



THE PULSE

Dr. Ray Zetts Appointed Interim Associate Dean



The College of Health Sciences is pleased to announce that Dr. Raymond Zetts has been appointed interim associate dean. Ray has been a professor in the Department of Kinesiology since 1996 and has served as chair of that department for the last four years. Dr. Frank Fry was chosen to serve as the interim chair of the Department of Kinesiology while Ray is in the dean's office. The need for an associate dean came about as Dean Barr spends more and more of his time fund raising for the College and supporting entrepreneurial activities of the faculty.



Forty-two WCU wrestling alumni attended the 2007 Sturzebecker Hall of Fame luncheon in honor of inductee Lloyd Black, who sadly passed away just two months later on December 29. The wrestlers stayed on after the luncheon for a reunion of their own, which was enthusiastically embraced by the grappling group.

STURZEBECKER HALL OF FAME INDUCTEES FOR 2007

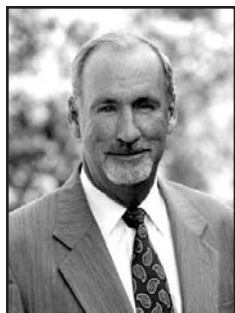


Sturzebecker scholarship student recipients Amanda Yeager, Karen White, Amy Weiss, Christina Rojas, Christina Perilli, Chance Condran, Amy Wittorff, Stephanie Mitchell, Lili Teka, and Pamela Sheetz with Dr. Donald E. Barr and June McKown, daughter of Dr. Russell L. Sturzebecker.



2007 Sturzebecker Hall of Fame inductees (l-r) June McKown, daughter of Dr. Russell L. Sturzebecker, N. Ruth Reed, Carole Rubley, Vincent Suppan, Lloyd Black, Jr., son of Lloyd Black, Sr. and Mary Black, wife of Lloyd Black, Sr., and Dr. Donald E. Barr

MESSAGE FROM THE DEAN



It has been an exciting time in the College of Health Sciences since the last edition of *The Pulse*. This edition gives you a good sense of what has been happening. Here are a couple of examples of what is contained in these pages.

The annual Integrative Health Conference will be held on March 28 and 29, 2008. The keynote address will be given by one of our

own, Dr. Jeff Harris, a professor in our nutrition/dietetics program. Our theme is "Integrative Nutrition." Please attend if you can.

Included are brief bios on our newest faculty, updates from our departments, updates from some of our faculty, descriptions of upcoming ACEER activities, and more.

The Sturzebecker Hall of Fame Awards luncheon was held once again in the fall. Photos are included inside this edition.

Congratulations to Ray Zetts who was appointed by me as interim associate dean of our college. Ray has been chair and associate professor in the Department of Kinesiology. He came to the University as a faculty person in the college in 1996. Among other things, Ray will focus on enhancing our student assessment practices, growing our graduate program, and examining internal operating matters of the college. I look forward to working with Ray even more closely than I have in the past. We are conducting a national search for a permanent associate dean.

NEW NURSING PROGRAM

Advance 2 BSN is a program that was developed to be responsive to the present and projected nursing shortage. The program is for those who already have a bachelor degree in another major, desire to learn the art and science of nursing, and earn a bachelor of science degree in nursing (BSN). Graduates of this program are then eligible to take the NCLEX (National Council on Licensure Examination) upon successful completion of the program.

The course work is identical to the traditional four year nursing program, with one exception: students complete the program in 17 consecutive months. Applicants must have completed a number of prerequisites before applying to the program, and admission is very competitive.

A new and creative format was designed to facilitate completion of the program requirements in 17 months, which makes this program ideally suited for the adult learner. Students attend classes throughout the summer. During the fall and spring semesters, students attend class during the week and fulfill their clinical requirements on Saturdays and Sundays.

The first cohort of 20 students began in May 2006 and will complete their degree in December 2008. Students in this cohort come from various backgrounds including physical therapy, nutrition, respiratory therapy, psychology, business, and public health to mention a few. Interest in the program continues to be high. The department has received over 180 application requests for the cohort to begin in May 2008.

BREATHE: A NEW SCHOOL-BASED STRESS REDUCTION PROGRAM

From January to March of 2007, 123 seniors at Villa Maria Academy High School in Malvern, Pa., participated in a new mindfulness-based, stress-reduction program, called BREATHE, as part of their health curriculum. The program was created by Dr. Trish Broderick, professor of health, to teach stress-reduction and emotion-regulation skills by fostering mindfulness. Each of the six sessions in the program included mindfulness-based techniques in a format that was interactive and developmentally appropriate. Specifically, class sessions included discussion, activities related to the core message of the lesson, and some form of mindfulness meditation practice.

Stress is a common concern of adolescents, particularly for seniors facing the transition from high school to college or to the world of work. This program provided them the opportunity to learn about mindfulness and practice cultivation of present-moment attention as a new way to reduce stress, enhance motion regulation and emotional balance, foster health and wellness, and facilitate academic success.

Because it is designed to be used in classrooms, BREATHE complements traditional academic goals by supporting the development of social and motional learning (SEL) competencies. Recent research has demonstrated the effectiveness of SEL curricula for a wide variety of academic and social outcomes. Currently, many schools have implemented SEL requirements for their academic programs because of the increased recognition of the interconnectedness of academic, emotional, and social learning.

Students enjoyed the program, and outcome assessments clearly showed that they were receptive to the usefulness and importance of mindfulness-based, stress-reduction techniques.

NEW FACULTY JOINING THE RANKS FOR 2007-08



NICOLE ARMSTRONG is an instructor in the Department of Sports Medicine. She is working on her Ph.D. in kinesiology at Temple University, received her M.P.H. from West Chester University, where she had served as a temporary instructor since 2004, and her B.S. in exercise and sport science from the University of North Carolina at Greensboro. Nicole's chief research interest is in evidence-based medicine. She has also been a substitute high-school teacher in Myrtle Beach, S.C.; an athletic trainer for Broomall Total Health, in Broomall, Pa.; and a transition program athletic trainer for the Crozer Chester Medical Center, Springfield, Pa. Nicole is a certified athletic trainer and a member of the National Athletic Trainer's Association.

TRISH BRODERICK has been reassigned as a professor to the Department of Health. She comes to us from the Department of Counseling and Educational Psychology where she had been a professor since 1995. She earned her B.A. at Alvernia College, M.A. at Villanova University, and Ph.D. at Temple University. In the College of Education, she taught courses in human development across the lifespan, issues and trends in counseling, educational psychology, counseling techniques, and practicum. In the Department of Health, she will teach courses related to mental health, stress management, and mind/body medicine. She has published a textbook, co-authored with Pamela Blewitt of Villanova University, titled "The Life Span: Human Development for Helping Professionals" (Merrill-Prentice Hall, 2003). Trish is a licensed psychologist in Pennsylvania, a nationally certified counselor, certified school psychologist (K-12), and certified school counselor (K-12). In addition, she also has a certificate in cognitive therapy and professional training in Mindfulness-Based Stress Reduction (MBSR). Trish is working on developing a Center for Stress Reduction in the CHS.



MARY BETH GILBOY joins the Department of Health as assistant professor. After earning her B.S. in nutrition and dietetics from Marywood College and completing the R.D. credential, Mary Beth received her M.P.H. in nutrition from University of North Carolina. She worked with the National Health Service Corps as a public health nutritionist prior to beginning her career in higher education. Mary Beth received her Ph.D. in health education from Temple University. Before joining the WCU faculty, Mary Beth was a curriculum coordinator and assistant professor at the Community College of Philadelphia and assistant professor at Immaculata University. She is active in many community nutrition professional groups and has worked as a consultant in school nutrition. Mary Beth's interests include the role of teachers in school nutrition, community nutrition and dietetics education.

ROBIN CALDWELL LEONARD is an associate professor in the Department of Health. After earning a B.S. in biology from the College of Charleston, she earned a Ph.D. in human genetics from the Medical College of Virginia and held NIH postdoctoral fellowships in epidemiology at the University of North Carolina-Chapel Hill and the Johns Hopkins School of Hygiene and Public Health. Her doctoral dissertation is a study of cystinuria in an inbred Native American community. Robin's experiences span government, academia, and the corporate world. She is currently the principal research epidemiologist for the DuPont Company, where she most recently designed and managed a company-wide epidemiology program. She also served as ARCO Chemical Company manager for epidemiology and principal epidemiologist and was a scientist with the Brookhaven National Laboratory. A frequent lecturer in her field and the author of numerous publications, she is the co-author of the newly published book Applied Epidemiology for the Industrial Hygienist. Robin began her tenure track position in January.



The Department of Nursing welcomes CHRISTINE MORICONI. She earned her B.S.N. from Boston College and her M.S.N. from Gwynedd Mercy College in oncology nursing. Christine has also completed an M.A. in pastoral counseling and Psy.D. in clinical psychology from La Salle University. She has a post-master's certificate from Penn Council for Relationships for Marriage and Family Therapy and is licensed as a Marriage and Family therapist. Christine's other interests include stress management and health which has been a focus of her research and clinical work. She continues her private clinical practice which is an important adjunct to the scholar-clinician model.

KATHERINE MORRISON is an assistant professor in the Department of Sports Medicine. She holds a

NEW FACULTY 2007-08

Continued from page 3



B.S. in athletic training from West Chester University, M.S. in health education from James Madison University, and is ABD in biomechanics and movement science at the University of Delaware. Her dissertation is entitled Biomechanical Trends in Subjects with Chronic Ankle

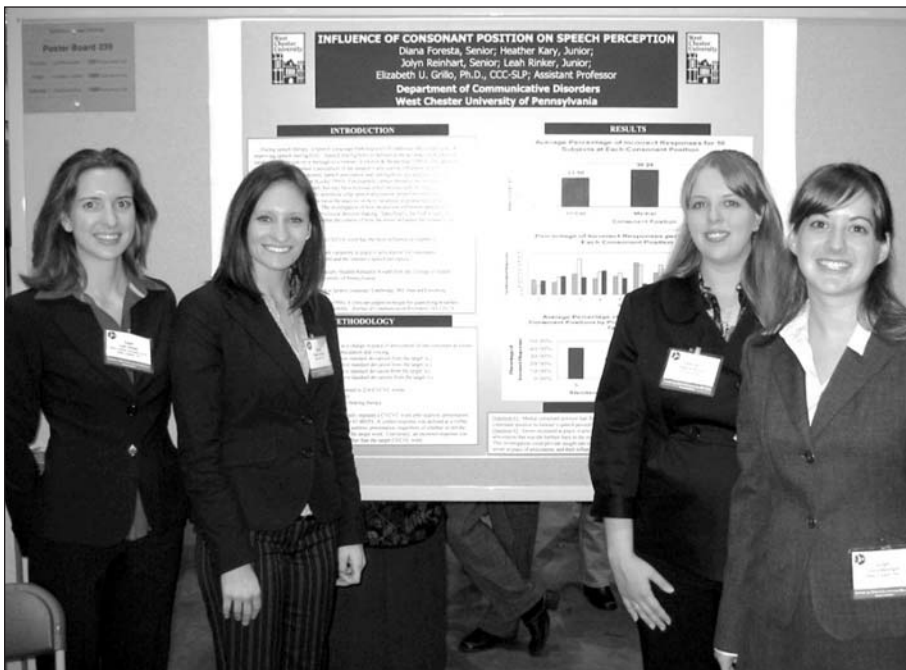
Instability. Last year, she was a temporary instructor and athletic training clinical supervisor in the WCU Department of Sports Medicine and a certified athletic trainer for the WCU women's gymnastics team. Katie has also served as the head athletic trainer at John Dickinson High School, in Wilmington, De. and has additional clinical experience through sports camps and through service as a modalities assistant and therapeutic exercise supervisor for Winchester (Virginia) Physical Therapy and Sports Medicine. Her scholarship has appeared in a number of journals.

CHS FACULTY GIFTS UPDATE

Dean Don Barr and Development Director Katherine Fritz visited with each college department last fall, urging faculty to show their support for college programs and initiatives. In the fundraising world, we find it meaningful when we are able to point to faculty giving participation both to alumni and potential corporate and foundation donors as a measure of program strength. After all, who knows the strengths of academic programming better than those who teach it? We are pleased to be able to report that faculty have responded generously, and so far have increased their support to the College of Health Sciences by 38 percent over last year! In addition, the department chairs have gotten into the act, declaring a competition among one another to see which department can claim bragging rights with the highest percentage of giving. To date, the Health Department is leading the impromptu competition with nearly half of its members pledging their support. We'll keep you posted on who comes out on top. If you'd like to make your own gift in support of college programs, please use the enclosed reply envelope, or give online at www.wcupa.edu/giving (designate College of Health Sciences and indicate your department under Specific Requests).

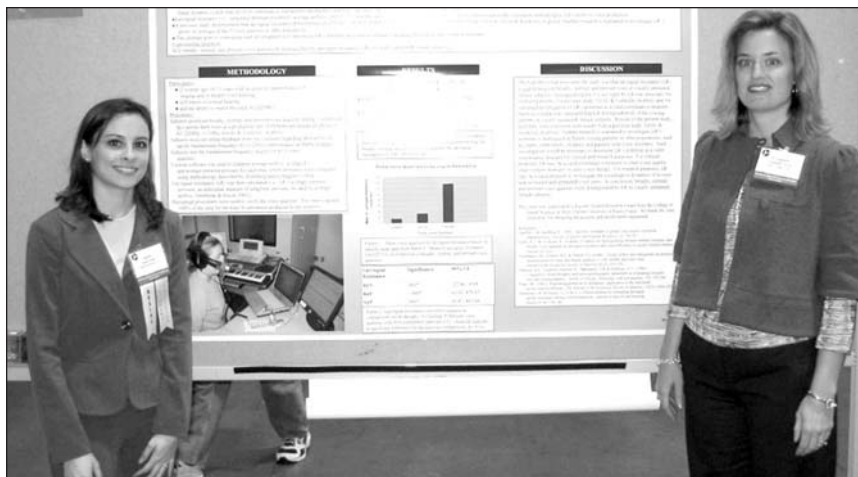
COMMUNICATIVE DISORDERS

For information contact the Department of Communicative Disorders at 610-436-3401



Four undergraduate students in the Department of Communicative Disorders, Diana Foresta, Heather Kary, Jolyn Reinhart, and Leah Rinker, along with Elizabeth Grillo, faculty adviser, were awarded a faculty-student research grant from the College of Health Sciences in fall 2007. This grant funded a research project to investigate the influence of the consonant position on listener's speech perception. The students presented a portion of the project at the Undergraduate Research Day at the Capitol in Harrisburg, October, 2007. In addition, some of the results were also presented at the American Speech - Language -Hearing Association's (ASHA) annual conference in Boston, November 2007. Presentation of the faculty-student research grant for the influence of the consonant position on listener's speech perception at ASHA, November 2007. (l-r) Lea Rinker, Diana Foresta, Heather Kary, Jolyn Reinhart.

COMMUNICATIVE DISORDERS



Faculty member Elizabeth Grillo, along with undergraduate students Karen Perta and Lauren Smith, were awarded a faculty-student research grant from the College of Health Sciences in fall 2006. This grant funded a research project investigating the ability of laryngeal resistance to distinguish normal, breathy, and pressed voice in vocally untrained female subjects. The faculty member and the students presented the results at the Voice Foundation's 36th Annual Symposium: Care of the Professional Voice in Philadelphia, June 2007. In addition, Karen Perta and Elizabeth Grillo presented the results at the ASHA annual conference in Boston, November 2007. (l-r) Karen Perta and Elizabeth Grillo.



Judith Curtin, faculty member, along with student Shawna Brooke Williams, senior class of 2008 in the communicative disorders program and vice president of the local chapter of NISH-LA, the student organization for ASHA made an advocacy visit to Harrisburg. (l-r) Judith Curtin, Monica Volante in Rep. Joseph Pitts office and Shawna Brooke Williams



INTEGRATIVE HEALTH CONFERENCE 2008

March 28-29, 2008 - 9th Integrative Health Conference

Keynote address: Friday, March 28 at 7:30 p.m., Emilie K. Asplundh Concert Hall
Jeff Harris, Dr.PH. M.P.H., R.D., L.D.N.

Nutrition therapist, registered dietitian, associate professor, and director of the nutrition and dietetics program at WCU.

Topic - "Functional Foods: A Story of Phytochemicals, Flatulence, Flavor, and Fun"

The 9th Integrative Health Conference is for anyone interested in learning how to put healthy lifestyle changes into practice. This year's conference theme is Integrative Nutrition: Strategies for a Healthful Diet. Dr. Jeff Harris, a nutrition therapist, will give the Friday night keynote address.

Saturday morning will feature either a general audience session or a physician/health care provider session which builds on the keynote message. Approval is pending for CMEs for physicians, CEUs for nurses, CPEs for registered dietitians, and CECHs for health care specialists.

Registration on next page

Phone: 610-436-6931

E-mail: cfaust@wcupa.edu

<http://www.wcupa.edu/conference.services/inthealth08.htm>



INTEGRATIVE HEALTH 2008:
Integrative Nutrition - Strategies for a Healthful Diet
March 28-29, 2008

REGISTRATION FORM

Please make your check payable to
WEST CHESTER UNIVERSITY
Mail this completed registration form with payment to:
Conference Services, 13/15 University Avenue
West Chester University, West Chester, PA 19383

Full conference (Includes tickets to the keynote address and the Saturday morning workshops - extra tickets to the keynote address are \$10 each)

Healthcare Professional Track

Healthcare professional \$70.00
Resident and medical student \$50.00
WCU faculty/staff/student \$40.00

General Community Track

General public \$35.00
WCU faculty/staff/student \$20.00

Additional keynote tickets (\$10 each) _____

TOTAL FEES

\$ _____

_____ Please indicate here if you will be seeking CEU credit

_____ Please indicate here if you will be seeking contact hour credit

Degree and specialty _____

Professional license number _____

Name _____

Organization _____

Address _____

City _____ State _____ Zip _____

Telephone(____) _____ - _____

Email _____

Account # _____

Charge my: _____ VISA _____ M/C _____ AMEX

Name as it appears on Credit Card _____

THREE CONVENIENT WAYS TO REGISTER FOR FULL CONFERENCE:

* Register by mail, using form above to:

Conference Services
13/15 University Avenue
West Chester University
West Chester, PA 19383

* Register by phone with a credit card to:

610-436-6931

* Register by fax with a credit card to:

610-738-0466

FOR KEYNOTE TICKETS ONLY:

- * Pick up tickets in person at the SSI Ticket Office located on the ground floor of Sykes Student Union, 110 W. Rosedale Avenue, West Chester University.
- * Order tickets by phone with a credit card by calling 610-436-2266.
- * At the box office the evening of the keynote.

KINESIOLOGY

For information, please contact the Department of Kinesiology at 610-436-2610



Members of the WCU family gathered last fall to honor the late Herb Lee '59 at the Alumni Association's dedication of the plaza next to Lawrence Hall in Herb's memory. Dean Barr was among the speakers, telling stories about the man who "bled purple and gave gold." Approximately 200 people attended the moving ceremony, including CHS faculty, alumni and students from the Kinesiology Department, and a large contingent from the Friars.



Faculty and students attended the Pennsylvania State Association for Health Physical Education Recreation and Dance (PSAHPERD) Convention. (l-r) John Helion, PSAHPERD president-elect; Kira Labagh, 2007 Violet Baumgardner Scholarship winner; Donna Dollard, selected from 12 colleges to represent PSAHPERD at the Eastern District Convention in spring 2008; Fran Cleland, PSAHPERD past president; and Rick Stevenson, PSAHPERD past president. Both students are HPE-TC majors with adapted minors

ADAPTED PE PROGRAM



Students in the Camp Abilities Program, a developmental sports camp for children with blindness or low vision, under the direction of Kinesiology Professor Monica Lepore, traveled to the University of Delaware for the DE- Special Olympics Empowerment Conference and taught three, 45 -minute dance sessions to teens and young adults with intellectual disabilities.

CAMP ABILITIES BENEFIT CONCERT

On Feb 21, Phi Epsilon Kappa and Sykes Afterdark raised \$1,200 in the second annual benefit concert for Camp Abilities PA. Founded last year, the benefit concert was organized by Kinesiology senior Andrew Silverman with assistance from Dave Timmonn, with all proceeds directed toward the camp, scheduled for Memorial Day weekend. Concert benefactors include Domino's Pizza, which donated free pies.

The concert featured many talented bands and musicians from around the commonwealth, including Kinesiology's very own Justin Wright and his band Enstride. Other participating bands included Allentown's Ritter (Jumpstart Records), A Farewell Rescue (Milwaukee-based Snapdragon Records), Philadelphia-based group The Flood, and The Basement Project. The Basement Project features Brian "Fitzy" Fitzgerald, who recently shared the stage with the Foo Fighters at the Grammy Awards in Los Angeles, in a hand-picked orchestra by Led Zeppelin's John Paul Jones.

KINESIOLOGY

WCU STUDENTS HELP KATRINA VICTIMS

During winter break in January, Dr. John Helion, (Department of Kinesiology) again helped Katrina victims, leading a group of 15 WCU faculty and students to Bayou LaBatre, Ala. to assist with relief on the Alabama Gulf Coast. The group was comprised of students and faculty from the Department of Kinesiology and the Honors College who spent the week in Alabama repairing houses damaged by Hurricane Katrina. The group joined others from East Stroudsburg University and Montclair University (N.J.). This is the second year Dr. Helion has brought students to the Gulf Coast. Last year, the group performed relief work in Mississippi. If you are interested in getting more information or donating to future trips, please contact Dr. Helion at, jhelion@wcupa.edu

DIETETICS PROGRAM

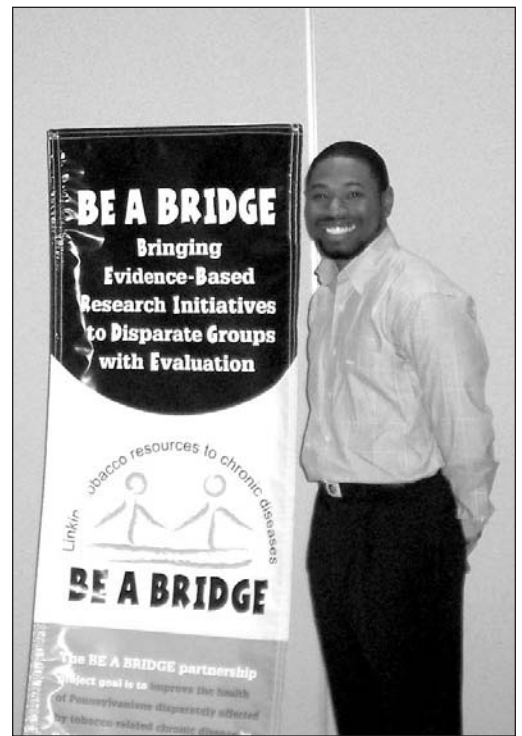
The Commission on Accreditation for Dietetics Education of the American Dietetics Association granted accreditation for West Chester University's didactic program in dietetics. The accreditation is granted for 10 years and follows a self-study of the Dietetics Program and site visit by Accreditation Program Reviewers. Dr. Janet Lacey, WCU Nutrition and Dietetics faculty, and Dr. Jeffrey Harris, Dietetics Program Director, prepared the self-study document. All nutrition faculty members participated in the site visit in March 2007.

HEALTH

For information, please contact the Department of Health at 610-436-2125



Health faculty and students volunteer at Bi-national Health Fair



December 2007 M.P.H. poster session with student, Aqeel Dix

NURSING

For information, please contact the Department of Nursing at 610-430-4181

SIMMAN and SIMBABY It laughs, it cries, it wets...

At first glance it might seem like a dream gift for a little girl, but the newest addition to the Nursing Laboratory is actually an advanced patient-care simulator called SimBaby. Thanks to a generous \$31,000 grant from The McLean Contributionship of Bryn Mawr, Pa., West Chester nursing students will be able to hone their clinical skills in realistic role-playing using this state-of-the-art technological marvel.

SimBaby joins SimMan, which was recently acquired with funds from a \$65,000 state Technology Fee grant for shared use by the Nursing, Kinesiology, and Sports Medicine departments. Both "Sims" will reside in the Nursing Lab.

SimBaby, like SimMan, is an alternative solution to patient-care training that can be used to teach individuals or groups. Featuring realistic anatomy and clinical function, SimBaby and SimMan provide simulation-based education to challenge and test students' clinical and decision-making skills during realistic patient-care scenarios. Both "Sims" are programmable, interactive, and technologically advanced mannequins allowing students to practice the emergency treatment of patients.

According to Ann Stowe, Department of Nursing Chair, the "Sims" can be programmed in numerous challenging scenarios to help students learn to deal with life-or-death situations without ever putting a patient at risk. Usually the image of a "patient dummy," is a passive mannequin that just lies there while a student practices such things as needle sticks. SimMan can do that, but he also can be programmed to complain that the student

is hurting him; SimBaby can actually cry. Either way, the two patient-care simulators can do much more while providing students with the opportunity not only to practice and improve their techniques but also to test their skills and decision making with more complex or rarer situations they otherwise might not see.

In addition to being used for enhancing nursing skills, this exciting new simulator technology is also intended for use in such courses as Athletic Injury Management in the Department of Sports Medicine as well as Clinical Exercise Testing and Prescription in the Department of Kinesiology, among others.

Department of Nursing Reaccreditation Site Visit

The West Chester University (WCU) Department of Nursing is preparing for an accreditation site visit by the Commission on Collegiate Nursing Education (CCNE).

The visit will be October 27, 28, and 29, 2008. As part of that preparation CCNE provides program constituents the opportunity to submit, in writing, comments concerning the WCU Nursing Programs qualifications for accreditation status. Third-party (constituent) comments will be accepted by CCNE until 30 days prior to the scheduled site visit.

Comments should be submitted in writing to CCNE at the following address: Commission on Collegiate Nursing Education, One DuPont Circle, NW, Suite 530, Washington, DC 20036-1120.

First annual
CHS Job Fair
November 2007



SPORTS MEDICINE

For information, please contact the Department of Sports Medicine at 610-436-2119

BE FIT AND FIGHT FAT - START YOUR NEW YEAR OFF RIGHT!!



To make an appointment, please e-mail Sandra Fowkes-Godek, sfowkesgod@wcupa.edu.
*Pricing for the wellness program is being developed and is separate from BodPod fees.

The Heat Institute has a BodPod Body Composition Tracking System in Sturzebecker Health Sciences Center. With the start of a new year and resolutions to exercise, diet, and lose weight, participants can actually change their body composition (losing the fat). Offered at a great price, a BodPod complete body composition assessment is safe, comfortable, extremely accurate, and takes less than six minutes.

Prices are as follows:

In one calendar year	1st visit	2nd visit	3rd visit
WCU student	\$15	\$10	\$5
WCU faculty/staff & spouse/partner	\$45	\$35	\$25
*WCU faculty/staff in wellness prog	\$35	\$25	\$15
Community	\$85	\$60	\$45

ACEER

For information, please contact ACEER at 610-738-0477

OLIVIA NEWTON-JOHN VISITS WCU!

Grammy award-winning singer, songwriter, and actress Olivia Newton-John visited West Chester University on November 10 to meet with Dr. Roger Mustalish to learn more about the work of the ACEER Foundation (Amazon Center for Environmental Education and Research). Dr. Donald Barr, dean, College of Health Sciences, hosted the meeting and brunch. Marguerite Gould, director of operations for ACEER, and John Easterling, CEO of the Amazon Herb Company, were also in attendance. The meeting resulted in an agreement to work together to promote rainforest conservation. Olivia Newton-John has agreed to perform at a benefit concert for ACEER, scheduled for May 7, 2008 at the National Geographic Society in Washington, D.C., and to help promote ACEER's mission throughout her extensive professional network. The day ended with a private tour of Longwood Gardens and an invitation to Roger and his wife to be Olivia Newton-John's guests at her breast cancer benefit concert at the Kimmel Center in Philadelphia. During that event, Roger secured commitments from Jefferson University's Center for

Integrative Medicine and Australia's Austin Health Cancer Hospital for collaboration with WCU's M.P.H. program in integrative health. Follow-up meetings will be taking place over the winter and spring.



(l-r) John Easterling, Olivia Newton-John, Sue Mustalish, and Roger Mustalish.

OLIVIA NEWTON-JOHN SUPPORTS THE ACEER FOUNDATION

Olivia has long been a supporter of environmental causes, including the rainforest, and believes that human health and healing is intricately linked to the health and well being of Planet Earth. She had learned of the work of the ACEER in the Peruvian Amazon through her good friend John Easterling, and expressed an interest in visiting with ACEER. Last November, she met with ACEER President, Dr. Roger Mustalish, ACEER's Director of Operations, Marguerite Gould, and ACEER Board Member and Treasurer, Dr. Donald Barr. During the meeting Olivia expressed an interest in helping ACEER get its conservation message to a wider audience. "Your work and your message are just wonderful and need to get to a broader audience. I'd like to help you with that," she indicated. Olivia offered to perform at a benefit event for ACEER in 2008 and to serve in an on-going capacity as an advisor to ACEER President Dr. Mustalish. A follow-up meeting in December firmed plans for her benefit concert and led to an agreement to expand ACEER's acclaimed ¡AMIGOS! Partnership for Education to the central Peruvian rainforest near Pucallpa, in conjunction with the Amazon Herb Company, headed by John Easterling.



International celebrity, actress, and four-time Grammy Award winner Olivia Newton-John has committed to working with ACEER to promote their mission of rainforest conservation in the Amazon

Olivia's benefit event for ACEER, Olivia: Voices for the Rainforest is scheduled for May 7, 2008 at the headquarters of the National Geographic Society. For information on sponsorships and attendance please contact Marguerite Gould at 610-738-0477, or mgould@wcupa.edu.

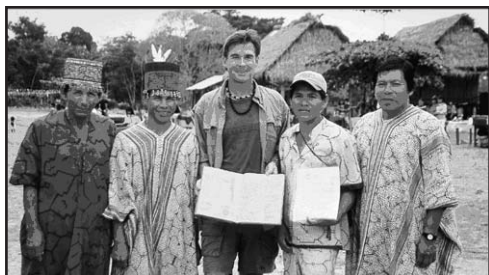
We are thrilled to welcome Olivia to ACEER and welcome her voice for the rainforest and its people.

THE ¡AMIGOS! PARTNERSHIP FOR EDUCATION EXPANDS TO PUCALLPA AREA

The ACEER is partnering with the Amazon Herb Company to bring ACEER's ¡AMIGOS! Environmental Education programs to rural villages along the Rio Pisqui and near Pucallpa in Peru's central rainforest. This expansion is made possible by a generous grant of \$50,000 to ACEER by the Amazon Herb Company. Aura Murrieta, ACEER's Director of Peru Programs is meeting with members of the native communities to assess their needs. Implementation of teacher training and provision of learning materials to all village schools is expected in time for the start of the new Peruvian school year later this spring.

John Easterling, Amazon Herb Company's founder and CEO, has spent nearly 30 years in Amazonia. Through his vision and leadership, Amazon Herb Company has assisted the indigenous peoples of this region by:

- Sponsoring the formation of the Rio Pisqui Federation. This federation represents all of the natives along the isolated Pisqui River. As a united Federation these communities will be better able to protect and defend their land, way of life and traditional knowledge. They will also be able to better provide education for their children, safeguard their culture and right for self-determination. Together and collectively empowered, they will advocate for laws that favor native communities, as it pertains to social, economic and political issues.
- Assisting the 200 Shipibo inhabitants of the small village of Porvenir to secure legal ownership to 13,000 acres of land that sustains their way of life.
- Creating an ecological reserve near Yarinacocha, Peru, to protect it from logging and other development. The reserve contains a small camu-camu grove that is harvested twice a year. Ecologically harvesting herbs has produced a valuable new income source for the region.



John Easterling with members of the community of Porvenir holding legal title to their land

"We're excited by this new partnership between Amazon Herb Company and the ACEER," noted ACEER President Dr. Roger Mustalish. "We value the confidence they have in ACEER; it is a testament to the good work ACEER does in villages and cities throughout the Peruvian Amazon," he added. John Easterling agrees, "It is a great example of what can be achieved to promote conservation and protect indigenous rights, and is, as we like to say, beyond good business."

TO LEARN MORE ABOUT THE AMAZON HERB COMPANY,
VISIT THEM AT www.amazonherb.net

2008 ACEER WORKSHOPS

Ecology of the Amazon Rainforest and Andes, March 8-16

Sponsored by West Chester University
A comprehensive field study of the ecology and culture of the lowland tropical rainforest and the highland sub-tropical cloud forest. Visit Machu Picchu. Course credit available.

Orchids of Peru Workshop, April 5-14

Explore the Cloud Forests of the Andes and see the sacred city of Machu Picchu. Also visit Alfredo Manrique's Nurseries in Lima.

Environmental Education Teacher's Workshop, July 2008

Ecology and environmental studies in the rainforest of Peru, for teachers and student teachers.

Environmental Issues Across the Americas, Summer 2008

Sponsored by Penn State University
An exploration of the structure and functioning of Amazonian aquatic systems.

Conservation Medicine, Summer 2008

Epidemiology of tropical and sub-tropical diseases in the Amazon Basin

Botanical Medicines from the Amazon and Machu Picchu Extension, October 2008

An exploration of traditional and modern uses of plant-based medicines from the Amazon and Andes for health promotion, symptom management, and disease treatments

For full details and registration materials, contact Marguerite Gould at 610-738-0477 or mgould@wcupa.edu, or check the ACEER web site at www.aceer.org/.

FACULTY UPDATES

Cheryl Monturo, assistant professor of nursing, was quoted in an article in the Nov 12, 2007 issue of Advance for Nurses magazine "Principles of Practice: Home Hospice Nurses Encounter Broad Range of Ethical Issues."



David Stearne, assistant professor of kinesiology, has been recognized both nationally and regionally in 2007 for scientific research in athletic training. The study entitled "Gender Differences in Hip Neuromuscular Control: Implications for Knee Joint

Stability and ACL Injury" was named the 2007 Eastern Athletic Trainers Association (EATA) Graduate Student Oral Presentation Award Winner, and this research was presented at the EATA Annual Meeting in Boston, Mass. This manuscript was also given at the Philadelphia Sports Medicine Congress and is currently under review for publication in *Medicine and Science in Sport and Exercise*. His work was recognized as a poster presentation finalist for the 2007 National Athletic Trainers Association (NATA) Distinguished Scholar Award at the NATA Annual Convention and Clinical Symposium in Anaheim, Calif. This manuscript is currently under review for publication in the *Journal of Electromyography and Kinesiology*.

Elizabeth Grillo, assistant professor in the department of communicative disorders, was awarded a Faculty Development Committee Grant for July 2008-June 2009 to investigate the potential effectiveness of her "Global Voice Therapy Model" in treating adult patients with voice disorders at an area healthcare facility.

The Pennsylvania Dietetic Association named Jeffrey Harris associate professor of health, Outstanding Dietetic Educator of the Year for 2007-2008. Jeff is director of the nutrition and dietetics program at the University.

FACULTY PRESENTATIONS

Jan Lacey, associate professor in the nutrition and dietetics program, shared results of her new course at the annual meeting of the American Dietetic Association in Philadelphia in October. Her poster presentation was entitled, "A New Vegetarian Nutrition and Cuisine Course for University Students," which is being offered as a course for both graduate and undergraduate students (HEA543/581). Dr. Lacey was awarded \$14,500 in technology funds to support research and development of the Minnesota Food and Nutrient Database, the premier, state-of-the-art diet analyzing system. The grant will cover a 50-year license for the University and training/technical support for the full use of this program over the next two years.

Cheryl Monturo, assistant professor of nursing, presented "The Meaning of Artificial Nutrition among Nursing Students" at the 60th Annual Scientific Meeting of the Gerontological Society of America in San Francisco, Calif.

FACULTY PRESENTATIONS

Gopal Sankaran, professor of health, was a recipient of a Faculty-Staff Development Abroad Initiative - China 2007 grant and traveled to the People's Republic of China in May 2007. During his travel there, he participated in the Global Perspectives in Higher Education International Conference (May 18-20) at Guizhou University, Guiyang Province, and presented a paper, "Transcultural Health-Principles and Practices." He also moderated a panel discussion, "The Collaborative Relationships Between Universities and Enterprises in the Global Higher Education." Dr. Sankaran shared his experiences in China through a presentation, "Reflections on the FSDAI 2007-the China Experience," at the Faculty-Staff Development Abroad Initiative 2007 China Post-Trip Workshop at West Chester University on September 19. He also presented "Responsibility I: Assessing Individual and Community Needs for Health Education" and "Responsibility IV: Conducting Evaluation and Research Related to Health Education," a test preparatory workshop for the certified health education specialist (CHES) examination at St. Joseph's University, Philadelphia, Pa. on October 6 and in Newark, N.J., on October 13, 2007. On October 12, 2007, he presented "Introduction to Program Evaluation" at the fall 2007 Health Educators Conference organized by the Pennsylvania Society for Public Health Education at West Chester University.

ALUMNI NOTES

1940's

Norman Kelly '42 B.S. in education

Resides: Ivyland, Pa.

Retired teacher in the Abington School District after 30 plus years of service. Served as mayor of Ivyland Borough for 10 years.

Currently teaches ESL for people who are preparing to become American citizens. Master's degrees from the University of Pennsylvania and Temple University.

Wife: Eva. Children: Janet, Carmen, and Norman, Jr.

1950s

Harriet E. Ewing '50 B.S. in health education

Resides: Austin, Texas

Retired in 2000 from Huston-Tillotson College after 23 years of service and received the Distinguished Professor Award. M.Ed. in Education from Temple University.

Husband: Jerome. Children: Ann
blackie33X@aol.com

F. Wayne Schneider '51 B.S

Resides: Port St. Lucie, FL

Retired Air Force Pilot. M.Ed, M.B.A., and Ph.D.

Wife: Marie. Children: Jeff, and Craig

1960s

Lawrence R. Harvey B.S. in health and physical education

Resides: Boyertown, Pa.

Retired in 1997 after 36 ½ years of teaching. In 2007 retired from coaching cross country for 40 years. Currently runs the family business, Trophies-N-More.

Wife: Sharon. Children: Lynda, David, (step) Brian, Tara, Justin, and Robert

Frank J. Scheck '62 B.S. in health and physical education

Resides: Bethlehem, Pa.

Retired from the Salisbury Township School District after 38 years of service. Master's degree.

Wife: Judith. Children: Jeffrey, Brian, Kerry, and Beth

1970s

Rebecca C. Rutt '73, M '78 B.S. in health education

Resides: Fairmount City, Pa.

Newly retired from Clarion University of Pennsylvania after 28 years of service. Currently studying the Lakota Dakota culture and language. Also continues to do advocacy work for health and environmental organizations as a wellness consultant.

Doctorate from the University of Pittsburgh.

Husband: Rick
rrleas@alltel.net

1980's

Carol L. Poole '89, M '91 B.S. in public health

Resides: Exton, Pa.

Awarded the John A. Bellanti Award (formerly named the Distinguished Service Award) at the ILMA 2007 annual meeting. This award recognizes prolonged service and outstanding achievement by an ILMA member company or individual. Master's degree.

1990s

Tracy L. Randall '90 B.S. in physical education

Resides: Chambersburg, PA

Head athletic trainer at Wilson College. Spent the summer traveling with Olympic teams from Japan, Canada, and the U.S.

Husband: Kevin
trandall@Wilson.edu

Aimee Monaghan Curley '94 B.S. in nursing

Resides: Chesapeake, Va.

Currently works at Children's Hospital of the King's Daughter as a pediatrician in education. Master of Nursing from Wright State University.

Married. Children: Jack and Davis

2000s

Julie Bradley '01 B.S. in nursing

Resides: Norwood, Pa.

Currently a nurse on the telemetry unit at Bryn Mawr Hospital.

Husband: Jim. Children: Morgan and Sean

Kelli Williams '03 B.S. in athletic training

Resides: Brick, N.J.

Currently an athletic trainer for the Central Regional School District

Husband: Chris

Mary Sue Manley '06 B.S. in nursing

Resides: Exton, PA

STURZEBECKER SCHOLARS

For the past decade, the Russell L. Sturzebecker Scholarships have been bestowed upon the best and brightest students who have graced the College of Health Sciences, majoring in one of the disciplines within the College's five departments. We are pleased to recognize these deserving scholars once again.

1999-2000

Michah Artz
Daniel Drake
April Gorney
Janelle Miller
Stacy Robinson

2000-2001

Marcia Cerato
April Gorney
Janelle Miller
Jason Schulz
Julia Sensenig

2001-2002

Lisa Blasko
Marcia Cerato
Renee Geist
Joseph Kadish
Kiera Manlove
Michael Porter
Suzanne Reilley
Julia Sensenig
Barbara Ventura

2002-2003

Jill Bradley
Celeste Cote
Elizabeth Duple
Gloria D. El-Wahhabi
Traci L. Everett
Kristen Gilmore
Kiera Manlove
Regan Rickert

2003-2004

Amy E. Barnes
Jill R. Bradley
Jennifer Gervasi
Justin Reiss
John P. Fulton
Donna Ring
Amber Roseman

2004-2005

Carla Boccalla
Ryan Dunn
Jennifer Gervasi
Ashley Graham
Jennifer Griffin
Danielle Holmes
Kristen Lloyd
Joshua Minori
Karen Pogrzeliski
Donna Ring

2005-2006

Tanya Dryja
Randy Mileto
Kathleen Nicholson
Leigh Pesko
Lora Shirey
Casandra Snader
Randi Wagner

2006-2007

Karla Bradshaw
Elizabeth Burkhart
Linda Green-Mosely
Jayne Jones
Kenneth Kirschner
Leigh Pesko
Rachael Rocks
Pamela Sheetz
Kristine Van Tassel
Kathleen Walsh

2007-2008

Chance Condran
Stephanie Mitchell
Christina Perilli
Christina Rojas
Pamela Sheetz
Lili Teka
Amy Weiss
Karen White
Amy Wittorff
Amanda Yeager



COLLEGE OF HEALTH SCIENCES ALUMNI UPDATE FORM

West Chester University of Pennsylvania
Please Type or Print

Today's date _____

Graduation date _____

Degree _____

Name at graduation _____

Current name _____

Birthdate _____

Street address _____

City _____ State _____ Zip code _____

New address? Yes

Telephone number () _____

E-mail _____

May we print your e-mail address in future issues of alumni notes? Yes no

Employer and position/title _____

Additional degrees _____

Spouse's name (WCU grad?) _____

Children's names (WCU students/grad?) _____

What topics would you like to know more about in future issues of The Pulse? _____

News about yourself or other updates for The Pulse readers. _____

If you would like to register for the online community, and have access to our alumni database,
photos and much more go to <http://www.wcu.onlinecommunity.com/>



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Sturzebecker Health Sciences Center
West Chester University
West Chester, PA 19383

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2008 STURZEBECKER HALL OF FAME INDUCTEES UPCOMING LUNCHEON OCTOBER 18, 2008

Walter E. Funk

- Athlete and Coach
- Chairman of Health Dept. WCU, 16 years
- High School Principal and Athletic Director
- U.S. Navy WWII

Michael F. Green, B.S.'74, M.Ed.'83

- Teacher and Coach
- Counselor
- Educational Video Producer
- Keynote Speaker

For information regarding the inductee luncheon on October 18, 2008, please call Debbie Murray at 610-738-0411 or Katie Fritz at 610-436-2280 in the Dean's Office, CHS.

Earle W. Mosley, III, B.S.'73

- Athlete
- College Football Coach
- NFL Football Coach
- Member Pennsylvania Sports Hall of Fame

Pat Ford-Roegner, B.A.'69

- CEO American Academy of Nursing
- Board of Directors, National Health Counsel
- Inducted in 1998 into The Academy of Nursing
- Received in 1995 the Distinguished Alumni Award from the University of Pennsylvania Graduate School of Social Work and Social Policy