland in June.
Spouse: Mitchell
Snlfreak82@aol.com

Suzanne Donaghue '06

B.S. in athletic training
Resides: New Holland, Pa.
Employed as a head athletic trainer/fitness director and athletic development coordinator and plans to marry Rob MacGregor in November 2011. Additional degrees include a master of business administration with a certificate in strategic management for women.
suzanne.donaghue@gmail.com

Kelly Fluck '06

B.S. in nursing
Resides: Philadelphia, Pa.
Employed as a clinical nurse II in the Pediatric Intensive Care Unit at Children's Hospital in Philadelphia and is engaged to be married to Matthew Piazza '05.
kellyfluck@yahoo.com

Amy Patton Heggan '06

B.S. in health and physical education
Resides: Hammonton, N.J.
Employed as a physical education teacher in Hammonton.
Spouse: Ricky
amymarie15@hotmail.com

Bristol McAlister '09

B.S. in health and physical education: teacher certification
Resides: Silver Spring, Md.
Employed as a pediatric fitness specialist at Fitness for Health. Additional degrees include master's degree in adapted physical activity from Slippery Rock University and APENS certified adapted physical educator (CAPE).
bristol@fitnessforhealth.org

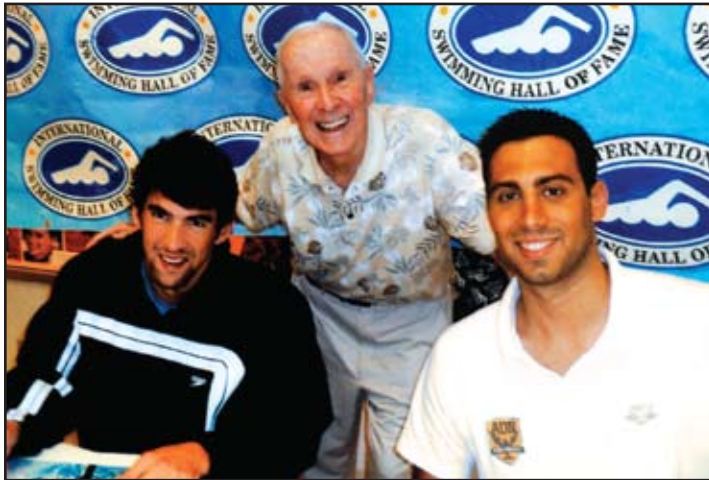
Lauren M. Amway '10

B.S. in public health
Resides: West Chester, Pa.
Employed as a health educator for Public Health Management Corporation. Additional education includes a minor in nutrition.
La589150@wcupa.edu

Alumni

Alumnus Meets World-Class Swimmers

Michael Phelps, winner of eight gold Olympic swimming medals in Beijing, China, in 2008 (seated at left) signs the photo of the finish of the 100 meter butterfly event, which he won by one hundredth of a second, defeating Milorad Cavic (seated at right), the



American-born swimmer who represented Serbia in the Olympics. Phelps was the first person ever to win eight gold medals in a single Olympic Games and the most decorated athlete of all time. Bob Kerper '50, recently appointed chairman of a 15-person public relations committee of the International Swimming Hall of Fame, greeted both Olympic stars at a meeting in Ft. Lauderdale in May 2010. Kerper, a swimmer and runner, is a WCU distinguished alumnus, member of the Sturzebecker Hall of Fame, the WCU Athletic Hall of

Fame, the Pennsylvania Sports Hall of Fame, and the Berks County Aquatic Hall of Fame.

WCU Alumni Leaders in the International Swimming Hall of Fame

The International Swimming Hall of Fame, Fort Lauderdale, Fla., has four graduates of WCU in important leadership positions. Millard Freeman '55 was the national YMCA scuba director in 1985, followed by a long career as YMCA national aquatic director. Joe Krasevec '72, who served on the faculty of Georgia State University, is co-author of the popular water fitness program book, *HydroRobics*. Bob Kerper '50 is author of the international award-winning book on swimming, *Splash*. John Spannuth '61 is the CEO and president of the United States Water Fitness Association.



From left to right, Millard D. Freeman, Joseph A. Krasevec, Robert E. Kerper, Jr., and John R. Spannuth.

CHS Fundraising Update

The College of Health Sciences has seen an improvement in the economic climate in its fundraising efforts during the 2010-2011 academic year.

The unrestricted dollars raised through 4/28/11: \$27,491 (vs. \$9,770 for the same period in FY10). This does not include an additional \$4,500 in noncharitable book sale revenue, which brings the total for CHS unrestricted to \$31,991.

The restricted dollars raised through 4/28/11: \$163,284.44 (vs. \$204,729.88 for the same period in FY10, which includes \$40,000 from Don Taylor for the Sturzebecker Endowment). This does not include approximately \$5,000-\$6,000 in donations raised through the CAPA New Jersey Marathon effort.

Several new funds were established: Gerontological Nursing Scholarship, Mary Kline Day Lecture Series, Dr. Elise Triano Pathophysiology Award, and Student Dietetic Association Scholarship.

For the fifth straight year, faculty giving in the

College of Health Sciences was the highest of all divisions at West Chester University. Forty-three percent of all CHS faculty (both tenure track and adjunct) made a donation last academic year.

We continue to challenge CHS alumni to follow the faculty's lead in their support of the college, and we have been happy with your response. CHS has received seven planned-giving solicitations for this year, with two confirmed commitments (\$25,000 charitable gift annuity, and a bequest valued at an estimated \$350,000-\$400,000). Alumni giving in social networking is up 56 percent from 2010. We'd love to see that trend continue. If you haven't thought about making a gift lately, please do so today. You can designate your gift to your department, to a scholarship, or to a program, but please give. Go to www.wcupa.edu/giving/ag_way.asp for information on giving. If you have questions about making a gift, please contact the WCU Foundation at 610-436-2868.